2010

Norwood High School

NORWOOD HIGH SCHOOL LIBRARY
245 Nichols Street
Norwood, MA 02062

Tiot 2010

Volume 72: Norwood Senior High School

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NORWOOD HIGH SCHOOL LIBRARY
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CLASS

2010

Construction of the New Norwood High School

The construction of the new Norwood High School began on June 6th, 2009, with a ground-breaking ceremony. The Scafati gym and the metal shop were gone by September. The school, with its historic beauty and significance, was considered many times for renovations. Although many wanted to preserve Norwood High, which is seen as a historic landmark the construction of a new building was approved and ready to go in early 2009. On January 6th, 2010, the "topping off" ceremony took place and the last piece of steel was placed on the frame of the new building.

The building of the new school, which is scheduled to open in September, 2011, is well under way. Every day the building is filled with a diverse selection of people including plumbers, electricians and masons, all with different skill sets and different abilities, and all working together to create this masterpiece.

The building itself is split into four quadrants. Buildings A and B, which can be accessed by the main entrance, make up the educational wing. This wing contains all of the classrooms and the enhanced library. Buildings C and D can be accessed by what will be called the community entrance. This entrance will be used for events such as plays and games so there will be no need to open the rest of the school. Building C houses the 800-seat auditorium and the cafeteria. Building D is the home of the 18,000 square foot gymnasium.

The school has been in the works for some time, so the construction is close to the hearts of many. Mr. Usevich's enthusiasm on the subject is truly inspiring. He speaks of "a model school with a model curriculum", and of all the vast opportunities that this building will present. This construction gives Norwood both a new high school and a tremendous new beginning.

Dedication

We, the class of 2010, dedicate this year's yearbook to the original School on the Hill. This school was built in 1926, with additions in 1962, and it has been a vital part of Norwood ever since. For many students and faculty, their parents have attended this school, graduated, and gone on to lead successful lives because of what this school instilled in them. There is no doubt this will continue in the new building, but we want this building to be remembered for the great part of Norwood that it is. NHS has seen the likes of athletes, geniuses, people destined to be famous, and people destined to stay in Norwood. The school has been here for us since our first day it has always always been the one solid thing we can count on. Through disasters in class, essays, tests, friendships, and fights, Norwood High School has always stood strong--or so we thought. For four years this building has been like a second home to our class. This school has instilled values in us that we will use for the rest of our lives. We know the floor plan, the shortcuts to classes, the hallways to avoid so our hats aren't removed by the Berger Patrol, and the overall ins and outs of the school. This building has taught us things we may not even realize, but they are things that someday we will greatly depend upon. The TIOT staff and the senior class wave a sad goodbye to the original School on The Hill. Thank you for the everlasting memories.

Administration

George Usevich
Principal

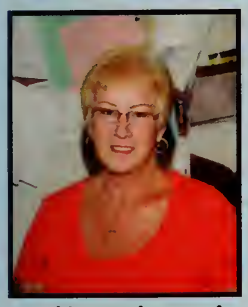
Sean Kane
Vice- Principal

Jeffrey Granatino
Interim Superintendent

School Committee

Top Row: William J. Plasko Jr., Courtney A. Rau, Eleanor M. Travers
Bottom Row: Mark P. Joseph, Paul J. Samargedlis, Joseph M. Pentkowsi, Richard W. Kief

Behind the scenes...



Gail Weinstein
Principal's Secretary

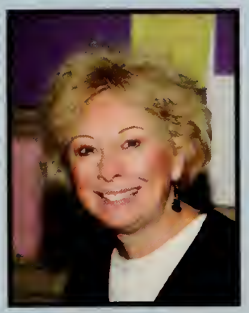
Beverly Callahan
Front Office

Elizabeth Czehowski
Front Office

Patricia Lyons
Library

Mary Newman
Guidance

Anne Calligan
Athletics' Secretary



Beth Goldman
Librarian

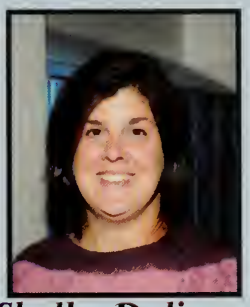
Ruth Tominey
Librarian

Joyce Kozol
Nurse

Kathy Scott
Nurse

Deborah Trevisone
Aide

Deborah Clark
Aide



Shelbe Doliner
Aide

Brenda Ficarra
Aide

James Gormley
Aide

Cheryl MacDonald
Aide

Ellen Molloy
Aide

Richard Mobley
MCAS Support

Jason Andalo
Social Studies Dept. Chair

Elsa Apostoli
Math

Jennifer Avedian
English

Jessica Barber
Foreign Language

Molly Barefoot
Guidance

Maryann Berger
Art

Paul Betz
Science Dept. Chair

Melissa Blackburn
Learning Center

Katlyn Bohan
Foreign Language

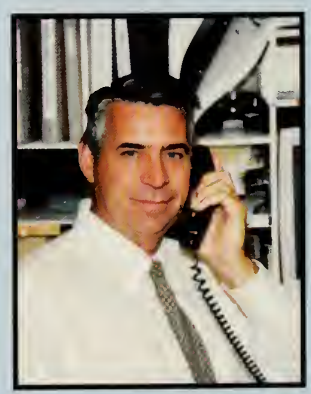
Mary Boiardi
Learning Center

Russell Booth
Math

Marlene Bradbury
Learning Center

Anne Marie Busler
Science

Vanessa Caramelo
Foreign Language



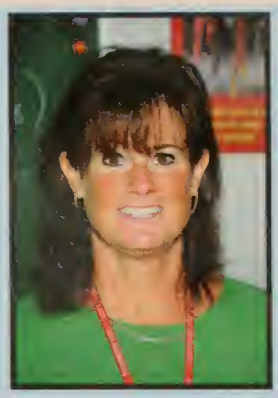
John Casali
Math Dept. Chair

Diane Cedrone
Science

John Churchill
Science

Eric Clifford
Math

Melinda Clougherty
Speech



Jan Cohn
Health

Sarah Colburn
Foreign Language

Steven Conant
Music

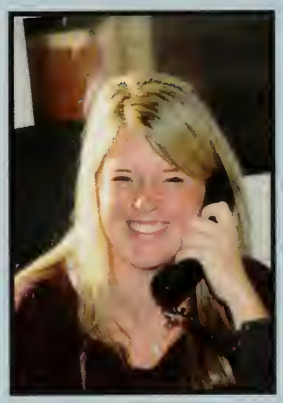
Colleen Cormier
Social Studies

Richard Cormier
Social Studies

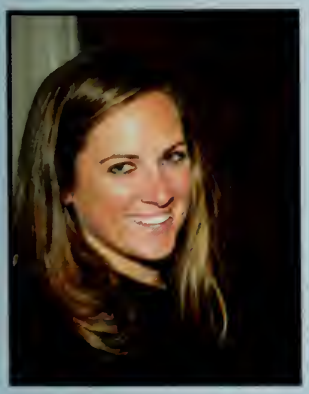
Michael Crowley
Technology Education

Matthew Curran
Social Studies

William Cyr
Science



Christine Dagle
Guidance



Kate Danner
Math

Cynthia Derrane
Foreign Language Dept. Chair

Kathryn Donovan
English

Teresa Drummey
English Dept. Chair

Justin Evans
Foreign Language

Diana Flemer
English

James Forrest
Dean/Health & Phys Ed

Susan Fox
Foreign Language

Michael Gallagher
Technology Education

Lisa Giuliano
Dean/Science

Nora Glynn
Health & Phys Ed

Patricia Greene
ESL

Robert Jones
Technology Staff

Ann Keegan
Health & Phys Ed Dept Chair

Michelle Kelley
Foreign Language

William Klements
English

Ann Kraus
TV

James Lee
English

Allison Leichtman
Social Studies

Stacy Leitz
Science

Stephanie Lemieux
Science

Timothy Linehan
Social Studies

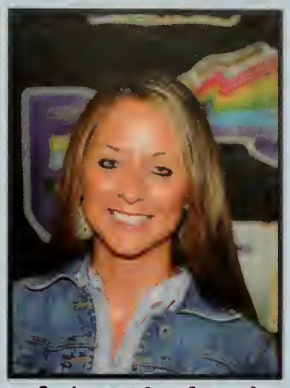
Julie Lozinski
English

William Lyons
English

Theresa Mahoney
Resource Room

Anne Malchodi
English

Brian Martinelli
Alternative Ed



Jaime MacLeod
English

Kristin McDonnell
Guidance

Brian McDonough
Athletic Director

Laurie Mead-McGrory
Fine Arts Dept. Chair

Erin McKay
Social Studies

Lauren McNally
Guidance

Justin Merenda
Physical Education

Edward Morneau
English

Eliza Moulton
Social Studies

Elizabeth Mullaney
Art

Laura Mullen
Math

Ashley Nelson
Music

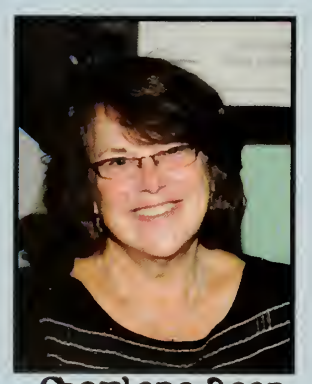
John O'Connor
Math

Mary Oldham
Science

Donald Oliveira
Social Studies

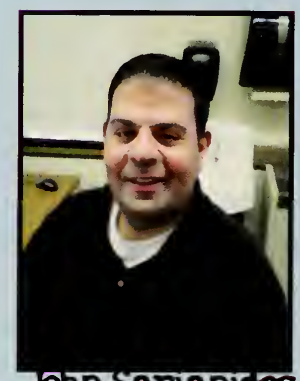
Sean Powers
Math

John Quinn
Drama



Charlene Reen
Technology Staff

Lisa Sabadini
English

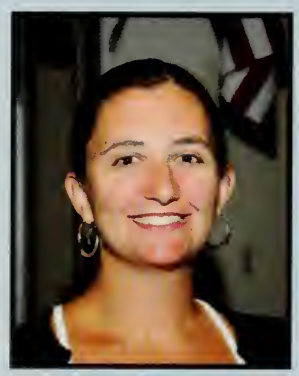


John Sarianides
Social Studies

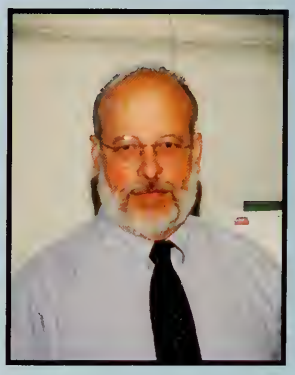
Cathleen Shachoy
Dean/Health & Phys. Ed

Ann Sheffield
Science

Karen Shilo
Resource Room

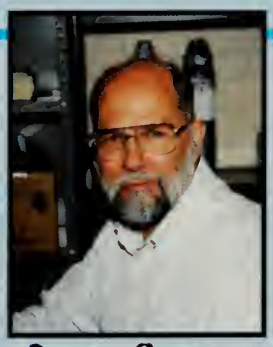


Julianne Shore
Math



Richard Simon
Math

James Sweeney
Math



Roger Sweeny
Math

Beth Sylvia
Guidance Dept. Chair

Lisa Tartufo
Adjustment Counselor

Jack Tolman
TV

olly Uppenkamp
Social Studies

Pauline Vasiliauskas
Social Studies

Francis Veale
Foreign Language

Caroline Vuilleumier
Math

Geoffrey Zini
Dean/Social Studies

Back Row: G. Weiss, S. Deluca, M. Neves, S. Hickey and C. Donahue. Front Row: M. Taggart, T. Chisholm, D. Gronroos, A. Lore, and M. Norton.

Back Row: John Barnicle and Jim Balfour
Front Row: Julio DeJesus, Charlie Griffiths, Gerry Mullen, and Marty Walsh

Faculty Superlatives

Gives the Hardest Tests:
Mr. Cormier and Ms. Drummey

Loves His/Her Job the Most:
Mr. R. Sweeny and Ms. Danner

Best Storyteller:
Mr. Zini and Ms. Drummey

Most Attractive:
Mr. Linehan and Ms. Danner

Strictest:
Mr. Cormier and Ms. Drummey

Funniest:
Mr. Lyons and Mrs. Derrane

Most Sarcastic:
Mr. Oliveira and Ms. Drummey

Best Dressed:
Mr. Linehan and Mrs. MacLeod

Best Car:
Mr. Usevich and Ms. Danner

Gives The Most Homework:
Mr. Betz and Ms. Busler

Most Athletic:
Mr. Cormier and Mrs. Cormier

Most Likely to Take a Cell Phone:
Mr. Powers and Ms. Danner

Ideal Faculty Couple:
Mr. Jones and Ms. Barber

Will Never Leave NHS:
Mr. Oliveira and Ms. Flemer

Most Likely to be Mistaken for a Student:
Mr. Linehan and Ms. Vuilleumier

Tells the Worst Jokes:
Mr. Casali and Ms. Flemer

Most Fun:
Mr. Veale and Mrs. Shore

NORWOOD
Norwood

Emily Whitney

President

Sean Porter

Boys' Treasurer

Robert Smith

Vice President

Katherine Welter

Girls' Treasurer

Brandon Davis

Boys' Athletic Advisor

Jessica El Bach

Secretary

Stephanie Perry

Girls' Athletic Advisor

SENIOR CLASS OFFICERS

Nichole Adams

Ni-cho-le A-dams

Drama Club, EYC, SADD, Outreach, Creative Writing Club, NHS, NAHS

Ta mere, Disney Scene It, Diesel, Perks, Girl Scouts, Mac Truck, Bowling, spending time with family and friends, movie nights, late nights, rehearsal that never end, these are the best days of our lives. Make every moment count from today on.

Every new beginning comes from some other beginnings end.

Hunter Alexander

"It isn't so astonishing, the number of things that I can remember, as the number of things I can remember that aren't so."

-Mark Twain

Don't want to leave anybody out, y'all know who you are.

Screenhouse! Duh Lernin' Trane!

Kate Allan

Ying&yang,mhmk,mdks,sp+theboys<3
Manars.CAs.joes.stephs.kels,ajs+09s!
HwPrmNyeCpe09*raftn,pvmnt,pcewk,Adfrm
gmeGrngme/spotme? fbg$*ptrq JUNIORyear!
Rc-TopList!boys-shun
Mk-centap*FL Dn-Lvn@
urhseBball*snkouts,FPS<3CjRdHm(x2)
"slow+low"*WrsHR??BC-odays,beach
Bwter*insAlsBACKUP*,Ks-bbssn
Gm-lnBmacs<3Mz-gsPay+"wereRwe"
"werethosegirls"window.311,incubus,dmb,oar
"should we run??" Goodluck sen10rs!!

Thanks Mom Dad Rob Pete & Jeff<3

"Its been a wild ride,
I Wouldn't change a minute"-311

Jhorgy Antoine

"THE 28 "

I remember walking into the front door at NHS. Didn't have any friends that went here, which made it that much harder. But quickly I made some and became very comfortable around school. I want to thank all my football/ track team mates over the years. 2008 football team we dominate 4ever boys. Thanks Miss G. and Miss Sylvia for babysitting my butt love you dearly. All the teachers that got me to where I'm at today. Especially "Momma Shore". Now it's time for me to realize my goals and dreams. Mom we did it.

Patrick Baker

"There are big ships and small ships. But the best ship of all is friendship."
- Author Unknown

Lauren Barbosa

"Lalu"

Outreach, friendship club

My bests<33 E.G. A.O. K.P. A.C. J.C. S.M. J.S. M.B. E.C. Lovee you guys! <33 always && forever
Walking around till 12 in Boston at night on my birthday with my best friends, SUMMER of 09', so many good times <3
Love you mom and dad
CONGRATS CLASS OF 2010!!

"A girl should be two things, classy and fabulous" – Coco Chanel

Paul Barry

SADD 9-12

JV and Varsity Soccer 9-12

Busy schedule, late nights, vacations, long blocks, Fridays

"Too bad we won't see the new high school"

"Norwood is great but it"s time for college"

"The days last forever but the years fly by"

Rebecca Baturin

"Becca B."

MVP, National Honor Society, Outreach Club, Marching Band, Wind Ensemble, Spanish Honor Society

ac.hg.cs, sprinkles, jakeeey, thursday dates, not the children, pineapple express, squirrel!!, cheeseburgers, its going to rain tonight, the killers, Plymouth, band camp detention, road trips, fire&ice, the bank, angry face, STELLA!!

To all my friends, you are the greatest, and I <3 you all!! Thank you Mom, Dad, Anna, and Sam for everything!

31% Currently don't have a job

Margaret Beardsley

"Maggie"

SB <3 JG EC MF HD LL NA CR IM JS HW DM AB AK (ROULA) WP SW RV SR(SAH) Thank you Mom, Dad, Shaena, Justin and Nana

Pool Party's, Movies, late nights at D.D., gtz at beach with my loves

"never mind the boys we dated, remember laughing and crying, singing out loud, getting lost in the world, high school may be over fast but we are still making the memories last" Peace Out Class of 2010!! <3

Hannah Becker

"Hanner"

Chorus 9-12, Acabella 12, GSA 9-12

I am very lucky to have the family and friends that I do. Thank you. I'll miss eighth grade, parties at my house, going to Newton, making shirts & Dames vs. Detectives. Thanks to all the bands and concerts that have gotten me through the years. Mom, you will always be missed.

Semi- Charmed Life, Vegas, Homesick At Space Camp, Why Georgia & ALBL.

Gerard Bernazzani

"Gman"

Soccer 9-12 Capt 12 Basketball 9-12 Baseball 9 Volleyball 10 Track 11-12
Roy, fruci, scal, stove, mcgoo, dj, bg, kev, jim, buck, boulos
scituate, brian girard, deodorant, dc, mcd's, pong battles, scals car accident, my basement, lamberts, civic, cod all night…wood crew, hangover, ellis football, ice-cream, sign hunting, laser
tag, hockey games, providence.
"You want a soda or something?"
"I think you should PUTT that"

Thanks for everything Mom, Dad, Katie, and Andrew

Jessica Boakye

"Jess"

Orchestra, SADD, Outreach Club, Post-Prom, MVP, National Honor Society

Indoor Track 2-4 capt 4, outdoor track 1-4 capt 4

Ta mere!, sup+ tree=diesel, Shaqzaa, dry air, no stop that's not it, caillou, bowling alley, jhcc, XXXXXXX ooo, weird clicky noise, CCCC, CARS!!!

"He lives with his mom"

Rabeeh Boufaissal

"Keep your eyes on the stars and your feet on the ground"
- Theodore Roosevelt

Peter Boulos

"Boulos, Pedro Bu"

SADD, Post Prom, Jazz Band, National Honor Society, Spanish Honor Society, Soccer
paul y, catherine, roy, fruci, stove, gman, buckley, nolan, jim, scal, burr, caty, nolfi, mcgoo, shift, sull, meehan, conlin, seano, cooper, porter, olive
11/23/08 <3, Soccer Tourney, pasta dinners, invisible rope, random adventures, epic tailgating and trumpet playing, hockey fans, Wendys, jack chop, Spanish class, genius physics teacher, DC 08 trip, Lebanon
"Why is that funny?"
-Mr. Koller

Jessica Brancato

Friendship Club, SADD, Student Council
AD, AD, AD, RD, AB, PY, WW, SM, JL, DH, JB, DO, MW, BO, JK, CO, S, KK, TF, KM, AF, CR, ND, .AF, MD, RH, NP, VL, TO, VC, KC, CA, AM.
MOM, DAD, VOVO, The rest of the Fam. Mr Klements, Ms G, Ms Sylvia, Mr O'C. Amazing memories, love you all & thanks!! xox <3
2007-2008 P6 History class=epic

"Dream like you'll live forever, but live each moment as if it's your last."
FINALLY 2010, I made it.
PEACE OUT NHS, I'll miss it all.

Brendan Buckley

"Buck"

Golf 1-4capt, Baseball 1,2 CYO Bball 2,4
KN,SK,AS,PC,MG,MM,BK,AM,JM,KO,AL, MS,CR,GB,JM,MN,VF,PB,
Froggies and KofC, invisible rope, COD, duff, murphs toasts,10 year bowl tradition, Leo J, chubaka,SheffinsMcGooCall,golfmemories,sill search,NewYears09,hale
RoyScalBattles,FailureInVermont, sleepin at nantasket. Fan section.we need a tarp.bubb,RESET,choked out,cheeseburgeeeeerrrrr
"Guys we got all night" –Seano

-Thanks Mom, Dad and Casey.

58% Have been given office detention

Darlene Butters

"Butterz"

Best wishes to class of 2010. Thanx for the Memories. & Thank God it's OVER! Thank you for your love & support Nana, Mom, Dad, Stephen, Sherry, Kim, Crystal, Sean, Sammy! & the lil men, Mason, Maverick & Ryan. Your my life I love you guys. Crys I love you "llamaaa" – James Austin Carr , lovee youu! (Forever & Ever Babe) Thanks to the Carr family, you guys are great. – Rest in Peace Danta- Still missing & loving you more then anything.

Lindsey Butts

K.L, B.D, C.R, N.B, S.R, W.S <3

Spending time with friends over the years and meeting all the teachers here at N.H.S!

Thank you mom and dad for helping me throughout the years, I couldn't have done this without you guys!
I also want to thank Mr. M for helping me with everything and being such a great support.

Live. Laugh. Love....

Stephanie Callahan

"Steph"

NHS/Sec. 3-4, NFLHS 3-4, SADD 1-4, Workout w. Tini, Soccer1-4, Softball 1-4, Track 2, EFC

Friends <3love you! Matching hair w. JL,BR lunches w. Ju,Scrabble JL+BW Rookie party*, bench 4,AquariumNM+ EW,NYE'10 epic fall AK EW MC, gas station EW, TCR,balcony,AK asleep?.. always,stunna!,srg..miss?prego bel P.5 span akuay JE*Yrbk crew, kdann happy! / therapy,NRH<3lysm2.24.08 bele*span 10 buds,outback crew,PlanXComplete! Good Luck 2010!!
Thanks Mom, Dad, & Shaun Love you

Eric Caramanica

"Manica"

Football 1, 2, 3, 4
Basketball 1

Riding around with the DHC

The quality of a person's life is in direct proportion to their commitment to excellence, regardless of their chosen field of endeavor.

Thanks to Pa dukes ma dukes nick and David.....and Tony Fraone

Guiherme Carrijo

"The most beautiful discovery true friends make, is that they can grow separately without growing apart"
- Elisabeth Foley

Vanessa Cawley

Varsity cheerleading 1-3
J.F ,A.L,J.R,L.C,M.W,M.C,S.M,B.O, R.C,S.M ... Everyone who left last year it wasn't the same with out you!
I LOVE YOU MULLANE DAWG!!
strawberryfields&thedutches.longdrivesonwindyroads.blackoutnightsunderthestars.remembered byothersstories.311.M.W.lovesbabiesJ.Fsweet18bday.sleepwalkingwiththeflowers.
"If you wait to do everything till your sure its right, you'll probably never do much of anything."
Thanks Dad,Mom,Stephanie,Bridget,and Denise. Love you. X3... free flyy

Danielle Christenson

National Latin Honor Society, Distance Track 10,11,12, JV Soccer 9,10, Varsity Soccer 11

Thank you to my family, to my mom for always believing in me, I love you
My best friends, you saved my life
Anna&Mel
Justine, Greta and Chris for always being there
I love you guys a&f miss you!

"Just remember, it's only in the dark of night that you see the stars, and they'll lead you back home"

Nikki Cignarella

nikkilee<3

Nat'l Honor Society 2-4. SADD 1-4.
Post Prom 3-4. Friendship Club 2-3. Senior Video 4. Softball 1-4.
Volleyball 1-4 Captain'09.
pottytrainme.medfield.boiii.*67.
flipflops/coppahs.3crazygirls.skiing.
oyyee.madawks.nahbraah.NAPKINS.
noboysnikkilee.yaang.vest? nbd.
newhammy/july4th.hittingpoles.
streetsign.yuckadoo.newyears09.
saysomething!vhaaaat?merrh.
"Enjoy the people you love, be tolerant of those you don't, and make the most of every moment."
Love you Mom, Dad, AJ, Corey

49% Have sat on the school store couch

Anthony Colantuoni

"Atrain" #79

Football 1-3 Capt. 4 Lax. 1-3

Good times with the boys, K9, MN, Bert, MM, Dport, S4L, Country Fest 09, Steph's basement, Doherty, Fm, Froggies, New Years 06-09, Football Camp, Thanks for everything Lisa, ly.

Thanks Mom, Dad, Frank, Bruno, and Paul

Ryan Collins

"RC"

Football 1, Basketball 1-4, Golf 2-4 capt

Gtz with the boys/girls-stephs,kellys, fotes,kates, semi 08, statey with the boys, LA Fitty, Sonic co-cpt, 311, nwyrs09, invisible rope, dippin out, palace, ballin at north, insane asylum, summer 09, the beach/farm, dump, loss a turn, hockey games w/ k9, season ticks, man hunt, pit, baby bttle, tennis ball baseball, bluehills, KA=top, 3 on 2, cpt crunch, ride to lax gme, t-hunt, tpc, cape

Mom, Dad, & Steph thanks for everything love ya

Patrick Conroy

"Roy"

SADD, Basketball 1 3, Football 1, Golf 2-4, Volleyball 1-2 4, CYO BBall
Jimbo, bigdome, rc raceman, fote, fruci, gman, murph, seano, Sull, Stove, Giuseppe M, Pedro Bu, McGoo, Scal
invisible rope, Scituate, Kane ending Rabeah's fb career twice, the Brian Girard incident haha, duff, DC aka Spot, Ireland, tons of golf memories, ACCOUNTS, color of the day, Barbaro, Sanford w/ Dale, Koller's Physics, Hardiman (Alright), Epic fan section Macario, deliver the goose egg,
TPC ball raid, Lamb Formula, reset,
Thanks Mom, Dad, and Jared

Joshua Cooper

"Coop"

"If you have built castles in the air, your work need not be lost; that is where they should be. Now put foundations under them."
– Henry David Thoreau

Karen Correa-Ruiz

"KC"

Friendship Club,

Finally; This Comes To An End!!
The Days Went By Mad Slow But The Yrs Went Flyin By. Heres 4 The Best Of Class Of 10', Now Comes The Rest
Of Our Lives. Hell Yeahhhh!!! Dream Like U'll Live 4eva But Live Each Moment As If Its Your Last. Thanks To All My Teachers, Mrs. G, & Ms. McDonnell 4 Helping Me!! It Was A Wonderful Experience! <3JE.MW.JJ. LA.SM.AO.TH.JL.BO.JA.

BYE NHS!! Peace....

Christine Cossette

Beanhead. Wyll, Hannah, Emmy, S. Creag, S. Coughlin, Victo, Eddie, Brian, Cullen, Rossman, Delia, Eric, Jamie, brittany.

RIP Beebs, Auntie Billie, Uncle George, Auntie Yvonne and Dad.

Dames vs. Detectives, Guarino's Girls, GSA, fifty-seven concerts, giantcow, the clique 5.

"These friends are, new friends are Golden."
–Homesick at Spacecamp

Erin Costigan

"Great high school friends may be left behind geographically but never far away from your heart."
-Byron Pulsifer

Michael Coughlin

Lacrosse
17
Good luck to all my friends, you all know who you are

Hanging out with friends, stephs, fotis, and kates, steighties, 311, interesting times in latin, green game, playing bball at the north, skating at froggies, hiking blue hills, chilling at the beach
"If we don't change, we don't grow. If we don't grow, we aren't really living."

Thanks
Mom, Dad, Sherrilyn, and Stephanie

24% Have dyed their hair

Clinton Crawford

"Graduation is a time of completion, of finishing, of an ending.
however, it is also a time of celebration of achievement and a beginning for the new graduate."

Kelly Cronan

SADD(1-4), spirit club(1-2, off.3-4), friendship club(1-4), National Honor Society(2-4), National Latin Honor Society(3-4), Student Council(2-4), Post Prom Committee(3-4),MVP, etc...Volleyball, Winter Track, Spring Track

"We were brave we were crazy we were mostly young" so much fun with everyone!

Blue chair. New years10. concerts09. bc detention. Vballgirls. maria. Megshouse. hockeygames. BballFridaynights. umasstrip. rothgirls. buegah. yang! vest? yrbk13137. thanks Lees for the parking spot.

Thanks Mom Dad Erin love you!

Stephen Curley

"Curls"

SADD 1-4, NHS 4, Friendship Club 4,

XC 1,2,3, capt 4 Indoor Track 1,2,3, capt 4, Outdoor Track 1,2,3, capt 4.

Shifty, Mcgoo, Roy v Scal, Schrecken, Buck, Goody, Al, Brando, BG, Cubelli Billy Rye, Semi 09, DC (aka spot),
duff, nub, A-counts, TDC=life, XC at FP, the Reggie, Epic fan section! tailgating, period 7 duff session, jokes,
"To give anything less than your best is to sacrifice the Gift." ~ Pre
Thanks Mom, Dad, Sean, Danny

Megan Curran

"Meggy"

SADD.Spirit.PP.Mads.Swim.etc.

"you're gonna miss this, you're gonna want this back, you're gonna wish these days hadn't gone by so fast"
Friends, I love you all so much. Thanks for everything. UKWUR
Shopping trips. New Years 09/10. xmas break. Summer 09. Nantucket. Bhr. Car rides :). Ave Maria. Papercuts. Ya think ya funny? Hockey games. Semi. Preggers.P.3 all 4.
Good Luck NHS&2010, Keep it classy
Thanks, Mom, Chris, Kate & Nana
I love you dad <3

Heather Damaa

"Jesus"

"It's so easy to get lost in constantly having to present whatever face you believe a person wants to see rather than your own."

Aditi Dave

SADD, National Honor Society, Field Hockey, Tennis Captain
L.D~A.O~A.M~M.M~K.M~K.D~J.B
AP.Bio+Calc Corner+US History Class of 7+ Lunches+ Friends+ Senior Year = Really Awesome Memories!!!

How did it get so late so soon?
It's night before it's afternoon.
December is here before it's June.
My goodness how the time has flewn.
How did it get so late so soon?
~Dr. Seuss

Thanks Mom, Dad, Radha. Love you guys!!!

Brian Davenport

"D-Port"

Football 1-4, Basketball 1-2

Good times with all my friends you know who you are
Feeling good, Steighty's, LA Finnee, Balling up at the north, CO-Capt. Sonics, Late night AP runs, Protecting the domain, treasure hunts, Stephs, Fotes, Kates, New Years, Loss of Turn, Norwest, O Line Oz calls, 5 star football camp, Murph's New Years Speech, 3 on 2, Hangman 3, OAR+311

Thanks Mom, Dad, Scott, and Mark

Brandon Davis

"X-Game"

Class Officer 1-4, Baseball 1-4

Saunders (SRC),Caroline,Cube,Girls, Blizzard05.BiggieBash.Throwinrocks.Palace.Pound3x.Trampoline.Camp. Zmanpts.Tailgating.Madden.PatsFan. raw.LS.GiantsBasically.hotpockets. NWA.

Thanks Mom, Dad, JD and Cam Love You guys.

57% Have attended a Norwood High Semi

Colby Davis

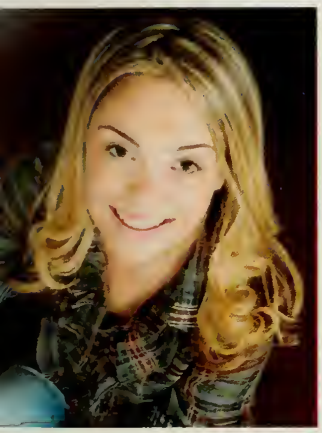
"There are two types of education. One should teach us how to make a living, and the other how to live."
- John Adams

Bailey Day

Drama Club (1-4), Creative Writing Club (4), GSA (2)

Thanks to my mom for always being there, even when I didn't want her to be. To all my friends who graduated the year before me: you rock. To all my friends who are in my grade: you also rock.
"Right before the prom!" "I'm gonna be out like a lamp!" "I'm 38 years old!"

Thank you Norwood High School.



Alexandra DeCosta

super duper senior
2009/2010 was a great year ! Thankx mahh-dad-Aya-Ant &&Thanks Mr.M... you were great! & thanks for all your help and getting me through these few years !–DD 7:55 willet baby-All the memories with the crew: JB.AD.AD.ES.DO.KM.NP.FD.TF.RFSB.MD.TO.MW..ND.DH.JLo.SM.RF.AB.ilyguys*Summer09;Melville; dwn SUMAC adk! unforgettable nights;02026;-
soo niceah biddies

PEACE NHS it was "fun!"

Alyssa Delmonaco

"Lys/Lyce/Ojos"
SADD 1-4, Post Prom 3-4, Nt'l Honor Society 2-4, Nt'l Spanish Honor Society 3-4, Senior Video 4

Girls.Boys"The Crew"Love yahs<3 Brian12-13-07<3Thanksforeverything. K&M.FAFF.IntnsivA.nervousnervous.Danceyourheartout.BMWs,GMPs,99's. CAKE,"the gang" 99's.NH07thebench. Cape'09.mashpee...dock.TorD.yellow! linzsbsmt.*67.piff.holer!cern.sophist. studies.laxcpts.spykids.NewYears!late nghtlks.crescentave.SundaysMarriott.MF&NF. bleedinglove.NP&NN<3 ThanksMom,Dad,Ant-love you guys!

Paul DeRosa

"Pauly D"

wrestling

Jason Fogarty, Colby Davis, Kevin Levistsky, John Zabrowski, Justin Shreckngaust

"I dare do all that may become a man, who dares do more is none"

Laura DiTomasso

"LDT"

SADD 2-4, Spirit Club 3-4, PProm3-4, Lax 1-4, Track 3-4, Student Council 2-4, NHS, NSHS, NAHS, EYC,Outreach

The Group, Mack Truck, XL-RLR's, Honorary Sobchuk, Art, Prinsesh,300s, Physics Ds, Mamma G lunch, Hi, I'm Rage!, Marshfield, Perks, Walk when they walk, Hippie Lunch, Brandeis VoiceMale, JackieO & JFK 4eva,Pops, Ventajas Para Siempre, Killers,rule #1, Sociology Buddy, BGill fan club, Stella!, single ladies, 3brains. Thank you family, friends, and teachers.
"Don't take life too seriously. No one makes it out alive anyway."- Unknown

Emily Dixon

"e-dix"

SADD 1-4,Post Prom 3-4,Ntl Honor Society 4,Spanish Ntl Honor Society3-4, Latin Ntl Honor Society 3-4

Varsity Basketball 1-4 (Capt. 3-4)

KW&the crew,loveyas!yellowforbubs/ smurf.CAKE.bballloves.ripmojay.PePe sophs.twss.dwaiiiii.ak:cormTL!holerrrr classof1969.dixonemily.oar.cape0809.mashpee...dock?linzsbsmnt-EPIC.nats. clevelandcrew.signs/deer.sept2010.DC potstellthestory.newyrs0710bsme55 <3 thanks for everything mom,dad,jack, annie,ali,dave,ellen..xoxox, love you.

Joseph Dobbels

The time spent figuring out what to write is time that I could have spent doing something that matters. But I probably would have just watched TV instead.

18% Have a tattoo or piercing

Kevin Doherty

activities Guitar, morning news, hanging out with friends

sports Football, Boxing

friends The Group, Brian, John, KJ, Heather and her friends
favorite memory Civic center, pick-up football games, the gazebo, perks, jammin' with the Flaherty's, the studip, junior year vacations, summer junior year, playgrounds, Mayger's car,, TV class, walking home from school, guitar hero, Coldplay
quote Any line from Pulp Fiction

Kristina Domaney

Outreach, SADD, NHS, EYC, Drama Club, Friendship Club, French Club

Frank3, SecretLife, DisneyScenelt, HP, Perks/GoodDays, FamilyGameNights, BioStuds, Shoes/Duels, BattleOfBulge, Diesel, OompDawg, GymClassHeroes, SingleLadies, TaMère, FlyingMonkeys

Thanks for the love & support Mom, Dad, Nick, & Missy.

"If there ever comes a day when we can't be together keep me in your heart,
I'll stay there forever" Winnie the Pooh

Catherine Dondero

Drama, Band, SADD, Out-Reach, Relay for life, EYC

To my Mom and Dad, my family and friends, I want to say thank you. I have great memories.

Keep it PG, 30 seconds = a million years, shadow Bunny, I'm NOT Danielle!, Tornado, Band Camp, You're cut off from the candy!, WICKED, and I am not short!

Jamie Donovan

"jd"

girls&guys,yurrrrbookcrew,cori,dnjc,k&mloves, faff,hf,talievalle missyou; loveyouus walpzw/kshortt&tv;stephs;bonfires;cape08&09; drivingw/kshort.tanoramalove;beachtrips;cc&ff; somethingdirrty?peepthisrealquick.sp,totes; icecreamsesh;ping;pccrew;snhu;2ammissions; clevelandcrew;cookies;sophist;09studies;blink 311kingsofleon;seaporthotel;cob.inapprop;late nighttalks;staahs; ks&tv,paneratrips;window; nervousnervous.

thanks MomDadCaitShan&Mags; loveyou.

"Live the life you love, love the life you live."

Migena Dulaj

"Migenga, Princesh, Migz"

SADD, EYC, Outreach, Volleyball 1-4

Volleyball memories – C.B = best!, Ta Mère, Emergency Exit, Diesel, Battle of the Bulge, Rasputin, Robespierre, Studies, Physics, 78.6 pound bird? Car. Always remember Jose, Diego, Tommy the ball, the 3 Ds, Bop & Pop, G.C.H. K.D stories. Dad, Mom and Ledia thanks, love you always.

"In the end, it's not the years in your life that count. It's the life in your years." – A.L.

Jessica El Bach

ClassOfficer1-4StudentCouncil1-4vp, NHS/NFLHS3-4, SADD1-4, MVP 2-4,Post Prom3-4,Senior Video4 Field Hockey1-4, Lacrosse1-4

Friends<3loveyouholerGMPmashpee'09 .MFspoolmissingtop!SusieO,ly!KObff!pc!?laxc ult*whowebe.pdinsfhlove.EM.NMsisters?cousi ns??ly.KRzumba!deansw/ank.planxcomplete.k dansec(x)!?SCbabybelWGrocks!BD*hs.sweet heartsophhist.cern!whatsgood.j"llbehome4xma s"henAlBoNPI.kitchenedgeseashells*COhowy ahdointhaanks 12/28/09<3

I love you Mom, Dad, Lindsay, and Mark, thanks for everything

Denise El-Koussa

"Dee"

Gymnastics 07-08, Cheer,07

<3besties!!(sw.mk.dn.re.) girls&guys(u.k.w.u.r)Bestoftimes!@aurthors!,d oherty!(ohyaa!),rachels,deff cant forgot about Haloween,08-09!! Semi 07-09,(wee got down!)(Sp's & Ks's) smgts! New Years 09-10 WOW!,Summer 08-09 bestt of times (S.W aka. shanny(woo-hoo!!) haha your MP!! Smgts bumping in the lexus!!got yo back! M.K-always made me laugh like crazy("not to offend u im not lving w/o my rase!")I enjoyed the past 4 years!! Pce out NHS!(mom,dad,Sophia I love you.)

Rachel El-Massih

"Rachie"

Love you all!:
JR,JL,DE,CP,CF,AF,VL,DM,MK,SW,NM,KG,B W,TO,JD,SP,VC,SO,JS,SM,MM,AL,PY,GM,N N,MG,AJJ,CG,JE,MN,BD.

Sledding, New Years, 17th Bday, BC's, Tick Tock w/ Xtina, DC, Concerts, The Gardens, Boston, Provi, Lamberts.
"Do you guys go to NHS?" BWKGSWJS

Thank you: Mom, Dad, Alex, George, Becky, and Max!

57% Have seen an NHS play/musical

Marisa Farulla

-mads, sound fx, jazz, drama, music mentors, SADD, friendship club
- family6 and the group, my friends "You'll be with me like a handprint on my heart"
-secret life, disney scene it, ouija, perks, family game nights, band camp detention, Brandeis Voicemail, walk when they walk, what happens when it's white?, tornados, preggers!
-"I've heard it said that people come into our lives for a reason bringing something we must learn, and we are led to those who help us most to grow"~
Thanks to my parents and friends.

Brian Fata

Jazz Band, Latin Honor Society

Oi, Screenhouse, Stooopid! Duh Lernin' Trane, pots tell the story, epic Mondays, Fat Cat and the Buttercups, hackin, trip through moose hill, so many more that I can't remember
-peace NHS

"I was born modest; not all over, but in spots."
- Mark Twain

Jimiris Fernandez

"Don't be dismayed at goodbyes. A farewell is necessary before you can meet again. And meeting again, after moments or lifetime, is certain for those who are friends."

-Richard Bach

Maeve Finneran

"maevo"

Field Hockey 1-4 Bball 1-2 Winter Track 3-4 Softball 1-4 SADD 1-4 Spirit Club 1-4 Post Prom 3-4 Nat'l Art HS 2-3

Girls&Guys<3 BMW's.99's.CAKE. Marshfield'07. Mashpee'09. Linzys bsmnt.Semi'08&'09.Blink KChes.Kt. Soph hist. sweet16s. chsybread. Yellow. Holer. JC-bce!KI.STUNNA!

Thanks Mom, Dad, Emily and Paul. Love you<3

Jessica Finney

Varsity cheerleading 9-12

VC.AL.LC.SO.BKC.JR.MC.PY.MW.MH.TH.VS FB.AM. JL. NM. I LOVE YOU MULLANE DAWG!memorys:Jumpingoffbridges,midnightp remieres,concerts,mcdtrips,pumphouse,ocb,gr eengame,Halloween09,newyrs10,cheerparties 6flags,Pittsburgh NH, yOwatUp, rollin threw the st's, welcomeabourd!, stpattys,turning18, Hampton,look again fatas, campouts on my front yard , MAAA.. THE MEATLOAF.

Thanks Mom, Pap, Clint, Nick, Jakey poo, and my Sisters

Heather Flaherty

SADD, Nat'l Honor, Post Prom, After Dark, yrbk, sports: FH 1-4 Softball 1-2, Tennis 3-4cpt.

BKA goalie fam! Fhgirlsbamf, Old Silver itsupatayou, wknds w/ the crew, tres amigos chili's visits, dante, georgia, geoclass, sideline with sweeny, marsha, taxi, stat class, concerts, islington, coldstone, study chats md, fam wii parties, the elbows.

Thanks Mom, Dad, Joe, my friends, and everyone @ NHS. Good luck class of 2010!!!!! Thanks for the memories.

Nicole Flaherty

"Flats"

SADD(3-4), National Art Honor Society(4) Swimming(1-4) and Tennis(1-3.cpt.4)

New Yrs'10, Hockey games, "Big butt so what", Megs house, WPP, "u think you're funny, I think you're funny", Horoscopes, sophomore math class, Twilight party, Yrbk

"All our dreams can come true, if we have the courage to pursue them"

Thank you Dad, Mom, Jimmy, & Michael for always being there.

Jason Fogarty

Friendship Club and Soccer

Playing video games with my friends, Finishing homework at 3:00 in the morning, Weird conversations at lunch with my friends, and Reading during classes.

"The secret of life is honesty and fair dealing. If you can fake that, you've got it made."- Groucho Marx

"Do or do not... there is no try"-Yoda

Thank you to all my teachers that I have had through out the years. Without you I couldn't have passed literally.

54% Have played a varsity sport

Megan Folan

"Meg, Megan F."

SADD 1-4, Post Prom 3-4, Nat'l Honor Society 2-4, Nat'l Spanish Honor Society 3-4, Senior Video 4, Spring Track 1-2, Soccer 1-4(Capt. 4)

Girls&guys<3Thanks for everything. BMW's.99's."the gang".GMP. holer CAKE.jillshouse.spykidsloveyagirls:] Marshfield&NH 07."Born Free" bench Cape&Mashpee'09. Mashpee…&dock soccer tourney!togethertoolongtoolose civiccrew"capt."AD&NF"bleedinglve"JM*03.19. 08<3.
Mom, Dad, Nicole, and Kristen, thanks for everything! Love you!

Anthony Foti

"Fote"

Football 1,2,4 Basketball 1-4

Gtz w/ the crew-stephs,kellys,kates,files, LA fitnee,semi 08+week after, Summa09, nwyrs09, nwyrs06,lossa turn, OAR 07 + 08, 311,BIC, palace, tkos"pope", trey on dur,Cyo 17-0, jazz ship, tennisballbaseball, Captain and howie,poker,caveman search, shun, the pit,cape,ride to lax game,t-hunts, contraption, dump, north, twouptwodown, base, manhunt, dteejay,running table,toga,5starcamp.

Thanks mom, dad, dan, meg, STEPH

"I am not afraid of tomorrow, I loved yesterday and I love today."

Allyson Fox

"Ally"

my girls; JL, CP, KG, RE, BW, NM, CM, JB, JW, SS, KK. loveee youuu.
favorite latin3h & accounting2h boys;
BG, BB, AA, DS, OG

chem pd 3, hill 4 life, 2 am missions, prom09 JL, BC with my favorites.

good luck CF without the class 2010. we'll miss you. mrs. g & trees, you guys are amazing. good luck 2010. thanks for everything bren, love you.

thank you mom dad & cassie

Linzy French

"Linz"

Volleyball 1-3/capt 4, Basketball 1-2, Indoor Track 3-4, Softball 1-4, SADD 2-4, Nat'l Foreign Lang 3-4, Post Prom 3-4

"TheCrew"loveyouall<3.cape09.docks. newyears08.09.outbackcrew.yellow!lbstudyper 3.skitrip10.JTMD.holer.great talks.piff.rads obv.spike=speed. "ya know what jayne…" dice? [7.12.26] LB.spy missions.westwood. STUNNA deans.cleveland crew:) fortunedrive.
dwai.fbcreepin.frshbio.sballtourney09!

Thanks Mom, Dad, and Sarah
Good Luck NHS! :)

Vincent Fruci

"Fruci"

SADD, Foreign Language Honor Society, Soccer (9-12) Capt, Winter Track (10)
Gman, roy, vid, boulos, shilo, cubelli, scal, mcgoo!!, stove, jim, buck, nolan, bg, EJD, emily, LB, soccer bros
30 in reverse,sign hunting,livin the dream,providence,brian girard the twins, cape cod, Italia, cod all night, the hangover, hockey games, fifa, gmans basement, va funculo, "enjoy the long one" spanish classes, pong battles, spanish videos, Jack Chop…
Thanks for everything Mom, Dad, Cindy, and Alex!

Keri Gallagher

Field Hockey(9-12), Softball(9-10)

bwcpjljsnmcmreafscbqcfdmzp..a&f. The guys. Field Hockey girls<3

Summer `09, "bambi," DC, 6flags, Taylor Swift, rachels, sweet 16 parties, New Years `10, BC with my girls, nicoles, guarino girls, xmas party, bonfires, T/T's, P&H, cape `09 w/ BW, balcony! *KM-2009, pd. 7 studies, JW* LA and CF I'll miss you<3 Seniors 2010 it's been real!

Thanks Mom, Dad, and Brian

Jayne Galvin

Cross Country (1,2 capt. 3,4) Indoor Track (2,3) Lacrosse (1-4) SADD (1-4)

the crew, love you. 10-31-08<3.laxcult, who we be.srvid. xcpals. gumpnomads. NHbench&Marshfield07.99BMWs. BLs van.jrskip.cape&mashpee..piff holer.cern. yellow? bro. cousinlove. target or bridgewater? facebook pd.7. how ya feelin? cake party. padiddle.
pd.3 LBstudy. thaaanks! california10. christmasparties.newyears.halloweens.

mom, dad, mk, john, ray & nana and papa thanks for everything, love you!

William Gearty

"Burr, [too many others to list]"

Marching Band 1-4, Jazz 1-4, NHS 3-4, SADD 3-4, SSC 3-4, NFHS 3-4

Coop, Jason, PDR, Peter, Bio Studs, JD, PM, NM, JO, Marisa, PortDaddy, Olive, Buck, Sully, JHen, Linz/Em, JE
DC '08, Ta Mère, Hey Jim, Montreal '09, 1-2-3-5-8-Becky, JKH!, Diesel, Band Camp…lots of great memories…

-Thanks to family and friends!
"Imagination is more important than knowledge. Knowledge is limited. Imagination encircles the world."
-Albert Einstein

37% Have dated an upperclassman

Nicole Giammarco

"Nic/Colie"

SADD 1-4, Senior Video 4

Girls&Guys.The Crew; loveyouuss<3
Cake.-party!BMW.99s.laxcapts.MFgts
Cape09_jrskip!padiddle.beachtrips!*67
spykids.yellow?target/bridgewater?JG!
LBstudies.sophhist.cern.hist08fbpage.
BLs van.msdern;thaanks! 06chsybread
NHbench07.piff;linzsbasement.holerrr.hdewlov
e<3.sr.vid! TorD.crescentave.
la09&cali10!latngtlks.westwood.blink pv-
e&k!clevelandcrew!xmas/newyears

mom,dad,lisa,ria-thanks for everything
Best of Luck 2010!

Tahirah Gibson

"T or T-DOLLAZZ"

basketball 1-4 capt.4; volleyball 3-4
yo watupp!! I jus wanna thank god and my family for being there for me at all times! To my bestiez kayla, jaclyn, taiti, and all my basketball lovess [PEPEjerkin-69] vball loves[DONK]!! Im guna miss yall!!!—freestyle sessions-stackkzzz[KOOLAD] and silky smooth stephs! Lol gtmz! PowderpuffSEN10RS!Chocolates4lyfe[e-whits&amelia!] myDL[b.g!] MO-J!
I stay on my HAWAII time
>>>my deepest fear is not that we are inadequate but are powerful beyond measure! =] loving dis lyfe!

Rebecca Gillis

"Becky"

SADD, Spirit Club, National Honor Society, Art Honor, MVP, Post Prom, Acabella, Drama, Swim Team
~The Group and The Family
Perks, good days, what happens when it's white? Secret life, game nights, Ciao bella! macktruck, Brandeis VM, Wicked, Band Camp, dentist, ouijia, "ventajas para siempre", Disney, single ladies, rule #1, "My name is BGill…"
"Never regret anything that made you smile."
~Thank you to all my family and friends for if it wasn't for you guys, I wouldn't be where I am today.~

Brian Girard

"LAN(15)"

Lax (1-4) & Hockey (1-4) 2Capt.
Cherokee/Mercurytrips,Horoscopes, PatsPlace,T.G.I.Fridays,NewYearsEve,Movien ights, Maine, Cape Cod, Bon Fires, Cookouts, Summer'09, Dedham, Pizzapalace, Froggies, Summerlist'09 Teds/Pentowskis, Pastadiners, 20questions, Newbury comics,Kay

SRC

Cherokee down pour night

"Rule 32: Enjoy the little things".

William Glynn

"Billy"

Cross Country (1-2 Capt. 3-4), Hockey (1-4), Baseball (1-4) SADD (1-4), Post Prom (3-4), NHS Update (3-4)

Saunders Road Crew, The crew, Cape '09 Mashpee…the dock, Palace, Camp, Update After Dark, Z man points, Trampoline, Pound3x, Cube, Chip, Raw, how ya feelin, crazy pats fan, Giants basically, Hdew, TV Ketchup, Halloween '08 <3
Thank you Mom, Dad, Mara, and Megan I love you. Keep smiling. Go Mustangs!

Michael Goodwin

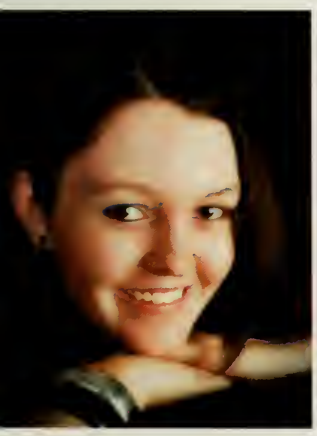
"mgoods"

Baseball1-4 Football 1-4capt
Basketball 1-4capt

NHS,SPNHS,SADD,

Everyone,The"library",thecrib,frogs,semi08,RI Ppup,NFL,greenmachine,dominos,snowstorm w/dellisandkt,4thjuly,summer,lafit,manhunt,sni perinthetrees,jumpin in rivers, relay4life/fot08', stephs,bonfires,invisiblerope,newyears06,$25 0/Winchendon,poker/sills,wiffletourneys,cave mans/disappears,codfellas,fansection/hockey, pondhockey08,09,10MVP,bubb,strugfestat sills,civic,,theshift/dc,650/730,cyo17-0
Thanksmom,dad,joe and tim

Jillian Goss



"Jill"

Creative Writing Club EYC FC Haunted House Lit Tutoring Lit Mag National Art National Honor Post Prom Party Powder Puff SADD Spirit Club
CR HD MB SW AK NA MR LD EL EC (If I forgot you I'm sorry.)

SADD scavenger hunt, building Post Prom, swim parties w/ MB HD EC, Cruisin w/ EL SW, Forensics w/ CR and Mr. Cyr! Celia Chilis and clubs. Monkeys Maggeth and Ms. G Drummey of Doom! Hugs all around. Thanks Mom Dad and family!

"The woods are lovely, dark and deep/ But I have promises to keep/ And miles to go before I sleep"

Ryan Gray

"Put your future in good hands - your own."
-Author Unknown

17% Have been suspended

Chelsea Haigh

S.A.D.D. (9-12), E.Y.C. (9,10), Outreach Club (10)

S.O., L.F. "In the end, it's not going to matter how many breaths you took, but how many moments took your breath away."
Thankyou for everything Mom & Dad.
I Love Youuu !

Meghan Harrington

"Meghan H."

Senior Video 4, Friendship Club 1-4, SADD 1-4, Post Prom 3-4, Spirit Club 1-4, Basketball 1, Field Hockey 1-4, Lacrosse 1-4 Capt. 4

Girls&Guys<3 Thanks for everything, love you.BWMs&99s Marshfield&NH07.Cape&Mashpee09. Mashpee...dock.yellow.hdew.latentlks.latents wims@KR.linzsbsmnt.padiddle. howyadoing.thankss.cali10.newyears. TCR.planXcomplete. FHsmoke'em.LAXcult"whowebe"efes.

Thanks for everything Mom, Dad, Katelyn, Jen & Lauren. Love you!

Arthur Heil

Stooopid, Bio Stud, Screen house, Alien Robot, Wanted dead or alive

Ultimate Power at Tennis

CWG, Gray Beard, My best friend Megan, Silent Thunder, EW, CS

Chillen with MJ

"You guys are donkey"

Matthew Hennigan

"Matt"

Football 4 Wrestling 1-4Capt.
103,112,119

V.S,F.B,A.M,T.H,J.Z,E..P,R.C,T.J,M.H,D.R,D. M,J.F,A.L,D.S,C.G,T.F,C.D,S.O,W.M,V.C,B.C, L.C,F.S,A.S and everyone else

Thanks Dad, Granddad, Grandma, Mom, Wrestling for all 4 years and coaches
"It's not how good you are its how bad you want it"
Rip Dad Dennis Patrick Hennigan

Timothy Hennigan

"Tim"

Football 4 Wrestling 1-4 Capt.

M.H V.S. A.L. J.Z. J.F. A.M. T.J. D.M
E.P. D.R. V.C. B.C. M.H. F.B. S.O. D.S.
C.G. T.F. A.S. C.D. F.S. W.M. L.G. M.C.

Danielle Marie Prescott My Italian Bestie

Thanks to everyone that cares about me and thank you to my coaches also my mom, grandma and my dad "rip" grandpa "rip" .

John Henry

"Jhen"

Baseball (1-4), Cross-Country (2-3) National Honor Society (2-4), S.A.D.D. (1-4), Spirit Club (1-4), Post Prom (3-4)

SRC. PALACE. ScommanderRed! NewburyTrips.HoBmoshpit.Cape'09. Northeasternw/Obie.WinslowFootball. J.L.E. St8hairHawwt.OCB Reunion. YearbookCrewLunchTrips.BuckmasterHockey games&tailgating.NorthBball.ClevelandCrew. BarefootBobs.
Good Luck '10!
Thanks for your continued love and support Mom, Dad, Mark, and Matt

Jalyssa Hernandez

"Jaly"

S.A.D.D and Friendship Club

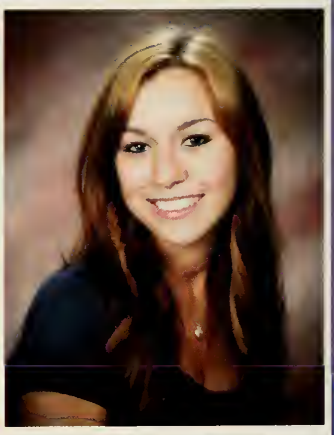
Vicki H., Jimiris F., Michelle S., and Tara H.

Puerto Rico (Quieres fun?), The Cape (BEBA!), Friday night movies(Chuchi baggin the world!), SAT car ride(Joice!), & shopping(Michelly boo).

The best things happen when they are unexpected."

Tara Hersey

"We do not remember days; we remember moments."
-Cesare Pavese



98% Plan to attend college after graduation

Victoria Higgins

"Vicki"

uard and band

H, LM, SS, NC, TH, JS, NO, TT
ractices with Laura and Sarah "chicken:,
omeone get the ball", Puerto Rico with Jaly
Quieres fun", Florida with Laura, Cape,
eldtrips, Gym with Nikki, Migena –physics,
7

MT, "you're going to miss this
ou're gunna this back. Your gunna wish these
ays hadn't gone by so fast"
Don't cry because it is over, smile cause it
appened"

Kenneth Holmes

"Do not follow where the path may lead. Go, instead, where there is no path and leave a trail."
-Ralph Waldo Emerson

Stephen Hubbard

"Hub, Hubby"

Playing basketball, drawing graffiti, hanging out with friends

Basketball, baseball and football

MS, AS, MS, JF, JF, JZ, AF, ELBM

My favorite memory is coming back to the high school and staying here while battling bipolar disorder.

"Mean what I say and say what I mean"

Moses Jeannis

"When your life flashes before your eyes, make sure you've got plenty to watch."
-Author unknown

Claudine Joseph

"Claw"

rench Club, Outreach Club, EYC

olleyball

ne Gym Class Heroes, everyone in The
roup

attle of the Bulge, Post Bulge,
a mere!, sup + tree = diesel, Diego, José,
olanda, school water, good bye Bop and
op, Bio Studs, best friends, MJIAN, and
ARS!!!!!!

hanks to all my family and friends!!!

Kristen Kane

"kshelb"

soccer 1-2, basketball 1-3. tennis 1-3.
mhs tailgating. grifff. SC08-09. countryfest08.
09newyears in NH.jane is my religious
name.was that
atree??kches09.newfoundcits08<3.bonfires.ca
pecod.rascalflatts09.teddybear.i hid in a bush.
mr.sandiii. leave the
door..sprinkler.eeyoreee.can I have
it???KSHELB.scavhunt09.
lovemy SC, marian, sharon girlsss.
"Imperfection is beauty, Madness is genius.
And it's better to be absolutely ridiculous than
absolutely boring"
ssr<3.lkm sms. agf. chf. nlc.
loveyou dad.kelly.paul.sean.chris.
xo

Robert Kane

"Kane" # 56

Football 1-4 cpt, Lax 1-4

The Boys-Ladies
Fotes,stephs,protecting the
domain,beach,newpond,concerts,
thefarm,froggies,season tickets,Nwest
woods,insane asylum,the
north,,camp,headstitiches,finallygames,ktausk
sgirls/fotis,bucksauce,doherty,
newyearswithtrain,hckeygames
w/rc,library,classact,thepit,headbuttingktausk,
RIP Panda
Thanks to mom and dad s,j

Sean Keady

"Seano"

SADD,NHS,SHS,PPC
#8, baseball(capt)(1-4),hockey(capt)(1-4)
,football(1,4)
MG,AM,MM,JM,BB,KN,BL,AS,MN,AA,RC,AG,
DMRandeveryone
Jumpinginrivers,"The Pit",invisible rope,"WE
NEEDA TARP",tennisballbaseball,chillin at
DOMES,06jacuzzi,sleeping at
nantas,pokerVermontfailure,chubaka,CODfella
s,bubb,09WalpoleAwaygameforhockey,stephs
,fotes,bonfires,sills,sausagefingas,alspool,man
hunt,cavemansearch,strugfestatsills,RESET!,
Froggies.
"Guys we can stay out here all night"
-Thanks Mom,Dad,Shannon,andMikey

72% Have seen "The Hangover"

Kenneth Keegan

"We all have our time machines. Some take us back, they're called memories. Some take us forward, they're called dreams."
-Jeremy Irons

Joshua Keller

"Jewsh, Josh, Moses"

Christ, Gray, Rico, Wallace, Fata, Hunter, Kaiser Wilhelm and Clintron! We made it! I love you Megan! Thanks for all the great times everyone, good luck after high school! Sorry if I forgot anybody….
Cruising through the tree streets. Screen house! All those other times we can't remember! It was a blasty-blast!
"Just a picture perfect day to last a whole lifetime and it never ends 'cause all we have to do is hit rewind…"

Catherine Kelly

"Caty/CatyKell"

Soccer 1-3 , Cross Country 4, Basketball 1, Indoor Track 2-3/Capt4, Softball 1-4, SADD 2-4, Concert Chorale 2-4, NHS 2-3/Treas4, NFHS 3-4, PPPC 3-4,SSC 3-4,AcaBella 3-4

"The Crew" always <3 summers, newyears,blink 8/6/09,linzsbsmt,sdm, p.3 lbstudy,"how ya doin'?",outback, DC'08-lemons,spymission,tombrady?, yellow,stunna,mo-t,p!ff,clevelandcrew! Thank you Mom,Dad,& Ry-love you!!

"Every song has an end, but that is no reason not to enjoy the music." -OTH

Jaclyn Kelly

ASKMRLJ – my famz for life. I love you guys to death craziest times with you. CB,JEK,M&B,sauce,mcds, Cleary,Cubes,Matts,halfcourt,turf, new years 09,junior year, Katie thank you for everything love you girl..
Stoppies-Carly, Adriana, Logann, Period 3 much love. To my favs Tahirah, Kayla,Jhorgy,Ashton luv yall, r.i.p. shealyn
Want to thank God for my family. Mom,Dad,Kev,Jake,Kristina,Bekah, & Joey be safe. I love you all
SEN10RS*
"shawty live a hell of a life"

Greta Kindstrand

"Gretz, G, Gret-t-ta"

The Group, the nursing home, Bob and Fran, Perks, DC, The Spot, the three B's, nope, dance parties, band camp detention, WHAT AN IDIOT, ya like men, post bulge, Rasputin, nutbutter, dipdunk, Bob Jones, the Union won I love my friends and family so much!

"Heaven's not a place that you go when you die. It's the moment in life when you actually feel alive." –The Spill Canvas

Amelia Kiwanuka

"Amal, Mealz"

SADD 9-12, Nt'l Honor Society 10-12, Nt'l Foreign Lang Honor Society 11-12, Post Prom Party 11-12, Soccer 9-12, Basketball 9-11.5, Track 9-10

Friends<3.ewhits.always.ballinnn!!ripmojay.struggfest!greysobsesh,k.walsh*+naptime.stephcal.tl+corm.edix!deans w/jle.sweet16s!kdancrazy!TCR!!spanish-sperry..neck? clevelandcreww!<3 NHS'10 <3Got work done! Best Luck!

Mom,Dad,Geoff,Tilda,Joe,Harriet<3 Couldn't have done it without ya!xoxo

Meredith Kiy

"Meri"

Cheerleading 1-4Capt.

sddkSen10rs<3 Loveyouall its beenfun 5/29TSM ChrisA,Joe's,Rachels,Stephs Ajs NewYears0910Halloween0809 Late night?! Cheergirlsss<3, Mr. Jones Camp09, Got5?Swalsh, Jrsyshre-DEK "Your going to Jail!"-Bikecop 311(x2) SnoopDogg! SneakDaveM, Semiw/Dk MZ-"HaHaHa.Puke" "Danielle... I killed someone" Noche CentipeadsKaFlorida, Junioryear! K8(16)-Plygrd5am "Were those girls"

Mom,Phillip,Emily Thank you,Love u!

Kevin Kuietauskas

"Ktausk"

Football 1, 3
Baseball 1, 3, 4

The boys-ladies
Stephs.fotes.countryfest.froggies newpond.seasontickets. narddog. "Thelibrary".goodwins. harding rd. Doc.Cspeech.cape09 legion07'09'.semi08'.NFL. Sis. NH/SP.Celtsparade. 4thjuly. Bonfires. Wiffletornys.cavemanmissing. codfellas. metalroom
Love yea Dad Taylor and CJ I am glad to have spent these 2 yrs in school w. u brotha

46% Have spent one weekend night at DC

Antoine Laham

"Twone"

Friendship club

GTW; JF, GS, JR, MT, RF, GE, FN, CM, JS, CS, NT, SH

There is an old saying about the strength of a wolf is the pack, and I think there is a lot of truth to that. On a football team, it's not the strength of the individual players, but it is the strength of the unit and how they all function together'. Bill Bellick
Good-bye NHS and Good luck. Thanks Mom, Dad, family, friends and especially my teachers.

Jillian Landry

"jilll"

girls&guys love youss.
CPrekgbwbqjscmnmzpafcftdscD$algm

new years @ Rachels.311.BC w/ my favs.summer 09'.CJJJ's.nicole's.trunk ride.six flags.balcony.the garden.prom 09'.boston-sledding.2am mission jdafcf.sunny c's/carwash ksnm.since we were 2 kelly!good ol'days nicole.jess.lizzie.provi.cape w/ christinaaa.mansefield cm.hampton.

Thanks Mom, Dad, Jenna and Jeff!

Justine LaVoye

"Tinie/J-Tine"

Girl's Soccer, Track & Field, EFC, Drama, Acabella, NHS, NLHS, EYC, SADD, Spirit Club, Muses, Concert Choral, M.B., Outreach Club, I/O, Lab Band, Workouts with Steph

"I get by with a little help from my friends" –The Beatles <3 thanks guys.
"grill master",Scrabble,PVC,Grease sellout,Per.5 Eng.,B.C Detention,Same Hair: SC,Rookie Party,Bench 4,"How ya doin'?","Yarrgh there be 2 verbs"

Matthew 6:34
Thanks Mom, Dad, and Ju

Alessando Lembo

"Lembo"

soccer 1-4

gtz with all my abeds GM,LL,GC,GD, DD,RE,JL,DM,CP,NN,MN,KN,BL,PY,BD,AM, NM, the girls, everyone else, feelin good, summer, DC, Fotes, Kellys,the roof, Stephs,Walnut Ave,DBZ, Spanish class too many to fit in this box. Its Been Real.
O PISCHE

Thanks to my Mom, Dad, and the Fam

Kevin Levitsky

"Lay for Tray"

SADD, Physics club, track
Friends-
Joy,mcgoo, buck, rabeeh, usef, boulos, manica, paul d, fruci, jim, shift, porter, seano, fog, stover, scal, goodwin, curly.
Family-Judith, Lillian, Joe, Brian, Brian jr, robin, martin.
Accounting class (field trip), Koller's physics, Joy and vinny Spanish video, reset,
quote
Imagination is more important than knowledge…"~Albert Einstein

Ashton Lites

"Stackz aka Koolad!!"

A natural born comedian straight from your washing machine. "I think I can dance" I play capo eira, mentor and help out many ppl, build legos and I ball out of the socket. I also played football, some track, and basketball back in da day. A lil bit of larping lol if that's a sport. Im Friends with you and everyone else. favorite memory – Freestyle sessions in math class and at lunch w/ silky smooth. And kickin it with jakie kickz , t dollaz, and Mr. Cyr
Quote – "Be the change that you wish see in the world" - Mahatma Gandhi. I Love you God, fam, and Ms. Geezy!lol

Brian Lopez

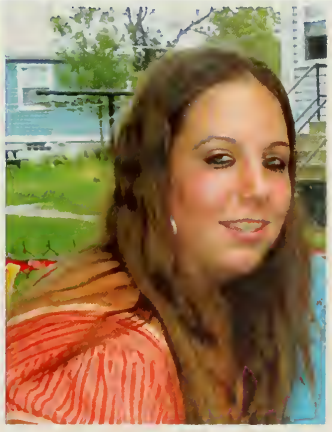
"Zepol"

SADD (9-12)

Hockey (9,10) Lacrosse (12)

December 13, 2007, Froggies, Vandy with G.M, Prom, Bonfires, Cape '09, Mashpee, Sundays, Marriott, Semi, Drifting, D.C, Period 4 Studies, EMT '09, New Years, Beach Trips, Summers, Sill Search, "The Pit" AMD <3
Thanks Mom, Dad, Paul & Tony

"All men are created equal, and then a few become fireman." – Edward F. Croker



Kristy Lorenzetti

I never really played any sports but I do enjoy watching them on t.v

My friends are L.S B.D L.B T.D.S.M D.O. N.B C.R. S.H .S.R

My favorite memory at NHS was getting into the alternative class and really growing stronger with everyone
"Live your life to the fullest never hold grudges life is to short so make the best of it"
thank you Mr. M for making me get this far and thank you mom and my grandmother for never giving up on me

Elizabeth Loyd

"Liz Loyd"
National Honor Society, National Art Honor Society, MVP, EYC, Friendship Club, SADD.

I love you all, extra love to Greg, Sarah, and JESUS

Lunchroom Drama

"Me? I'm dishonest, and a dishonest man you can always trust to be dishonest. Honestly. It's the honest ones you want to watch out for, because you can never predict when they're going to do something incredibly... stupid. "

Amanda Lynch

SADD, GSA, Senior Video

Varsity Cheerleading (9-12). Gymnastics (9-11), Softball (9)

JF.VC.SO.LC.SP.BC.JR.paulyaz cheer grls.boys-vs.fb.am.mh.th.mw.bo. jebs,stephs,vincents, ocb,bonfires,lib w/ gina,clevelandcrew, cheerparties,single ladies,pittsburg NH midnightpremieres ,311,OAR,cookies,snrvidcrew,Halloweenw/jes s,newyears10,cincodemayo,swt16s, jebs18th,6flags,canobie,mcd trips,pd 5
"Here's to the nights we'll never remember, with the people we'll never forget."
I'll miss you all <3 PEACE
Thanks Mom,Dad,Sandy,Shab,the fam

Connor Lyons

Marching Band
Drama Club

Good times with all the friends, bad times with all the enemies.
Things to remember about Norwood: The Screenhouse, The Automile, The Fiddlehead, The Old Colonial Boys, The Hill by the Dump, Perks, Aaron Guild, Dad being the boss, Being stuck in Norwood.

"As we go on, we remember, all the times we, spent together, and as our lives change, come whatever, we will still be, friends forever" – Vitamin C

Vanessa Lyons

"Nessa"
Field Hockey Freshman Year

T.O,L.M,M.W,C.B<3,A.F,J.L,B.W,H.,D.W,P.J, A.H,S.D,C.L,S.G,G.H,Z.P,D.R,J.S,L.F,M.D,K. B,A.L,J.B

Thanks to Mom, Rick, Erin, Allison, Sam, Grandma, and Ms. G! Love you all

Peace Out NHS. LYABATW MOM

"Never Forget, Never Regret"

Jesse MacDonald

Men build things, then we die. It's in our DNA! Good times in the vineyard, wandering aimlessly, Ima Penguine!, igloo bowls, spitting on doorways, Diecast!, crazy flipbook stuff, the little rascal, Madd DS, and jumping off piers, Blink, and getting lost in Quincy. Its been a great four years and Im going to miss it. Thank you, to all the people that have been with me through high school, its been a blast.

Corrina Macomber

"Go confidently in the direction of your dreams. Live the life you have imagined."

Gina Mancini

SADD, powderpuff

Field hockey (1-4), Basketball (1-4), Softball (1-4)

mhmkgYING&YANG.sp.theboys.sprtsgirls;)lov eyous. peaceweeksmanays CAs.stephs.cjs.megs.kates.ajs.09.bonfia.cinco demayo.09studies.bch.frmcape.raftn.disney.in sneasylmBACKUPaquar.nvrendnsts.pvmnt.b mac.newyears09watstairs10wattable.frndlyssh aftnatPEPEmj311oar.brdgewter.wlp.rzpo.gg.s &s
Thanks Ma, BigBruns, Mike,Danny <3

"You want it, make it happen."

Nicole Marchant

*girls+guys*cm,gd,cp.DNJC*always
Good ol' days- Jess & Liz,loveyouu!
CJT thxforeverything,I loveyou.

newyrs@rach's,myhouse\birthday,cjs. carwash+trips-ks&jl,311+OAR trunk rides ;jl, 6flags,dc.poplock&dropit,trips to boston, thegarden,snkouts@danis,bc's,pc.crew hampton,capehouse-dimples. papa~ you'll always be in my heart wherever i go.

Thanks Mom,Dad,Billy,Ryan,Torri.
Nana k & Nana m*

66% Have had their phone taken away in class

Chelsie Marinucci

"Chels"

nam*cmp;always.kg.jl.bw.js.af.cf.re.zp dnjc*always ;;We may be apart, but we are together at heart<3 girls+guys

newyears;cjs;nm bday, 311&OAR, kg-summer days bc's.Hampton;nm.jl.cp gm.al;boston trips;nm.mb.js.sunnyc, theboys-bk in the day, snkouts at danis. pscott crw.AIM;nm,jd,dn.Mrs G + Trees, my favs.mansfield times-jl. Dedham ditching-kg.jw.my big fall. MN thnks for everything *071008* ;; Wishing luck to 2010.

Thanks Mom + Jen <3 loveyou

Laura Martin

"confusion"

mads 2-4 .cc 3-4. sound effects 1. acabella 1. jazz choir 3-4. guard 1-4. winterguaahd 2-4 sadd 1-4.
sms.nht.nlc.vfh.der.kmk.ksp.
cdubz<3loveyoualltothemoon&back
8.06.09, 2.24. waaaaduuup to ya mum pottytraining.*67.fliplopspopo. 3crazzy girls. madawks. running over poles.teddy bear.i hid in a bush. boii naah brahh. Ooieee. noo boys nikki leee. you are two things YUCKADOO medfield. say somthan. Jimaaay. NAPKINS.nhsummahnights

"The best thing to hold onto in life is eachother."-Audrey Hepburn
love you mom,dad&gutaford.

Kathleen McConnaughy

"Katie"

AcaBella (11-12), Drama Club (9-12), Concert Chorale (10-12), Jazz Choir (10-11), Friendship Club (10-11), SADD (10-12), Music Mentors (11), EYC (11-12), Field Hockey (9).

LD, IM, SM, AD, KK, EL, SI, KM, KM, CK, AJR, and love to all my other friends. Sharing is caring, Mactruck,Willy Wonka, Band Camp 08-09, Party Planning, Food Fest, Cabbage Soup, Washington D.C, Cheer up Charlie, MacFestival, Bucket Sack Machines forever.

Thanks to Mom, Dad,& James for love.

Lauren McDonough

"La"

MVP, Spirit Club, SADD, National Honor Society, National Spanish Honor Society, Student Council,Swim Team, Spring Track, Orch, Celtic Strings, Post Prom Committee

love you friends <3
buegah. carpool. avemaria. asher. fam. dc. swim. umasstrips. concerts09. euro. hl. fridaybball. cribs. thanksss. alright. pp09. lex. burningpretzels. physicsclub. chem. wc. cali. bakesale. yearbook. zini7. uhnanananana. macktruck. awk-hurdles. boston. lions. jayz.

love you mom, dad, kerry, & jack
thanks for everything!
stay classy norwood high.

Shannon McDonough

Chorus, A Cappella, Jazz Choir, Celtic Strings, Drama, Friendship Club, SADD, EYC, Outreach Group

Freshman Softball

Game nights, Frank3, concerts, shows, band camp, gym class heroes, cooking adventures, rehearsals, Relay for Life, peanut butter with cheese, Italian, Glee and lots of laughs!

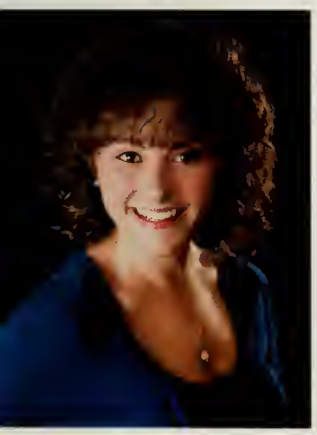
Thank you to my family, friends, teachers, and everyone who made high school great!

"Live, Laugh, Love"

Ashley McGinnes

"Shleya, Yelhsa, Shlee"

For Good <3
It well may be
That we will never meet again
In this lifetime
So let me say before we part
So much of me
Is made of what I learned from you
You'll be with me
Like a handprint on my heart
And now whatever way our stories end
I know you have re-written mine
By being my friend...
~For my family who has always loved and supported me
~For my friends who always make me laugh
~Meagan, with you I am unlimited. Because of you, I can defy gravity. <3



Meagan McGinnes

"Meg, Egg, Meagz, Curly"

EYC, Drama, AcaBella, SADD
Shleya <3 Girlies <3 the crew.
It's raining! Ventajas para siempre <3. Bomb threats. BioStuds. Gleeks. Cars.
Disney Scene It. *weird clicky noise* plays w/squirrels. Perks. Z it up.
Mack truck. Pan roasted duck. Hey Jude. Single Ladies. Leo DiCaprio.

"Never say goodbye. Because goodbye means going away and going away means forgetting." Peter Pan

Thank you, Mom, Dad, and Ash for all of your support and teaching me to "Love much, Laugh Often".

John McGowan

"McGoo"

SADD 1-4, Honor Society 2-4
Football 1-4, basketball 1-2, track 1-4
Roy, Scal, Buck, Stover, Jim, Meehan, Curley, Shift, Sinny, Sull, Al, Seano, Obie, Goodie, Murph, Fruci, Boulos
Fan section/ tailgating, freshman fb, yoking, Accounts, Semi 08, deliver the goose egg, Ellis/Saunders fb , duff, nub, Koller's Physics, lamb formula, locker room, Powder Puff champs 09, Barbaro, CYO, Roy and Vinny's Spanish video, DC

"We have to do the impossible, but it is possible." ~KG

Thanks Mom, Dad, and Family

20% Have gotten a dress code violation

James McGuire

Golf 1,2,3 Capt.4 Basketball1,4 Baseball, SADD, NHS
Good Times w/ kev brendan seano sill goody murph rc am mn bd af and everyone else Golfbus,royvscalbattles,chewbacca,likeabird,codinmurphs,TheSpeech, Sunnapee,nashoba,waterfall,jumpinginrivers,coyotes,stephskellysfotes,newyears,Vermont,hale,dogoodplays,manhunt4sill,thedump,saran wrap,goforth,nantaskett,weneedatarp,chillinatdomes,pokergames,invisiblerope,sausagefingers,fishin,"guyswegotallnight"-seano

Thanks mom, dad and holly

Good luck everyone, stay in touch

Joseph Meehan

"Ette" "Sphine"

Soccer (2,3,capt.4) Football (1) Baseball (1,2,4) SADD (2-4) NHS (3-4) Post Prom (3-4)

The Crew, Mashpee..the dock, hdew crew, hockey tailgate..the grill(jl), Chi Sox, GBG, Cyo 17-0, sunapee, 'how ya doin buddy?' cali'10, p.5 tvketchup, relay 09, Update After Dark, flour BB.JM.KN, duff, McGolf to Boston, cape 09, Halloween 09, MF<3 2 amazing years

Mom, Dad, Erin, and Ricky- Love you guys thanks for everything.

Stephanie Mejia

"A moment lasts all of a second, but the memories live on forever."
-Author Unknown

Emily Metta

Student Council Sec 4, EYC

Swim 1-4, capt 4

Joe Dobbels, I owe my life to you. Thanks. Swim girls, I'll miss you! I love Jessica and Kayla. My sister Natalie is the best I love her.I will promise to spend my summer getting ready for Vermont. Everyone, I AM a fish. I do NOT drink out of wasteful plastic Poland spring water bottles anymore. Environment for life 143. Cleveland crew.

Love you Mom, Dad, Olivia, Evelyn, and Alex

Natalie Metta

"Nat"

Latin National Honor Society

swim capt., basketball, softball

gtz with the swim, basketball and softball girls. She wolf and PePe dancing out of control. Friendly's wicked shaft with gina. Linzy's house. Aquarium soph yr. with steph and em. Car surfing. Reindeer. Cleveland crew. Stealing signs. Pots tell the story. JLE

Thanks Mom, Dad, Ev, Al, Liv and Em. Love you guys.

Deborah Michel

"Double D, Diva La Plus Belle"

Sigma Phi Diva, being a Diva, Art Honors Society, and French club"

SM.JV.DM.SM.

Ms. Mullaney's Sculpture class. Starbucks, making the diva rule books. Funnies(ohlawd) mr. o'connor. La Plus Belle vs. La Poubelle.

"Some call it a luxury, I call it a lifestyle." Divas

Sarah Michel

"Diva"

Deborah, Jenelle, Deliela, and all the other Divas

Ms. Mullaney's sculpture class where the Divas were born.

"Some call it a luxury, I call it a lifestyle."
"Always wear a great smile."

Katherine Millin

SADD(1-4),Post Prom(3-4),Lacrosse (1-3 capt 4)and Field Hockey(1-4)

girlfriends&theboys-loveyouall
Pal-thank you for everything, love ya.
KG-2009,pd7studies,JW. mkg-fhrides
cousinlove<3jg.mkg.kt.bmws,gmps
"thegang"99s.holer.dwai.sophist.TorD
Mrshfld&NH.thebench.linzsbsmnt.
sweet16s.cape09"mashpee.."thedock.
FFD.latentlks.bbfl/pfl.lolacrewddruns.
fhgirls09.laxcult<3whowebe.300s.twss
secrtsprnts.srvid!wearinyellow.cake!

nana,papa,grandma,grandpa-love you
mom,dad,E,AJ – thanks for everything

39% Have cut class

Isabel Morales

EYC, SADD, National Art Honor Society, Friendship Club

Congrats Class of 2010! So many great memories in the past 4 years! All the good times in Perks, Geometry class, Chilies, Girl Scouts, Bowling, Bird Park, Movie Nights, Church, Semis. So many good times hanging out with family and friends! Thank you to all my friends for making my high school years fantastic!

I wish everybody the best of luck with everything!

Albert Morteo

"Al"

Hockey 1-4, Football 1-4, Baseball 2

Ladies and Gentlemen, Football Camp, Int. Issues, Norwest, Fishing, DC, The Pit, Fote's-the contraption, NewYears, Steph's, caveman search, poker, man-hunt, Sanford with Roy, dwai, bomb threats, Froggies, Fresh baseball try-outs, ride to lax game, COD.

Thank you Mom & Alyssa—couldn't have done it w/o you,
RIP Dad-Love You

"life's like a box a chocolates, never know what you're gonna get."-Forrest Gump

Deleila Mouawad

"Didi, D$"

smjmjf²jedmsmjralrepybwkgjlcpjsnmjf
Sigma.phi divas.ew.precious.sewer.leb.
provi.abed.nj.reversing.mgm.new year.
.avatar."mad annoying".basement.tgif
starbucks.chemistry.mullaney's."amazing".gor
geous #2.difs.boston.DTC.DdD
celtics/sox.arrrrrrr.satniteaustinst.fuggz
wholefoods.jealous.tartarsauce.snowclub.popl
ock&dropit.beyoncecalled.
uncle g-always in my heart....angela
esqmallbroom.carlos.sweatsme.lambz
hariri.ut.fabulous.bombshell.whitehen
allayjaree.imeocute.funni.luv u guys!

"I'm not late, everybody's just early"
Thanks Mom, Dad, Gugu, and Kelly<3

George Mouawad

"Cheerios"

Soccer, Basketball, Lacrosse

Gentlemen and Ladies

Feeling GOOD,Vandy with B.L,Six Flags,Hampton, Steph's,Fote's,Summer time,DC, Fishin,Protecting the Domain,the roof, Girls/fotes,Froggies,Drifting,pd4 studies,Freakface,Marriott,The pit

Christina I love you

Thank You Mom, Dad, Didi, and Kelly. Love you guys!

Brian Mulligan

"Dr. Theodore Schakowsky Esq."

GSA, National Art Honor Society

Tennis

yes?

When I got amnesia

"At what age do you tell a highway it's adopted?"

Matthew Murphy

"Murph" #17

SADD 1-4

Football 1-4 cpt. Basketball 1-4 Baseball 1, Track 3
TheBoys-ladies, ProtectingDomain, Stephs, Fotes Beach, OAR, Countryfest, camp,Football lockerroom, statey, insane asylum, ballin at north, froggies,Hangover, COD ,newpond, thefarm,tennisballbaseball,manhunt, 311drivehome,fishin,Bush,biggie,Newyears 09(speech), girls/fotis ,bucksauce,WOW,seasontickets

ItsBetterToBurnoutThenToFadeAway

Mark Nardelli

"Nardelli"

Football 9-11 capt 12
Lacrosse 9-11 capt 12

The boys-ladies
New Years10.stephs OAR BC Froggies.long nights at DC.cavemanmissing the dump..T/T. grandpa amlmkk Hockey games.
P&H..seaport hotel. bonfires. Halloween 09 Morteos. All the times at ftball camp. the library ktausks crib

Mom, Dad, Nick and John thanks for everything

DiAndre Nixon

"Shoot for the moon. Even if you miss, you'll land among the stars."
-Les Brown

Danielle Nolan

"Dani"

soccer-06,07

MD2KS*always*DNJC;311(2)chalupa;JTs;;08 407,CAs,RDs,JWs,inCuBus, DMB;ShTSAIRNd",5AMpg,Cfest0809 sherms,WLPLE,NY0910,capeHw0809,brball?, k@AJ's, BCs odays,P.C.C* snkouts,,OAR0709 wlkshme? *Iteniteserlymrngs*McDS? dogherty? prom09_10?,sw-abay, slpovas, ka-FPS, stwb/grpe,pb! bchtrps*mk-"We'Re those GiRLs" JJH<3lyalways

Thanks, Mom, Dad, Billy, Liz

Kevin Nolan

Lacrosse 1-4

JM,BB,SK,AS,MG,AL,GM,SR,MN, BL,PY,AM,MM,GB,MS,BD,RC,PC, PB, and others.
Invisible Rope, Chillen @ DOMES, cul-de-sacs, Nantasket, Epic Vermont fail, Machete adventures, Chubaka, COD till the sun comes up, bubb setting picks for jim....

"Guy's we can stay all night"
-Seano
"Dude I got eight free wallets"
-Bucktown

Nicholas Nolfi

Hockey, Soccer, Wrestling

ME PH AL GM MC PY ZP MS VS FB CK KP DP RE SR BLWH PB and more, soccer team Thanks for everything Mom Dad & Anthony love you guys
Soccer tourney pasta dinners, tailgating, bumpin fan section, Norwood high school and so much more.

"Education is what survives when what has been learned has been forgotten"

Christopher O'Brien

"O'Bie"

NHS 2-4, NFHS 3-4, PPC 3-4, SADD 1-4
Football 1-4 Hockey 1-4 (capt.) Baseball 1-4

11,Saunders rd, Airport, North, Biggie bash, PP champs, Loon, Ms. D studies, Winslow, Elks, Temptations, OAR, Newbury, Palace, NU, good times in the van, FM, Challenger Camp, OCB, Cape 09, YB Crew, took it like a champ (KShort), Cherokee Peak, Buckmaster, late night Boston trips, froggies, jd, munchkie and jelly. KEJ

Thanks Mom, Dad, Tay, Rocket. Good luck to my boys in the SRC.

Kathleen O'Connor

"Katie, Eitak, O'C"

In My Life
There are places I remember
All my life, though some have changed
Some forever not for better
Some have gone and some remain
All these places had their moments...
In my life I've loved them all
- The Beatles

-To my family, friends, and teachers for the support, memories, and laughs that have made me who I am today.

Danielle O'Neil

"Do not follow where the path may lead. Go, instead where there is no path and leave a trail."
-Ralph Waldo Emerson

Kevin O'Sullivan

"Sully"

Baseball 1-4, Football 1-4, President1-2, SADD 1-4officer, NHS 2-4officer Student Council 1-4president

Kayla110808. JLEpc. Friends. Football. Baseball. Legion. hockey games-tlgate. relay.danner calc sec(x) afarm. Ppuff domination. Natalie's Blink/Incubus pdiddle accounting. willbur/coop. linzy's house. roy v. scal. cape09. new years. Mashpee shhh. ski trips.

Thanks for everything Mom, Dad, Kyle, Kelly, Mary, and Chloe.

Annuli Okoye

"nunu"

Outdoor Track Capt, Indoor Track, Cross Country, Physics club, SADD, Outreach, National Honor society

Dry air, H1N1,white trucks boston, koller' class, xc team, perks, Ninja assassin, JHCC, DCD, momo dominichino, Jess, Huevos, Aditi, Kristina, Lauren,Step, KC, Jen, Higg, SC running peeps.FamZ, Afy Special.

"He touches physics" "caillou" "Ninja" "CCCCCCCC..."teehee"

62% Have their license

Christopher Oliveira

"Olives, Critz Crakaz, Tntmaster General"

Oh hey y'all, chillin at the screenhizzle (I had no idea dude), cruzin, intercontinental blizistic missiles, tree streets. Writin gangasta raps and playing lax. Stoopid! Kaiser, Clintron, Jewsh, Gray, u my dogs 4 life. Don't 4get it; not once, not neva. Way too long and mind-boggling to even remember. twss. I owe you all, 2 many amazing ppl to mention in one little box. I couldn't have done it w/o u guys. Good luck to everyone, and wherever life may take you, I sincerely hope there are less gingers. Peace Out.

R.B. Omo

"Ted"

Football 123, Basketball 1, Winter Track 3

Saunders Crew – C.O, S.P, B.D, D.B, J.H, B.G, K.P, B.G, C.P, E.S
To: Mom, Dad, Suzy, Brendon – nothing would be possible without you.

Pats, Sox, Celts, Cherokee, Palace, Boston, Winslow, Maine, Concerts, Summers on Saunders, Ski Trips

"If you don't know where your going any road will take you there."
– George Harrison

Trina Oreto

"Trinz"

V.L,M.W,D.B,S.S,A.C,D.P,R.E,J.S,K.K,C.S,J.Z,L.M,D.O,A.D,J.B,E.S,C.M,G.R, "CANTON CREW"

Sick adventures, Aimless drives, Dunkie runs in the A.M., Games,The face, Late nights, Sept. 20, Parties, Concerts, Summers, Mall trips, Jam sessions, Flo', Lauri's old house, Coraline, The shed, etc.

Thanks to Mom,Ryan,Dad,Karlene, and my two beautiful cousins Candice and Lauri. Best wishes class of 2010!

Susan Orlando

"Susie"

Soccer 9-12 Capt. Lax. 10,
SADD, Friendship Club, Student Council, National Art Honor Society

*Sp,Jf,Al,*stephs,vincents,jebs,oar summerjam,pumphouse,mcdonalds walks,newyears '10,jebs couch,elbach talks,sculpture HR,sperry sleepovers dc& french toast,yo wadduup,bc w/ the girls,pittsburg NH,midnightpremieres

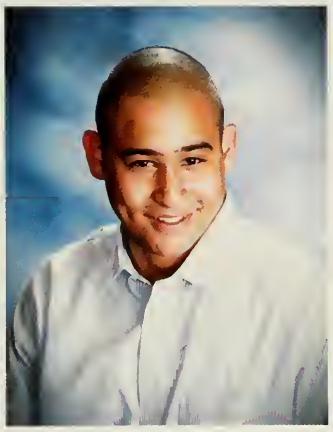
Thanks Mom,Dad,Niel,Andrea,Bobby

Brandon Orozco

"Orozco, Rico"

I would like to thank my mother, Jerm, and the Parsons for staying behind me 100%. I love ya'll. All the GT's I had with Chimpy, MW,CR,VC,Gray,SU, CKS, AF, TD, SH, SG, KC, BW, JK, CO,JB,AD,KK,SB,RH,OK,JE-NPI-AL,SO,HA,BF at the hole, screenhouse, bridge, sumac, batmans, jumps, DM's, m-lot, State Radio, TOOL. AFN, te amo y gracias. I appreciate all of the teachers and my dean that I had for sticking with me. I'll miss you a little NHS.

"We don't need no education."



Nicholas Orphanos

"Nolfi"

Hockey, Soccer, Wrestling

ME PH AL GM MC PY ZP MS VS FB CK KP DP RE SR BLWH PB and more, soccer team Thanks for everything Mom Dad & Anthony love you guys
Soccer tourney pasta dinners, tailgating, bumpin fan section, Norwood high school and so much more.

"Education is what survives when what has been learned has been forgotten"

Christopher Pentowski

Biggie Pen

Pat's place, Cherokee, Summer list '09, Beach, Escape plan, Dedham, cookouts, bon fires, movies, camp, Alabama, Mustang Football # 92, Salem, Hockey games, Newbury comics.

SRC

"I want this forever"

Zaida Perez

"Zelda, Zaidi"

Ntl. Spanish Honor Society

~JsBwJvMfJrDpThAkKgVlCpJkMw
DIVAS!lolque.EWyche!Crtzcrckrs.Dreamtable.
Steven.TCR.ucntescapemyloave.BAWSTN.Thebus.buhstee.arznaT.
I'mbouttuhbus.yawbus.cheesebus.hidenseek.
Teamo.BC w/the girls.2hotFDT.
ilike2rollwitdemolduhcatz.B&M.Look@deezO's.drama. the spot.pirate
hooks.catcasa,pusisteis.ol'Vivian."Heaintcute".
Wutevaidowutiwant.lawrnce.
tedahtatuh.Ms.G <3Love u Donato. 1.1.08<3
"Annnddd,we're off."
Love u Dad,Mom, Eric. But I owe it all to u Tim. CIAO RAGAZZI

Stephanie Perry

Girls Athletic Advisor 1-4, Student Council, National Honor Society, SADD, Spirit Club, Friendship Club, Spanish HS, Post Prom

Basketball 1-4 Volleyball 2-4 (capt 4)
Track & Field 1-2 Cross Country 1

MyNHSfam!girls&guys! smo!xoloveu18!PePe!-ballin' girls! vball laydees-donk!my house! lites! vincents & cape! jd,totes! sweet16s. yurrrrbook crew! ks peepthisrealquick. dc. bonfires. ping!!! fbg$.ak"stage".gm.ka.al.bqnewp!hween.boston summer09.newyrs.semi08.powderpuffchamps! legiiit.dopie,lum=) PEACE OUTTT! thanksfam! dadmomjulesdawnkevinandrew. love you all !!!
"The greatest thing you will ever learn, is just to love, and be loved in return." AJ <3

Wyllker Pinto

"Wyll"

GSA (vice president)

I'll miss you guys. Shouts to; Christine C., Brian M., Hannah B., Robea V., Myrna F., Devin P., Nelson A., Al F., and every one else =P So glad I switched over to Norwood and met all you guys. I'll never forget fun times in class with all you guys, you know we all had a lot of fun, and will continue to. =] Thanks guys.Good luck. =D Wyllker@hotmail.com

Love ya Mom&Dad tkx 4 everything. PEACE

Kyle Polin

"Polin"

Football

SS DR JM EW CDUBZ CC AC NN RB JB JZ CP LM

I love you Sarah

Martha's Vineyard '08 "Im a penguin!"

"Veritas Aequitas-Verity and Equity-Truth and Justice"

Sean Porter

"Porter"

Golf 2-3, Basketball 1-4, Volleyball 1-4capt, NHS 2-4, SADD 1-4, Post-Prom 3-4

SRC, HoBmoshpit, Palace, Elks, HT, Buckmaster, Ski Trip '09, YrbkCrew, OAR, Temptations, Newbury, North, COVE&Wilson nights, ACDC, ClevelandCrew, Beach/BarefootBobs w/Jhen&Obie, Hockeygames, Cape '09 "Lost Shorts?", Ms.D's studies, summerbeachvball&afterprac hanging.

Thanks for all the love and support Mom, Dad, Beth, and Danny.

Devin Powers

"Deebo"

GSA member

Myrna, Robea, Paul, Wyllker and many others

Too many good memories to mention

I want to give thanks to my friends and family who helped me make it through these 4 long years.

Danielle Prescott

To the class of 2010 as a whole, you're a hot mess.
Thank you to Dad, Mom, Cori, and Nicole. Mama, I am so thankful for the relationship that we have developed. Unique as it may be, I consider our bond to be one of the greatest blessings in my life and I wouldn't change it for anything. I love you very much.
Nicki, I'm glad that we did this high school thing together. You really are my best friend.
Seniors 2010, it's been real kids.
Stay classy Norwood High. Peace.

Christina Pugliano

"x-tina"

Field Hockey, SADD, National Honor Society, National Art Honor Society.

JLkgbwnmcmjsbqrezpafscdmcf+guys, Seniors,FHgirls,Guarinos.Love you all. Newyears@rachels,nicoles,OAR08, TSwift,DC,CJ's,TikTokw/Rach,BCw/myfavs,6flags,balcony, triptoBoston-bottles,cape0809,hampton GM<3always.

Good luck class of 2010!
Thank you Mom, Dad, Gianna and Rose.

Brianna Quintiliani

"Bri, BQ"

National Honor Society, Spanish Honor, SADD, Spirit Club, Student Council, Post Prom Committee
Soccer 1-4 (capt), Track 1-2, Gymnastics 2

Summer09. tswift. balcony. prom09. DC. CJs. sweet16s. chickiechew. sledding. xmas parties. katies. jr yr studies. sp newp. stephs. macktruck. powderpuff champs. bonfires. yurrrbook crew!! Blackwatch love. soccer girls. my girls - love yaa! Alistair, thanks for everything. i love you

Thank you Mom, Dad, and Ali for all your support. love you!

27% Have been pulled over by the police

Sarah Rabinovich

rama, Art Honor, Honor Society, EYC, utreach, SADD, Post Prom

ule #1, ta mère, gym class heroes, cars, pan asted duck, *clicky noise*, what happens hen it's white? Where's the diesel? 2358Becky! carillon, Ouija, Brandeis VM, ecret Life, Disney scene it, jalapeño, Single adies, 3 brains, family game nights, dentist, erks, good days!

o my friends and family, thank you for making ese four years so unforgettable.

ve been happy now for way too long, and oh, e got a lot more to go."

Joyce Rached

"Batta"

"LiveLoveLaugh" 224(;
MSNMJSDMGMSMJMGEMTSRNCCRJRJEG
ITYHEREHEPESKEKMR
AZNTNSAAZPTRJFWFEWBI.Ms.G!
woveyou.ayaryi.mama.Sbucks.SVideo.
JAA<3.2ouwetKataeb.Canada.intalazy.
Gougou.11/1/08.Carlos.A+W.WH.Dtc.
Provi.MGM.Panera.b7isakbitghar.Fakh
maddfugz.reversing.ESbroom.Ahoww.
Allayjares.jealous.letter.17yrs.ddd.Leb
precious.snowclub.scarymovies.sewer.
Angela.obvi.tgif.og.swme.Hariri.wazzf
bbsitting.nhs.f21.weezy.dpup.howaya?
R.I.P Khalo Sobhe
Thanks & love you<3
Mom, Dad, Joe and Jenna

Dean Raymond

"DJ"

SJ, EW, JC, KP, LM, MB, JS, SCS

"When I think back on all the crap I learned in high school; it's a wonder I can think at all."

Cecilia Regan

"Celia" "Awesome"

"I did that the other day and it kills!"

Quesadilla, Spardo, RC, JG, The Regan Group, RIP Nana, 4.6.07, 2.13.08, PS dayzzz, the 302, p-rov, b-rock, TOT, scooby's haunted mansion, beiga, hannies, LP7, noise floor, 12.26, kelly face,"listen!", day trips to Boston, sonic, the living room, and all the times we felt infinite.

"..that should be fffairly obvious."

Destanie Richards

"Dezy"

sa, Friendship Club
never forget my best friends Krystal llimore I've known Krystal for 6 years now. I ll never forget Carlito Rest in Peace Carlito ur gone but never forgotten. I love you with my heart. I will never forget any of my iend's especially Corrina, Amanda, and ristine Succar. I love you guys!!!!! Thanks r the memories. Thanks mom & dad and the st of the family for everything you helped me rew and Nana & Grampy R.I.p I wish you as hear. But you're in a better place now I ve you.

Paul Riley

Creative Writing Club

Freshman Football

Postin at Perks, Skateboarding, "The Union Won", "Don't forget the 3 B's", The Spot, 7 people in Chris's car, Being obnoxious in Pizza Palace, Queekachu peef, "NOPE", walking around Norwood aimlessly with all my friends.

Love you Mom, Dad and Siobhan.

Kayla Ring

"Conch.chuey.conchit.kaylerr"

swim team capt, drama, SADD, SC, Nat'l HS, postprom, festival

the gang.BMW.gmp.cake.everyone. 11/08/08.kevin.school of rock.Incubus NH&beach 07. Jill's House. Yellow linz'sbasement.Rosie/leslie??.Blink. pasta dinners.holer.conrads.zoombaJE. the mug.mashpee.jrskipday.semi BM.CM.KB.SP.MA
Thanks Mom and Dad Britt, Melissa, Coco, Meghan and JJ
"Memory is a way of holding on to the things you love, the things you are, the things you never want to lose."

Cherelle Roy

"When you leave here, don't forget why you came."
-Adlai Stevenson

47% Have been in any kind of car accident

Joelene Roy

CR, MC, RE , DP ~ love you guys!!

R.I.P MOM
5-25-1971~7-6-2004
you'll always be remembered and never forgotten. Wish you were here, I love you <3

Dad, thank you for always being there for me and without you I wouldn't be the person I am today.

G.D – I love you "always&forever"
BABY<3 – JULY 3, 2010 !

Christopher Ryan

"Scal"

NBA, SADD, Golf 2-4, Hockey2-4, Lacrosse 2-4,

Roy, Jim, Buck, Gman, Fruci, Sull, Stove, Murph, Brian G, Kev, Seano, Sean P, Pedro Bu, RC, Glynn, Obie, JHen, Al, Sinny
Deliver the goose egg, Scituate, Koller's physics, TPC ball raid, Golfing, Fishing, Duffin, Gmans, Pond hockey, Accounting, DC. Wilson Nights, Cove

"Why is that so funny?"
Thanks Mom and Dad

Haley Ryan

"Hales"

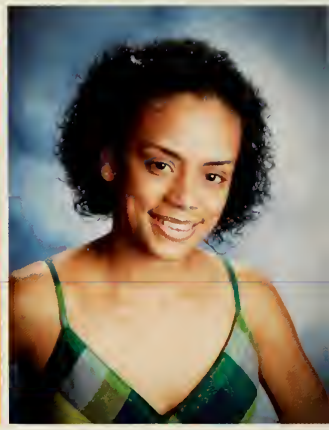
Soccer 1-4
Gymnastics 1-4 Capt.

Mhmkg+Kate!<3 .CF.Girls&guys. ChrisAs,Kates,Stephs,Ajs,Summer09,OAR,Shermans,Beachtrips,CapeCod,bonfires,Yougot5?,raz&pom,strobe,carridestocjs,biggie, missingbottle?Cinco demayo,theraft,lyposuck,P4study,aquarium,Manays,ArtSMO,sleepovers,54321.Slow&Low.

Mom,Dad,Dan. You're the best, thanks for everything. Love you.

Kayla Sanchez

"The future belongs to those who believe in the beauty of their dreams."
-Eleanor Roosevelt



Emily Santor

DO,MD,AD,CC,VC,AD,TD,JB,TF,FD
ND,SB, love you guys couldn't do it without you!!

Melville Ave,Goodtimes At Feeneyys House,Goodtimes in 02026 & 08-10 Willet Crew... Anywhere Else I 4got...Thanks Mom, Dad, Ma & Grandpa & Also thanks Mr.M...Peace Out NHS it was good while it lasted!!

Live Life To The Fullest

Justin Schreckenghaust

"Schrecken"

Snowboarding, hanging out with friends, working at Shaws, national Latin honor society, NHS 4
snowboarding1-4, soccer2

ZMAN,DC,SC,PC,NT,VH,KP,BG,AM,CP,MS, MD,MN,MC,NF,RG,SK,JL,SW
"TheHangover", laser zone trips, trips to Randolph for Wendy's, bomb threats, epic fan section and tailgating at hockey games, Accounting class rips, Wes running the streets of Boston, MW2,Roy vs. Scal,

"We don't remember anything from last night, remember."-Allen. Thanks family.

Vincent Serino

Football #45 and Wrestling Capt. Wt. 171
* AM, FB, MH, TH, JC, NN, CD, JZ, AL, JF, JW, SP, SR, AL *

So Many good times, football camp 09, with the wrestling fishes, Stephs, Rachels, in my basement, at the Cape in the summer, Ill never forget every1 that made high school madd fun and crazy, Thanks, make sure to keep in touch!

"It is not the size of the dog in the fight, it is the size of the fight in the dog"

Mom and Dad thank you so much for everything!

Connie Serratore

SADD 2-4, Post Prom 3-4, National Honor Society 4, NHS Update 2-4
Field Hockey 1-4 and Tennis 2-3.cpt.4

Old Silver Beach "It's uppa to you," Horoscopes, Twilight Party, Maria and Takito, Jonas Brothers Concert, Islington, Meg's House "Wingapo," Stat Class, The Elbows, Hippie Lunch, Yrbk.

"One day we'll wave hello, and wish we never had to say goodbye."

Love You Mom, Dad, Jack, Tom, Kristen, Meghan, and Joey!

34% Have dated someone for more than a year

Jonathan Shaw

"Be who you are and say what you feel, because those who mind don't matter and those who matter don't mind."
-Dr. Seuss

Joshua Shea

"The horizon leans forward, offering you space to place new steps of change."
- Maya Angelou

Robert Sheehan

Honor Society,StudentCouncil,Spanish Honor Society
Cross Country 2-3,Capt4 Indoor Track 1-3,Capt4 Baseball 1-2 Spring Track 3,Capt 4

Callahan kids/Ellis, XC buds, track crew hockey games, tailgatin, freshman baseball, XC trips, TDC, summer prac, paintballin, studies junior year, pasta dinners, Per 7 Zini AP, Accounts, senior chem + spanish

"To give anything less than your best is to sacrifice the gift"-Pre

Kelly Short

"kshorttttt"
mhmkg<3ka*b-raf..;girls&guys//*yurrbookcrew talievalle;missyou! bbssn*ka..walpz w/Jd&Tv! paneratrips*Jamie&Talie!(:..carwash*NmJl.. lypovid*MzMuHr..Florida07*GmMuMz=florida james?!pins?lightening...SunnyC..beachtrips.. stephs;ChrisAs;;Sherms;;Ajs;;Joes;;Vincents;; Jelloes*SwMkDn..OAR&311(x2)<-bikecop. fefe&chachapeepthisrealquick*!Ping;Lahhgit?.. fbg$haha.bday/boston*..tkitlkachamp*Obie.. "KeepwlknB!"(Talie)..BONFIRES![TOGAA].. prom0809;xprom09;semi08[stephs]..newyrs09 10..bwataa*kagmhrkg;newyorkcityw/Mg* every moment spent with muhrmzgmka=life. Thanks*MomDadKristen<3&050609ly;Mg.

"..And it never ends cause all we have to do is hit rewind.."Jayz(;

Andrew Silletti

Wrestling, Baseball

Stealthing Murph, Invisible rope Roy bustin A--, Making bank playing poker, 5-O on a few occasions, Hockey Bus, Bucktowns House, "Jimmy Buffet", Tennisball Baseball, Froggies, gtz at vins, kellys, yazs, and stephs, wrestling team always good times, cruisin, SCREW VERMont, sleeping on nantasket, Strugfest at my house, 8 Wallets, Nashoba, Wiffle ball battle RESET, Jim conspirating, Road Warrior , I made Baby Bottle, Sill Vs. Mr Goodwin, Liftin at Civic, Cod, Chllin

Monyke Silva

"If you can imagine it, you can achieve it; if you can dream it, you can become it."
- William Arthur Ward

Julia Silve

"Juju"
Soccer tryout fail..
ZpBwKgCpNmJlCmBqScMgD$DpKsLdThJl(II)
JwReliTo*The guys*
Steven,TCR,Balcony,Cj's(PP,TT),dream table, bawstonn,New Years, WF, lil b, B&m, bombshell, BC, Balcony THE SPOT, Grease Sellout,, wendys 20, wichix,Imaboutahbus, catcasa,, auld lan sayne , "Look@Deezos",Red Cloud, cheese bus, lawrence, ,a tee da tah ta,viv,2hawtFDT, whatcha say,"he aint cute"cheese doodle, ny train ride
"and were off..."

its been a wild ride Thanks Mom, Dad, Ryan & {Tim}<3

Evan Sinclair

"Sinny"
Football 1, Indoor Track 2-4capt, Outdoor Track 2-4capt

Goodtimes with all of my friends, Semi 09, winslow football, cape 09, Saunders Rd, padiddle, accounting 3, natalie's, linzys basement, palace, Sanford's geometry, NYE09, koller's physics, tailgating GRILL, boxing 08, FMUTA,F, Cherokee Peak, hockey games fan section, Mashpee shhh, big spender, DeliAfterDark

Thanks Mom, Ryan, and the Family

76% Have made the honor roll

Alexandra Slater

"Alex"

SADD Spirit Club National Honor Society Post Prom Party NHS Update LAX National Spanish Honor Society

MC KC LM Megan Mac Ali M CS NF CS KR MH miss u all next year!

avemaria ketchup asherroth macktruck mosquito updateafterdark OEMCT burningpretzels heatedsidewalks thankssss breakingintoNHS Euro'09 chanting postprom2009 windows

Thanks Mom, Dad, & Jacob
Good Luck Class of 2010!!!

Tavonna Smallwood

"Lady Boss"

Student Council, NHS, National Art Honor Society (secretary), SADD, Spirit Club, Friendship Club, Literary Magazine, EYC, & Outreach

Girls' Volleyball

To Boss & my lil' sis Alex & crew, I love yall. Lock & Load 4ever

"'Cause she walks like a boss, talks like a boss, manicured nails to set the pedicure off…she's fly effortlessly. Miss Independent.:.Wonder Woman"

~Goodbye NHS ~ Hello Future~

Christopher Smith

"Wherever you go, no matter what the weather, always bring your own sunshine."
-Anthony J. D'Angelo

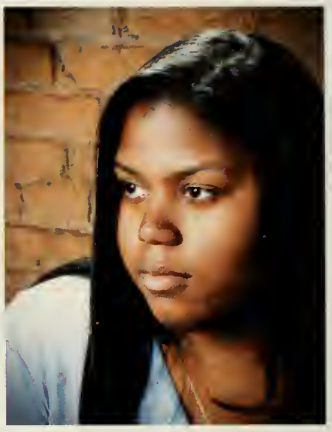
Joice Smith

SADD, Spirit Club

T.S., E.C., L.B., S.H., M.C., D.S., R.O., A.B.

Times in class that resulted in laughs and detentions with the people who made school worth it.

"Life is what happens when you're too busy making other plans."



Kelli Smith

Softball 1
Ice Hockey 1,2,3

Thank you to all my teachers, friends, Mom, Dad, Ryan, and Kacie for making my high school experience one that I'll never forget. These 4 years at Norwood High School flew by and I'm proud to say I'm graduating with the class of 2010.

"Out of the darkness and into the sun, but I won't forget the place I come from"

Marc Smith

"Go confidently in the direction of your dreams. Live the life you have imagined."
- Henry David Thoreau

Robert Smith

"Bobby"

Class VP(1-4), SADD(1-2,Off. 3-4), MVP(2-3,Off. 4), Acapella(2-4), Jazz(2-4), Madrigals(2-3,Pres. 4), Post Prom(3,Off. 4), National Honor Soc.(2-4), Spirit Club(1-4), Student Council(2-4), Cross Country(2-4),etc...

My Friends: You know who you are. Thanks for the memories, thanks for everything!

Mads,MackTruck,Concerts09,Grease, WW, XC, Yrbook13137, Friendly's Crew, GameNights, Outback, MugCrew

Love You Mom Dad Alys Linds Rach

Catherine Sobchuk

SADD, Art Honor, Guard, NHS, Post Prom, Track, Lacrosse

Perk's, Diesel, Ta Mère, Carillon, "What happens when it's white?", XL RLR, Brandeis VM, Fluffy Bunny, Olivier, Ciao Bella, Hallo, Band Camp, Marshfield, Ouija, "My name is BGill", Honorary Sobchuk, Mama G Lunches, "Fire Drills", 12358 Becky! "Maybe she liked to cook" 11/23/08 :)

Family, Friends, and "My Freshmen": Thank you for keeping me smiling

"Lights will guide you home and ignite your bones, and I will try to fix you"

As we go on, we remember,

Sarah St. Cyr

LM, NT, VH loveyous.

Kyle Polin<3i love youu.

DC 08-lemons! Blink182 8/6/09.

Thanks mom, dad, and Christian.

Jamison Stogryn

"How many cares one loses when one decides not to be something thing, but to be someone."
-Gabrielle "Coco" Chanel

Matthew Stover

"Stoves,Matt"
Baseball(9-12), Winter Track(10-12), Soccer(10)

kinga.roy.scal.gerard.mcgoo.fruci.buck.jim.kev .boulos.seano.nolfi.lan.brando.sull.sill.shifty.ett e.conlin.glynn.ted.

epic tailgating, bumping fan section, are you yoking me? Creed 09, "o my miep gies", cali10, bowl tradition 10 years running, lamb formula, jack chop, deliver the egg
Thanks Mom, Dad, Tucker, and Diane, and to everyone else who helped me along the way.

Secret of life is enjoying the passage of time-James Taylor

Christine Succar

Its been a good 4yrs and its just the beginning. Juniorskipmonth. Just gonna miss the bonfires and sneaking in at 4am.

lucky7s in linehans room. Sneakin up to mrsBs for LC candy missin them classes. ms G!

"Waiting for them better days."
Thanks2myfamily..
Goodbye nhs

Mark Tannous

"Dream no small dreams for they have no power to move the hearts of men."
-Johann Wolfgang von

Nicolette Tenaglia

SADD, friendship club, spirit club, student council, post prom committee, CCD teacher and volunteer
Skiing swim/diving indoor /outdoor track, softball, gymnastics and dance

L.M N.C S.S V.H L.M K.C M.C no order <3 I love you girls
Thank you mom dad Chris and Kerri ilu guys so much!

Nasty mints, the cops, flip flops, my spelling, burger, NH, hairy legs,3 crazy girls, jumping out the window, drifting & so many more thank you everyone!

What is meant to be, will find its way.

Meghan Underhill

"Meg"
Soccer 1-4 Capt. Basketball 1 Indoor/Outdoor Track 1-4 Capt.

MHMKG/KA<3
311,OAR,Chriss,Stephs,Kates,Shermans,Summer09,Junioryear!,newyears09,HalesCapehouse,bonfires,GG,spotme?,cjscartrip,stolenbottle,P4studies,freakface,Stop&ShopGM(kirk),beachtrips/farm,mzsleepovers

MV, Thanks for everything. Love you

Mom, Dad, Brian, Mike. Thanks for it all. I love you.

Jenelle Valencia

National Art Honor Society

Rake ball/-walk-, -fall-,/the green lantern, projectile gum, I'm not saying it as my mother, Peekaboo Pogo, my melon!; Stank, oh lawd, theorem sheet, funniebots; lolque, loave, te amo; Tumbleweed and The Shoes, sweatervests, love-ver; enoof!
<3 thanks family. Love vous.

"Work and play, they're never okay to mix the way we do." –Jimmy Eat World

Robea Victor

"How did it get so late so soon?
It's night before it's afternoon.
December is here before it's June.
My goodness how the time has flown.
How did it get so late so soon?"
-Dr. Seuss

Matthew Wallace

"DONKEY"

Chimpy,BO,CR,SFB,TD,AF,SH,JE,DM,RB,BW,JK,CO,SPB,VC,JF,JB,AD,AN,KC,SG,RH,OK, AB,DP, AL
Bridge, Jumps, Craig's, Screenhouse, The Hole, Dave's, Batman's, Sumac, M-Lot (ADK)
!!FSU!! FADED!
NO BABIES!
"Seek Truth. Observe Nature. Eduacate Yourself" "Freedom is a state of mind"
Mr. O'C, Ms. Barber, Ms. Mullaney, & Ms.Mead. Thanks for everything, It's been real, Stay Down.
Thank you, Craig, Mom, Dad, & Rich.

Jillian Walsh

"Jill"

SADD, Friendship Club, Art Honor, Field Hockey <3 Lacrosse, Track and Hockey

AF KG BW CP JL DM NM CM <333
VS!!!! love my freshmennn l.w b.k l.h

Field Hockeyyy girls love you, lacrosse cult who we be, California, CJJJ"s basketball games, vinnys house, baby divas, 4-9 attacks, sculpture, cow tipping <mullaney3 english with foxxay mama PC<3

I'll be back NHS

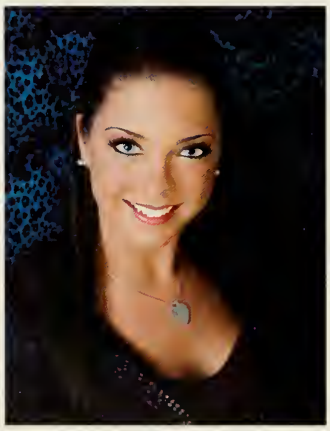
Shannon Walsh

"Shann/Shanny"

National Art Honor Society,Varsity Swimming, Hockey
DEKMK,Bests always<3girls&guys love yous,5/29 cruizinn*mk/tv, Chris's,Steph's,Kate's,Rachel's,New Years 08&09,halloween 08&09,Sherman's,Joe's,bonfires,Doherty,beach,OAR,311,Incubus,bumpin in the lexus w/ DekMk! Walpz-*KS,Panera,FBG$,Semi 09, Mullaney's class,JPS,Mk-"this song..."Noche,Dek-"Your MP!"

Thanks mom,dad&brendan,love you! Peace out NHS, good luck everyone!

Brittany Walter



"Britt"

Kg.Js.Cp.Zp.Jl.Af.Cf.Bq.Nm.Cm.Re.Sc.Vl.Jl.D $.Jw&guys;gg;click5;Seniors; I'madiva;balcony;crystallight;cmgreatfall;cj's;BCw/mygirls;cape'08'09;nmch;dimples;ilikecandy;katies;whoopiecushion;BETH;math;GGCP;nyw/js;abed;hill;ec;larry;greg;testtea;DC;dinkle;justdeleila;laughfits;sweet16;bonfires;flyingwith bambi;panera;dtc;sculpture;"dntwrybhpy"BLAH !;catcasa;yawbus;pc;chicken;Nmall(:NHS its been sweet,I rlly am gonna miss it. Iloveyoujonny<3 IP*

ThanksMama,Dad,Brother;loveyou
Ms.G you're a saint,thnks fr evyrthng.

William Watt

Varsity Lacrosse

J.K., C.O., C.C., M.W., B.O., R.G., J.S., J.B., B.F., A.M., S.G., H.A.
Even though we lost some over the years, we still finished strong. You guys will always be remembered.
Clinton- see, school isn't that bad
Chris- Are you ready to save the world?
Josh- I'm gunna need your "help" in college...no what I mean?

Thank you Mom, Dad, and Kate for everything
P.S. NO BABIES

Katherine Welter

"Katie"

SADD 1-4, Post Prom 1-2, Girls Treasurer 2-4, Nt'l Honor Society 2-4, Spanish Nt'l Honor Society 2-4
Cross Country 1-4 Capt(4), Winter Track 2-4 Capt(4), Varsity Lacrosse 1-4 Capt(4)

ED and the crew love you all <3
"thegang".cape.NH.holer.dwai.dock... laxcult<3whowebe.piff.reindeer.jackinsigns.chasinvins.xc!linzsbsmnt.frshbio.prairievoles.nomads.cantonjunct.gmp.
gbg.bmw's.99s.paris.yellowforbubba.

mom,dad,chris,&jack love you thanks for everything!

Megan White

"Meg"

AW,EM,AC,SS,DO,SW,LM,JZ,KC,JI,EC,AB,BW,RE,CC,CS,CP,LA,CF,EK,KR,KG,ZP,AC,LB,AP,MF,BR,HR,JD,GD,TD,TC,LD,CM,AS,AF,KS,TG,SB
Rip Allison...I love you baby girl
Guarionos Xmas journey to olive garden...gtz =]
Keri...your moms out back!
I love you Abeyy <3
Lau,Em,Sammi...Thnx for being there for me!
KISSES!
MOM AND DAD-THANKS FOR EVERYTHING...I LOVE YOU!
George C- You're the best. Love ya.
Toodles NHS! Good luck class of 2011

These are some good times, So take a good look around,

Conor White Gilroy

"C Dubs"

JBC, chillin with my good friends Jimmy and MJ

Football, and doing whatever whenever

KP,CS,EW,AH,RF,LM, and all those ps's nd od's

"Whatever whatever I'll do what I want!"

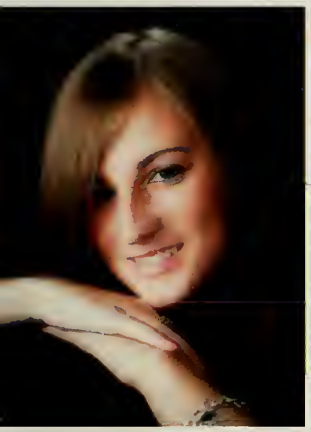
Emily Whitney

"E-Whits"

S.A.D.D 9-12, President 11-12, Post-Prom 11-12, Natn'l Art Honor 10-12, Field Hockey capt. 9-12, Basketball 9-12, Softball 9-12. SigmaPhiDIVA.

Alt.universeAmeal!JCav.Suze.SCal.Kath.YEAS! Mullaney's. JPS..S.W&H.R. Goalies4LIFE. "Is it in park?"SCal. Urmuhnugget jillie<3 "She doesn't even go here!"MO.T! .5clevelandcrew. Prairevoles3%! D2MM!! AMF!!

Thanks Mom, Dad, Lizzy Tish, & Erin!& Everyone! I love you guys!!



Melanie Wigmore

"Obstacles don't have to stop you. If you run into a wall, don't turn around and give up. Figure out how to climb it, go through it, or work around it."
-Michael Jordon

Sarah Wilson

SADD 3, 4 FRIENDSHIP CLUB 3, 4

SWIMMING 2, 3, 4

MS.EL.HD.BG.MC.NF..EG.DA.JC.BS.DG.JF. MF.AC.ES.RS.JL.ML.KG.LD.NA.AND ANYONE ELSE I FORGOT A&F. SWIMTEAM 12-3 THANKS TO KIM AND MRS. CORMIER FOR A GREAT SEASON.THANKS FOR EVERYTHING MOM, DAD AND SHANNON LY GUYS.

"LIFE IS A SERIES OF HELLOS AND GOODBYES"

Eric Wong

"Memory is a way of holding onto the things you love, the things you are, the things you never want to lose."
-The Wonder Years

Amanda Wood

Drama Club, EYC, Outreach, SADD, A Cappella, Chorus

Frank3, HP group, secret life, glee, non rompermi le scatole, Wicked, disney scene it, mario kart, game night, Perks, oomp-dawg, peanut butter & cheese, semi, band camp, concerts, relay for life, D.C., Disney, summer 09.
Family & Friends, I love you guys thanks for all the memories and all the support; it's been a great experience.

"In dreams, we enter a world that's entirely our own."

Eric Wyche

"Dream as if you'll live forever, live as if you'll die today."
-James Dean

Paul Yazbeck

"Paul Yaz"

Student council, SADD, Chess club, that's it.

P.B. K'slim. A.L. J.B. J.F. S.M.O. L.K. D.D. J.G. J.M. A.L. B.W. J.B.S. C.P. G.M. D.M.N.N. and everyone else I got love for

Walnut ave, the roof, Spanish class, Deans office with JB period 6 History class, crystal light, math Class,chicken patty, DBZ, okabye

those who wish to sing will always find a song

You may not know it now, But you're gonna miss this.

John Zabrowski

"All our dreams can come true...if we have the courage to pursue them."
-Walt Disney

Manar Zaki

Friends <3 Thanks for the Memories

Thanks Mom Dad T Sherif and Lainey

"It's been real, it's been fun,
Hasn't been real fun..."

Later NHS

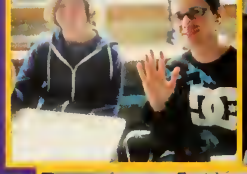
Camera Shy:

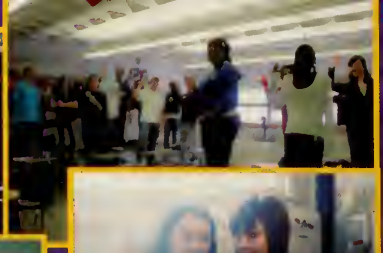
Nelson Antas
Marie Claude Bai
Fady Beshay
Ninoshka Boczenowski
Austin Borrell
Paige Bourque
Michael Brown
James Carr
Thomas Conlin
Kyle Cordero
Tyshid Davis
Laura Delgado
Andrew Dion
Millie Doherty
Serge El-Hosri
Jeremiah Ephraim
Brandon Finn
Lauren Folan
Carlos Garcia
Steven Georgoulopoulos
Elisa Cuevas Gonzalez
Taira Harrison
Gregory Harvey
Robert Hrabowski
Cuong Huynh
Doris Joseph
Argiro Kipouropoulos
Alexander Macdougall
Cynthia Muzaki
Shady Nassif
Cassandra Noe
Nana Kwasi Obeng
Paulo Oliveira
Brianna Palmateer
Christopher Perry
Eric Pham
Meaghan Riley
Silqwan Russell
Emmett Scanlan
Dhari Shalaan
Fahad Shalaan
Willian Skopinski
Anthony Soto
Wilmi Soto
Alexander Steblovski
Amanda Stokes
Yves Urio
Youssef Wahba

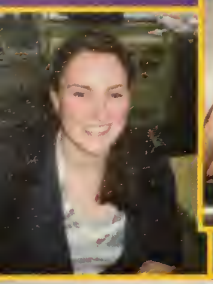
Here's to the nights
we felt alive
Here's to the tears
you knew you'd cry
Here's to goodbye
Tomorrow's gonna come
Too soon...

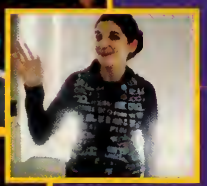
It's something unpredictable, but in the end it's

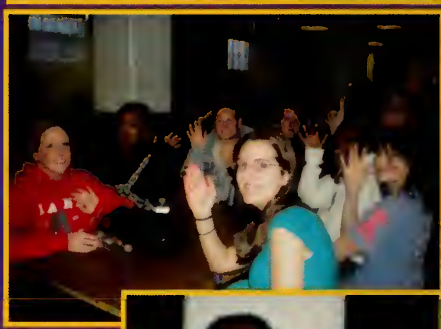
right. I hope you had the time of your life.

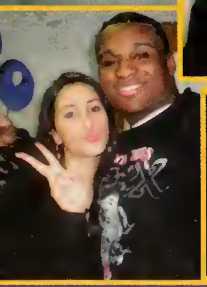


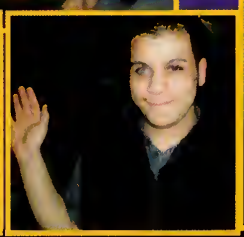




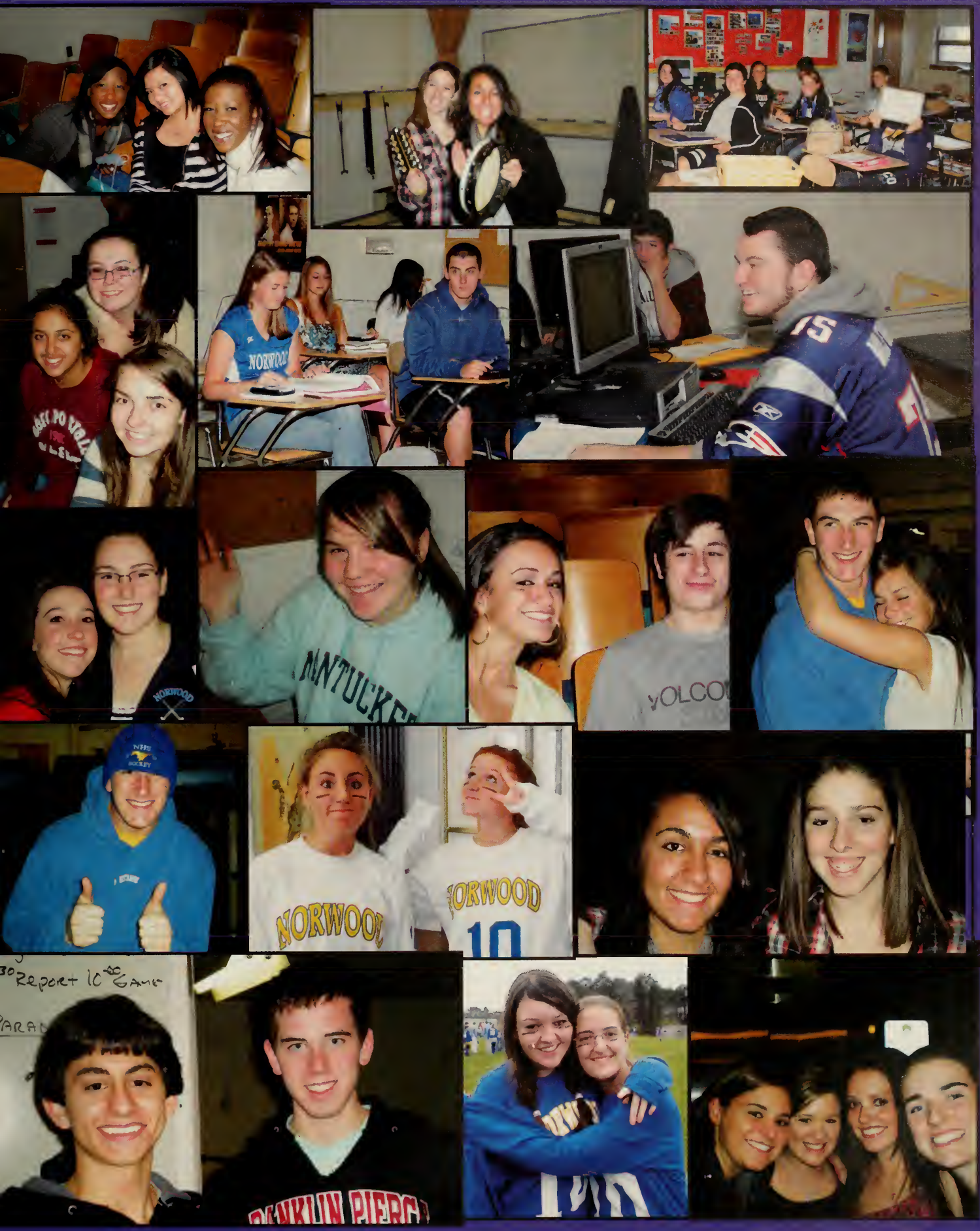








"You would not believe your eyes, if ten million



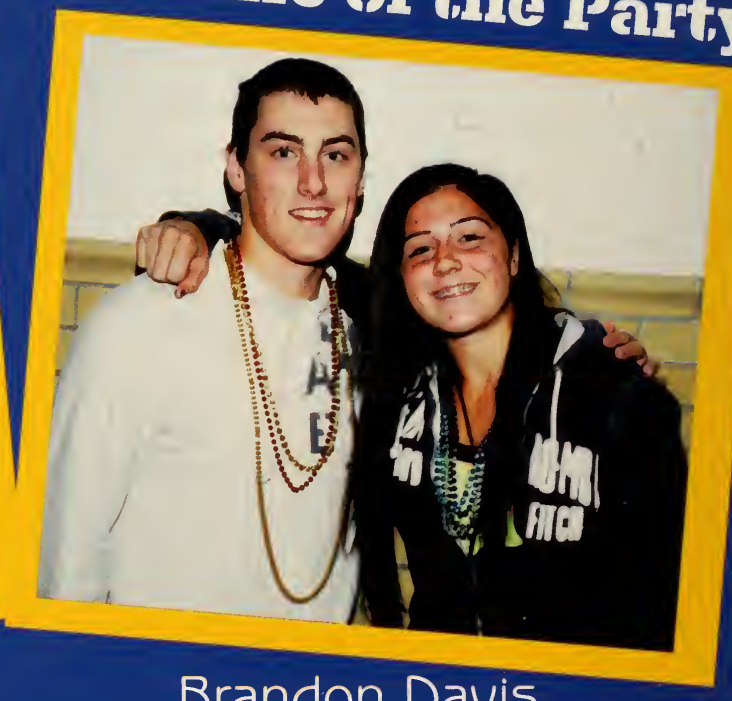
fireflies, Lit up the world as I fell asleep..."

SENIOR

Funniest

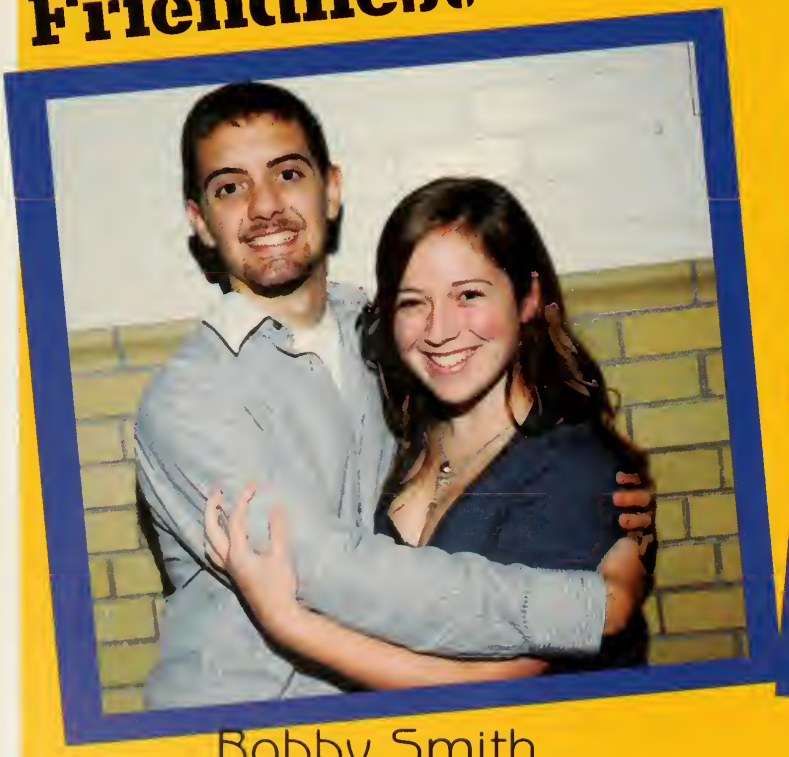
Albert Morteo
Emily Whitney

Life of the Party



Brandon Davis
Meredith Kiy

Friendliest



Bobby Smith
Caty Kelly

Class Couple

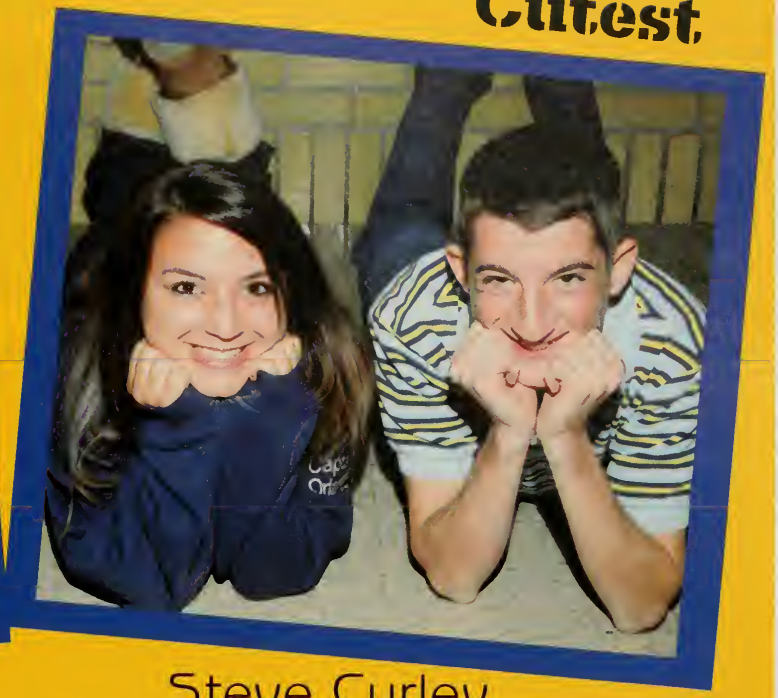
Joe Meehan
Megan Folan

SUPERLATIVES

Ideal Husband and Wife

Greg Harvey
Liz Loyd

Cutest



Steve Curley
Susie Orlando

Would do Anything for a Superlative

Pat Conroy
Taira Harrison

Best Dressed

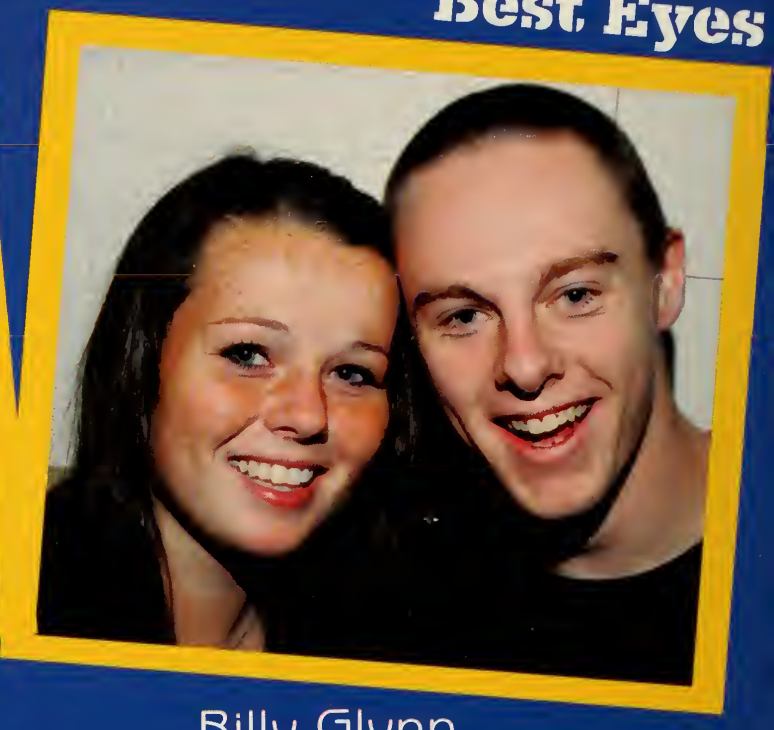
Sean Keady
Shannon Walsh

SENIOR

Best Hair

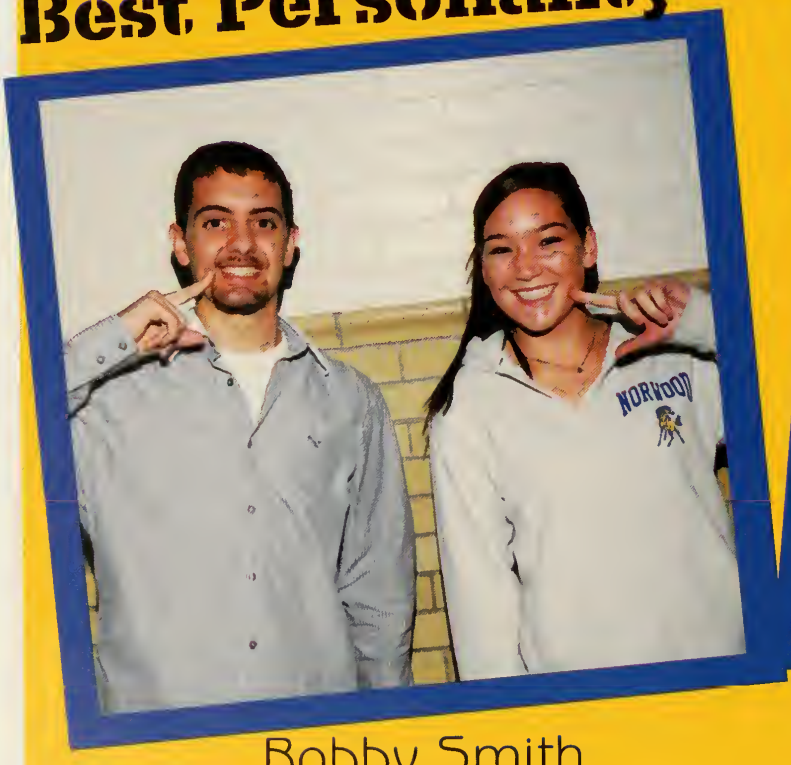
Paul Riley
Joelene Roy

Best Eyes



Billy Glynn
Justine LaVoye

Best Personality



Bobby Smith
Jessica Finney

Best Laugh

Sean Keady
Christine Cossette

SUPERLATIVES

Best Smile

Vincent Serino
Kelly Cronan

Best Friends

Billy Glynn, Chris O'Brien, Brandon Davis
Nicole Flaherty, Heather Flaherty, Connie Serratore

Most School Spirit

Bobby Smith
Amanda Lynch

Most Sarcastic

John Henry
Amelia Kiwanuka

SENIOR

Most Talkative

Albert Morteo
Nicole Marchant

Most Likely to Succeed

Bobby Smith
Catherine Sobchuk

Most Artistic

Eric Wyche
Sarah Rabinovich

Most Musically Talented

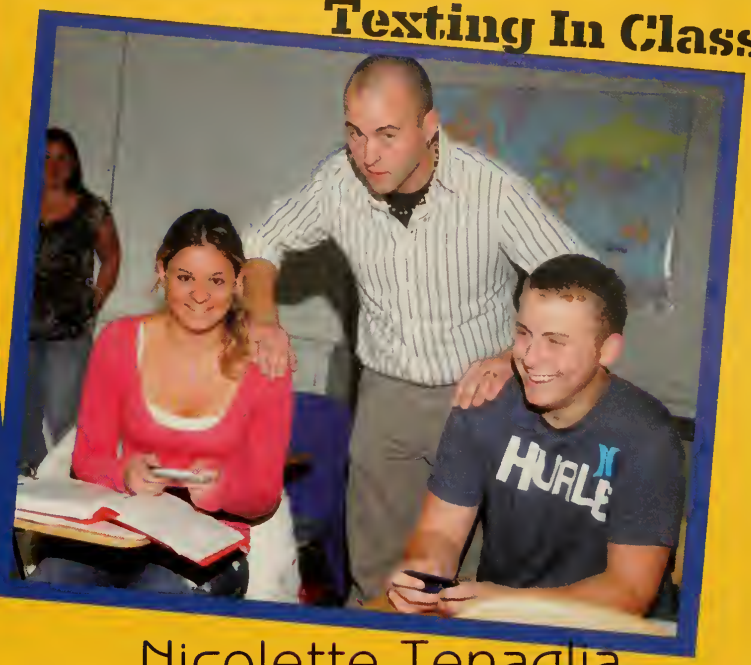
Brandon Finn
Marisa Farulla

SUPERLATIVES

Most Athletic

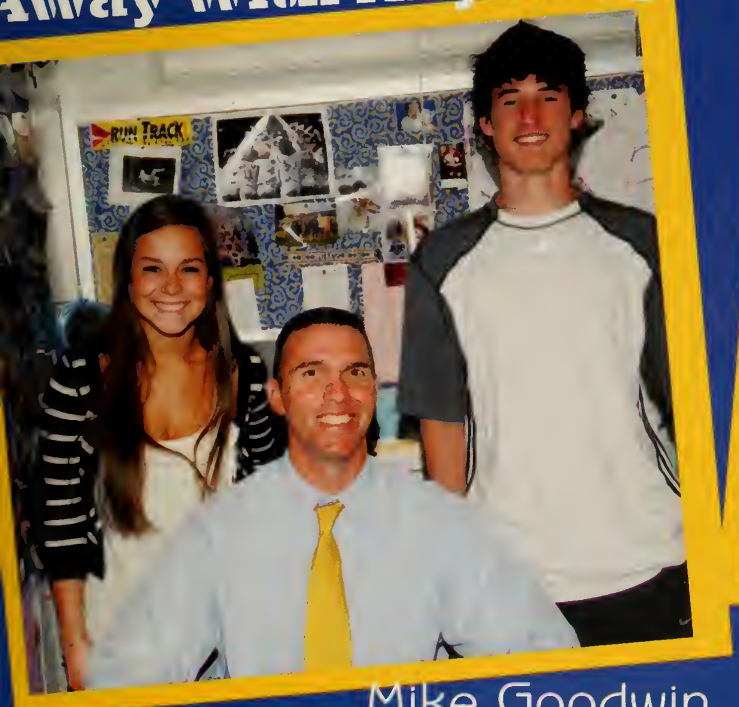
Sean Keady
Meghan Underhill

Most Likely to Get Caught Texting In Class



Nicolette Tenaglia
Justin Schreckenghaust

Most Likely to Get Away With Anything



Mike Goodwin
Jamie Donovan

Most Outgoing

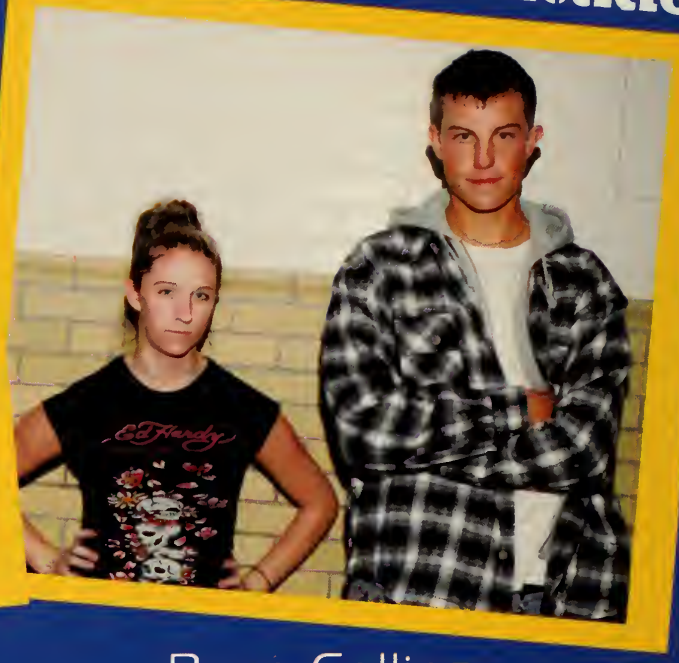
Albert Morteo
Emily Whitney

SENIOR

Biggest Appetite

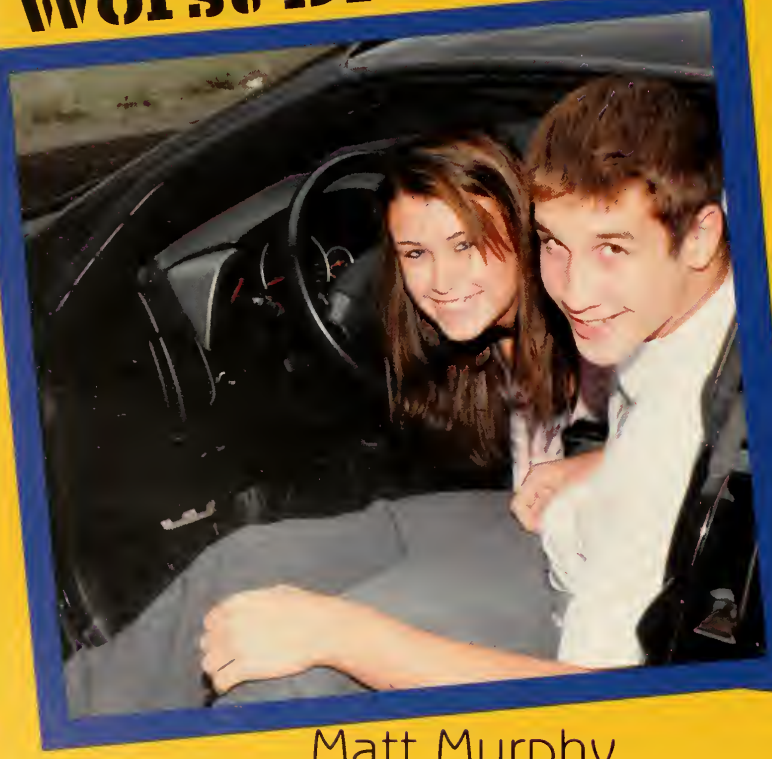
Albert Morteo
Manar Zaki

Biggest Attitude



Ryan Collins
Danielle Nolan

Worst Driver



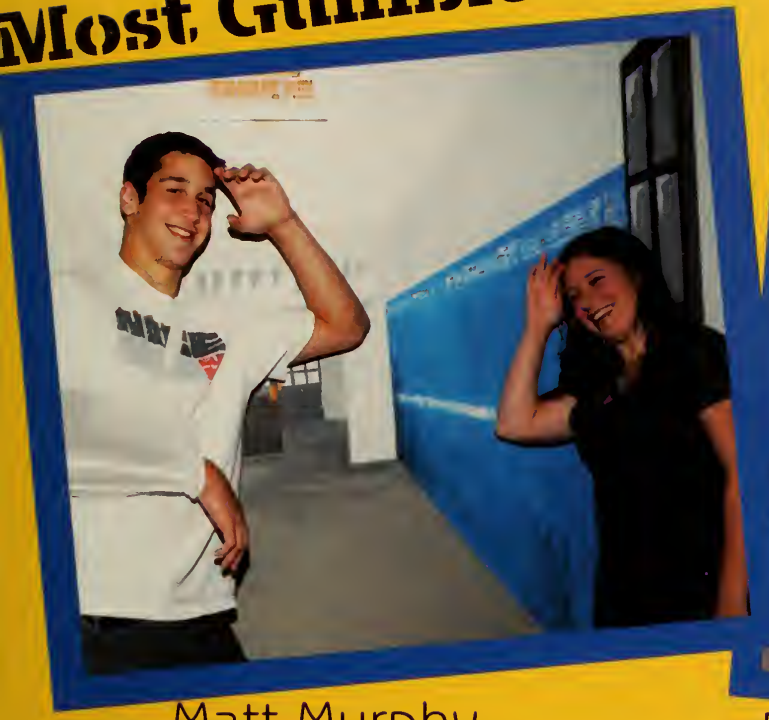
Matt Murphy
Kelly Short

Biggest Crush On a Teacher

Chris O'Brien
Linzy French

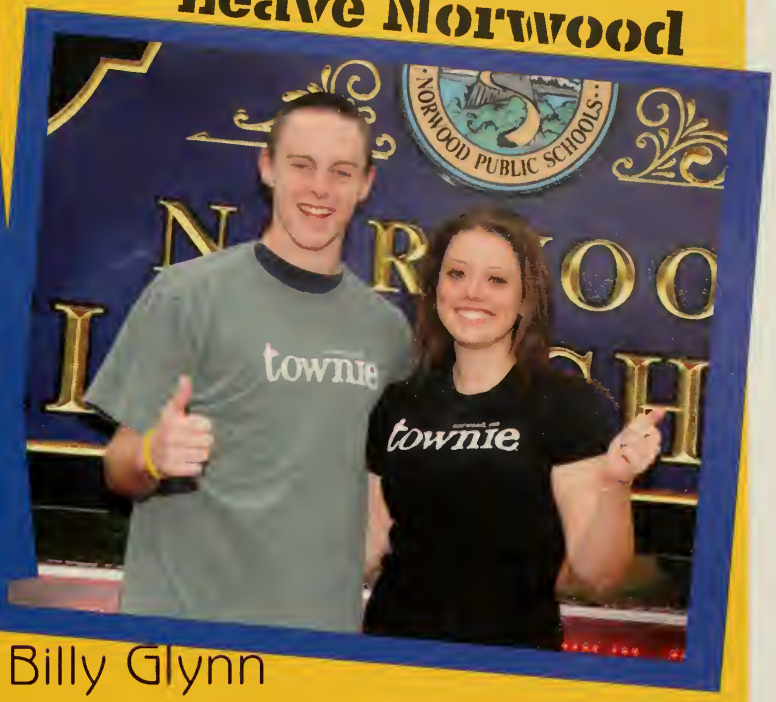
SUPERLATIVES

Most Gullible



Matt Murphy
Caty Kelly

Most Likely to Never Leave Norwood



Billy Glynn
Kelly Cronan

Most Likely to be Famous

Bobby Smith
Julia Silve

Most Likely to Fall Asleep in Class

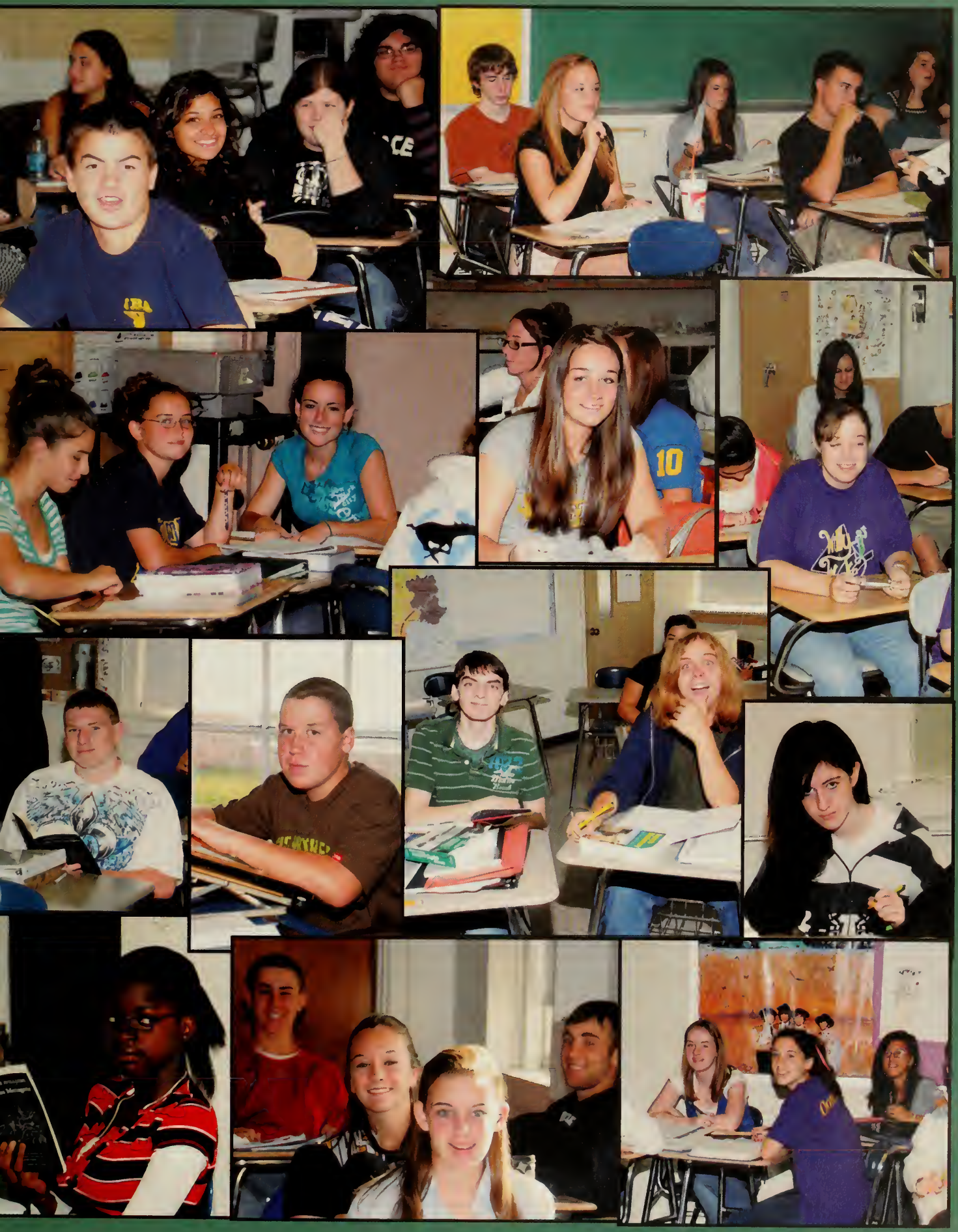
Ashton Lites
Tahirah Gibson

Class of 2011

President	William Rydzewski
Vice President	Christopher McCarthy
Secretary	Suzy Omo
Girls' Treasurer	Lisa Bartucca
Boys' Treasurer	Barry Nicholson
Girls' Athletic Advisor	Sarah Eckhardt
Boys' Athletic Advisor	Daniel Cubelli

Class of 2012

President	Matthew Roy
Vice President	Andrew Alty
Secretary	Bailey Lambert
Girls' Treasurer	Hayley Gundlach
Boys' Treasurer	Connor Mahon
Girls' Athletic Advisor	Lauren Seijido
Boys' Athletic Advisor	Anthony Lopez



Class of 2013

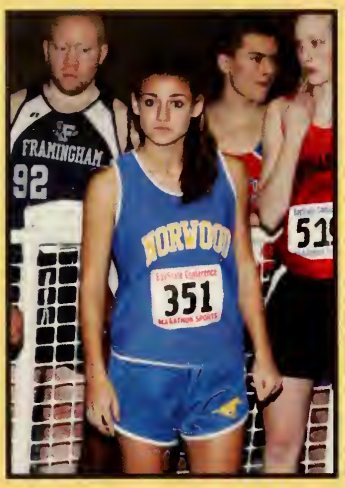
President	Christopher Kelleher
Vice President	Ryan Igoe
Secretary	Brianne King
Girls' Treasurer	Elizabeth Epstein
Boys' Treasurer	Matthew Thibeau
Girls' Athletic Advisor	Christina Frasca
Boys' Athletic Advisor	Jordan Davis

MUSTANG
MUSTANGS

Sports

HAAAAYYYYYYYY GIRL!

This is gunna hurt....



Creepaa in the background!!

Umm, yeah.....

Who gave the monkey a uniform?

Bad hair day.....

What's going on here?

Funnies

Jerm- "Hey! We might actually win a meet today!"
Billy- "Ohhh, you stop that!"

Choo choo...train comin' through!

I'm so good I can run in my sleep!

BALLLLLLLIINNNN'

Pressure point!

Watch me crank dat Soulja Boy

Someone is following me....I know it!

Andrew Alty

Captains: Anthony Colantoni, Robert Kane, Michael Goodwin, Matthew Murphy, and Mark Nardelli

"It's not about how many times you get knocked down. It's about how many times you get back up."

Braintree	W 20-13
Natick	L 14-42
Weymouth	L 14-42
Milton	W 20-14
Needham	L 14-21
Walpole	L 14-32
Wellesley	L 9-28
Framingham	L 6-54
Brookline	W 6-36
Newton North	L 0-18
Dedham	L 26-25

ack row: Colby Davis, Matthew Hennigan, Timothy Hennigan, Vincent Serino, John McGowan, Alex Trelovsky
iddle row: Christopher Pentowski, Ashton Lites, Silqwan Russell, Kevin O'Sullivan, Anthony Foti, Kevin
olan, Eric Pham, Kyle Polin, Fady Beshay, Christopher O'Brien, Sean Keady, Albert Morteo
ront row: Matthew Murphy, Anthony Colantoni, Mark Nardelli, Robert Kane, Michael Goodwin

Football

Kevin O'Sullivan

Sean Keady

With a plethora of injuries and no home field, the football team depended on their morale and dedication to get them through the season. They battled hard every game and had big wins over Braintree, Milton, and Brookline. Seniors Matt Murphy and Sean Keady were named Bay State All-Stars. Kevin O'Sullivan won Most Improved, Chris O'Brien and Bobby Kane were Unsung Heroes, and Sean Keady was named the team MVP.

(From Left): Jessica Finney, Hannah Depoutot, Elizabeth Cawley, Ashley Holmes, and Amanda Lynch

(From Left): Shrinal Patel, Jessica Finney, Hannah Depoutot, and Elizabeth Cawley

(From Left): Abbey Wenstrom, Tamicka Smith, Meredith Kiy, and Julia Wolfson

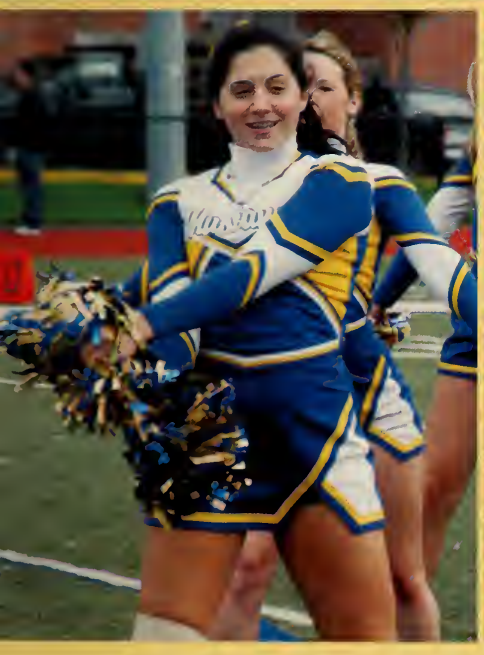
"New Team, Same Dream!"

Senior Captains:

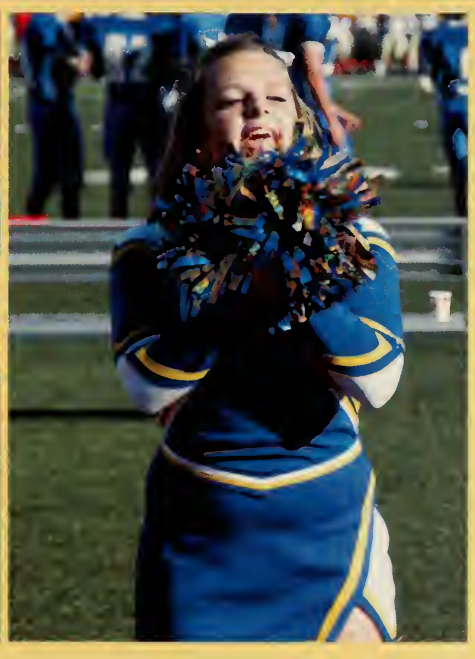
Meredith Kiy, Jessica Finney, Amanda Lynch, and Manar Zaki

Back row: Dilan Gamboa, Tamicka Smith, Ashley Holmes, Pam Gamboa , Hannah Depoutot, Scott McGowan, CoachVerrochi
Middle row: Teshevana Smith, Shrinal Patel, Taylor Bonollo, Elizabeth Cawley, Julia Wolfson, Abbey Wenstrom,
Front row: Meredith Kiy, Jessica Finney, Amanda Lynch, and Manar Zaki

Cheerleading



Meredith Kiy



Elizabeth Cawley

Lisa Verrochi returned this year to coach the NHS Varsity Cheerleading team. While the football team suffered through tough games, the cheerleaders were able to boost morale and keep excitement flowing through the crowd. On October 25, the team participated in an invitational held in Natick. Their hard work throughout the season landed them in fourth place. They also participated in the November 3rd Bay State Championships. The team was unable to qualify for Regionals. Senior Meredith Kiy received the honor of 1st team all-star, and senior Manar Zaki was the recipient of 2nd team all-star.

Gina Mancini

"Go U Stangs, Together!"

Senior Captain: Emily Whitney

"Smoke 'em!!!

-Coach McKay

Seniors Back row: Maeve Finneran, Katherine Millin
Middle row: Heather Flaherty, Connie Serratore, Keri Gallagher, Meghan Harrington, Aditi Dave, Emily Whitney
Front row: Jessica El Bach, Gina Mancini, Jillian Walsh, Christina Pugliano

ck row: Kathleen O'Day, Marykate Galvin, Taylor Donners, Maeve Finneran, Katherine Millin, Jillian Walsh, Christina gliano, Kayla Garczynski
ddle row: Heather Flaherty, Connie Serratore, Jacqueline Walsh, Heather Jones, Keri Gallagher, Jenny O'Donnell, Meghan rrington, Allison Ryan, Aditi Dave, Emily Whitney, Coach Erin McKay
ont row: Jessica El Bach, Gina Mancini, missing from photo Coach Allison Penza

Natick	W 6-2
Newton North	W 2-0
Brookline	W 1-0
Milton	L 6-0
Dedham	W 2-1
Braintree	W 6-0
Wellesley	L 3-1
Nantucket	L 4-0
Walpole	L 7-0
Natick	W 2-0
Bellingham	L 2-1
Milton	L 2-1
Framingham	W 2-1
Dedham	L 3-0
Needham	W 3-1
Wellesley	L 2-1
Nantucket	T 1-1
Walpole	L 5-0

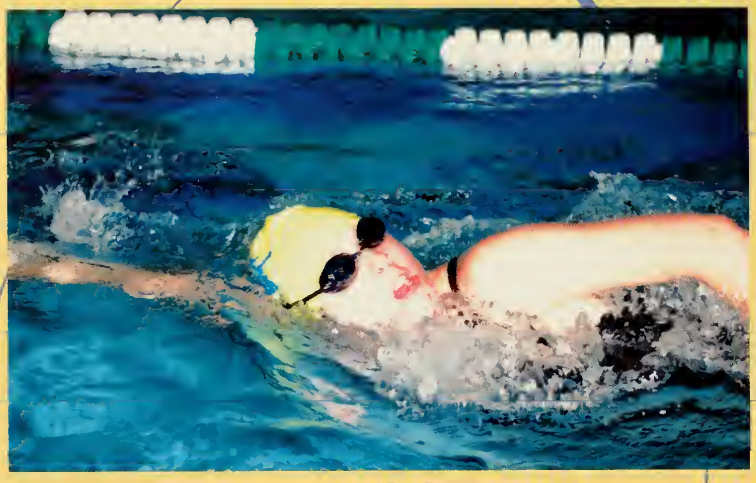
Field Hockey

Meghan Harrington

Jessica El Bach

With twelve returning seniors, the 2009 season seemed promising for the girls' field hockey team. The girls started off with a strong record the first half of the season with three consecutive wins over Natick, Newton North, and Brookline. As the season progressed, hard-fought losses to Walpole, Milton, and Dedham, made the road to the tournament even harder for the team. Determined to make it to the tournament, it came down to the last game of the season. The team fell just short of the tourney, missing it by only one point with a final score of 1-1 in the battle against Nantucket. Senior goalie Emily Whitney, and senior midfielder Jillian Walsh were named Baystate All-Stars. With a final record of 8-9-1, the girls had a great year and wish the team the best of luck for next season.

Emily Metta



Nicole Flaherty

Captains: Natalie Metta, Kayla Ring, Emily Metta

"The heart of a champion beats under a swim suit."

Seniors Back Row: Lauren McDonough, Becky Gillis, Sarah Wilson, Nicolette Tenaglia, Shannon Walsh, Megan Curran, Nicole Flaherty
Front Row: Natalie Metta, Kayla Ring, Emily Metta

ack row: MaryPat Norton, Patricia Lee, Megan Clifford, Lauren McDonough, Shannon
Vilson, Bailey Lambert, Alex Metta, Megan Curran, Haley Heckmann
liddle row: Nicole Flaherty, Becky Gillis, Sarah Wilson, Shannon Walsh, Andria Connell,
icolette Tenaglia, Katherine Lee, Molly Shilo, Evelyn Metta, Anna Baturin
ront row: Natalie Metta, Kayla Ring, Emily Metta

Westwood	W 94-80
Dedham	W 98-82
Newton North	W 94-92
Sandwich	W 98-86
Natick	W 94-91
Wellesley	W 102-84
Mount Alvernia	W 93-82
Needham	L 92-94
Brookline	W 99-85
Marshfield	W 96-82
Weymouth	W 90-78
Braintree	W 103-80
Framingham	L 91-94
Walpole	L 89-97
Westwood	W 94-91

Swimming

MaryPat Norton

Patricia Lee

This year the girls' swim team was the best it has been in years. The team's goal was to have two more wins than they did the previous year. The girls beat their goal with an outstanding 12 and 3 record. This year brought many new and terrific freshman swimmers who joined the already strong sophomores, juniors, and seniors. Many of the girls this season achieved personal best times as well as school records. Senior Nicolette Tenaglia and sophomore MaryPat Norton beat Norwood's previous diving record. Freshman Molly Shilo broke the 500-yard freestyle record by four seconds. Next year the team will be losing 10 seniors, but Coach Goodwin and Coach Cormier are confident that the team will continue its marvelous journey into Norwood's swimming history.

Seniors

Joe Meehan and Tommy Bartucca

"The vision of a champion is someone who is bent over, drenched in sweat, and at the point of exhaustion, when no one else is watching."
-Anson Dorrance-

Captains: Joe Meehan, Vincent Fruci, Gerard Bernazzani, and Coach Brian Meringer.

Back Row: Thomas Bartucca, Emeel Wahba, Fernando Morales, Ryan Plasko, Alessandro Cubelli, Alexandre Higgins, Daniel Cubelli, Tyler Goncalves, Youssef Wahba, Robert Schallmo, Coach Brian Meringer.
Front Row: Nicholas Nolfi, Jason Fogarty, Paul Barry, Christopher Perry, Gerard Bernazzani, Vincent Fruci, Joseph Meehan, Alessandro Lembo, George Mouwad, Peter Boulus.

Newton North	L 0-1
Brookline	L 0-6
Milton	W 2-1
Dedham	L 0-3
Braintree	T 1-1
Wellesley	L 0-4
Nantucket	L 1-5
Walpole	T 1-1
Natick	L 1-4
Weymouth	L 5-0
Milton	W 1-0
Framingham	L 3-0
Dedham	L 3-4
Needham	L 1-6
Wellesley	L 2-0
Nantucket	W 2-1
Natick	L 4-1
Walpole	L 1-0
Pembroke	L 1-0

Boys Soccer

Fernando Morales and Ryan Plasko

Joe Meehan

The Boys' Soccer team had one of the most successful seasons in team history. A strong group of seniors, including Joe Meehan, Vincent Fruci. Gerard Bernazzani, Peter Boulos, and George Mouawad, led the team to its first ever tournament appearance. They were given considerable help from underclassmen Daniel Cubelli, Tyler Goncalves, and Tommy Bartucca. Congratulations for a well-played season!

Together on three... one... two... three... TOGETHER!!!

Katie Johnson

Captains: Brianna Quintiliani, Meghan Underhill, Megan Folan, and Susie Orlando

"I am a member of a team, and I rely on the team. I defer to it and sacrifice for it, because the team, not the individual, is the ultimate champion."

Seniors: Stephanie Callahan, Amelia Kiwanuka, Brianna Quintiliani, Meghan Underhill, Meghan Folan, Susan Orlando, Hale Ryan, Justine LaVoye

ack row: Victoria Driscoll, Jillian Cavanaugh, Danielle Ringler, Harriet Kiwanuka, ebecca Ramirez, Coach Dupuis
ddle row: Lauren Higgins, Noura Mezian, Cory Ryan, Stephanie Fogg, Colleen over, Katie Johnson, Casey Ducharme, Sarah Eckhardt
ont row: Stephanie Callahan, Amelia Kiwanuka, Brianna Quintiliani, Meghan nderhill, Meghan Folan, Susan Orlando, Haley Ryan, Justine LaVoye

Newton North	W 3-1
Brookline	W 4-3
Milton	W 5-1
Dedham	L 0-2
Braintree	W 3-1
Wellesley	T 0-0
Nantucket	W 6-1
Walpole	W 3-2
Natick	L 5-2
Milton	T 0-0
Dedham	L 5-1
Weymouth	L 4-2
Needham	L 4-2
Wellesley	L 2-1
Framingham	L 4-2
Walpole	L 2-1
Natick	T 2-2
Nantucket	W 5-2

Girls Soccer

Brianna Quintiliani

Susan Orlando

The girls' 2009 season started off strong, led by captains Megan Folan, Susan Orlando, Brianna Quintiliani, and Meghan Underhill. With an experienced team made up of twelve returning players, it looked to be a promising season. They found themselves with a great 6-1-1 record to start out. They battled hard, facing tough and challenging teams throughout the season. The team played with heart and never gave up. Unfortunately, the team fell one point shy of making the tournament, despite their strong efforts. Senior Susan Orlando and Junior Cory Ryan were both named first team Baystate All-stars.

Captains: Nikki Cignarella, Linzy French, Stephanie Perry

Carly Blaze

Nikki Cignarella

Linzy French

"Winning isn't everything, but wanting it is."

Back row: Carly Juckett, Jenna McDonald, Tahirah Gibson, Migena Dulaj, Lauren Duggan, Kelly Cronan
Front row: Alejandra Garcia-Pletsch, Nikki Cignarella, Linzy French, Stephanie Perry, Christine Wigandt

Natick	L 3-0
Newton North	L 3-0
Milton	W 3-0
Brookline	L 3-1
Arlington	W 3-2
Dedham	W 3-0
Braintree	L 3-0
Wellesley	L 3-0
Walpole	L 3-0
Natick	L 3-0
Weymouth	L 3-2
Milton	W 3-2
Framingham	L 3-1
Dedham	W 3-0
Needham	W 3-1
Arlington	W 3-0
Wellesley	L 3-2

Girls Volleyball

Seniors: Nikki Cignarella, Linzy French, Tahirah Gibson, Migena Dulaj, Stephanie Perry, Kelly Cronan

For the first time, the Girls' Varsity Volleyball team swept the season series with Dedham and Milton. They also beat a Carey team, came back from a 2-1 deficit, and won three games in a row. They took sets from upper echelon teams Brookline and Wellesley. Carly Blaze averaged more than 10 assists and Stephanie Perry averaged more than 10 kills. The players changed their losing reputation, but just missed qualifying for the tournament.

Catherine Kelly

Jayne Galvin, Ali Maloof, Jen Sobol, Catherine Kelly

Billy Glynn, Ty-Lucas Kelley, Brian Rossman, Billy Rydzewski, Josh Dyckes

"The team had a successful season despite their record. They were led by a strong group of seniors who worked hard throughout the summer and season."
-Coach Jim Forrest

Seniors: Bobby Smith, Jayne Galvin (capt.), Billy Glynn (capt.), Catherine Kelly, Rob Sheehan (capt.), Annuli Okoye, Steve Curley (capt.) Katie Welter, Jeremiah Ephriam

Back row: Coach Jim Forrest, Anthony Gaita, Michael Murray, Brian Rossman, Bobby Smith, Rob Sheehan, Billy Glynn, Steve Curley, Jeremiah Ephraim, Billy Rydzewski, Chris McCarthy, Peter Fiske, Jim O'Connor, Jimmy Flynn, Ryan Fahey.
Front row: Tom Burke, Mike Breen, Caitlin Stahl, Kelsey Colbert, Annuli Okoye, Jayne Galvin, Caty Kelly, Ali Maloof, Jen Sobol, Sarah Munro, Josh Dyckes, Brian Neves, Ty-Lucas Kelley.

Boys' Varsity	
Framingham	L 31-26
Milton	L 31-26
Natick	L 28-26
Needham	L 40-20
Wellesley	L 35-20
Brookline	L 49-15
Walpole	L 38-19
Newton North	L 43-16
Braintree	W 21-40
Weymouth	L 41-16
Dedham	W 15-50
Girls' Varsity	
Framingham	L 47-16
Milton	L 50-15
Natick	L 43-15
Needham	L 50-15
Wellesley	L 50-15
Brookline	L 50-15
Walpole	L 47-16
Newton North	L 50-15
Braintree	W 25-33
Weymouth	L 50-15
Dedham	W 20-38

Cross Country

Chris McCarthy, Josh Dyckes, Anthony Gaita

Jim O'Connor and Rob Sheehan

Both the Boys' and Girls' Cross Country teams had another solid season in the tough Bay State Conference. The team was led by senior captains Steve Curley, Billy Glynn, Rob Sheehan, and Jayne Galvin. Billy Rydzewski, Richie Farah, Jim O'Connor, Jeremiah Ephriam, Pete Fiske, Caty Kelly, and Kelsey Colbert also stepped up for the varsity squad. Norwood hosted the Bay State Conference Meet this season. The captains and team would like to thank Coaches Forrest and Zini for another great year.

Seniors: James McGuire, Patrick Conroy, Christopher Ryan, Ryan Collins, Brendan Buckley

Ryan Collins

"A bunch of STUDS!"

- Coach Slava Hertez

Captains: James McGuire, Ryan Collins, Brendan Buckley

Back row: Coach Slava Heretz, James McGuire, Patrick Conroy, Christopher Ryan, Ryan Collins, Brendan Buckley
Front row: Matthew Brown, Adam Kewriga, Peter Kelly, Mark Maggio, Jake Ranalli

Natick	L 46-62
Newton North	W 55-54
Milton	W 68-41
Brookline	L 49-60
Dedham	L 44-65
Braintree	W 66-42
Wellesley	L 53-65
Walpole	L 38-70
Natick	W 55-54
Weymouth	W 71-38
Milton	W 65-44
Dedham	W 70-38
Needham	L 65-43
Wellesley	L 68-40
Walpole	W 56-52
Framingham	W 55-23

Golf

Christopher Ryan

Peter Kelly

This year the golf team was at its best, improving significantly over past seasons. After losing only two seniors, the season looked promising with the remaining veterans and new comers. This year's goal was to beat the strong teams from last year. The team started off the season with a tough loss to Natick. Beating Newton North by 1 point was enough motivation to continue the season on a good note. Because of so many new players, there was a big competition for the 8th spot on varsity. Peter Kelly, Matthew Brown, and Jake Ranalli were some of the players that shared the spot throughout the season. Since Coach Heretz started 2 years ago, the team has really improved. Two of the five seniors this year, Ryan Collins, who was a Bay State All Star, and Brendan Buckley, who made it to the Division II state finals, helped bring the team to the state tournament. Overall, the season was terrific with a final record of 9-7. The team has big hopes to win tournament next year.

Captain: Michael Goodwin

"One man can be a crucial ingredient on a team, but one man cannot make a team."

-- Kareem Abdul-Jabbar

Seniors: Matthew Murphy, Gerard Bernazzani, Ryan Collins, Silqwan Russell, Sean Porter, James McGuire, Michael Goodwin, Anthony Foti

Top Row: Matthew Murphy, Ryan Collins, Sean O'Neill, Michael Goodwin, Silqwan Russell, Anthony Foti, James McGuire. Bottom Row: Thomas Munro, Juan Fernandez, Sean Porter, Steven Martinez, Gerard Bernazanni, Vladimir, Owen Gearty.

Natick	L 47 - 50
Newton North	L 34 - 62
Milton	L 58 - 65
Brookline	L 37 - 54
Newton North	L 34 - 62
Rockland Christmas Tourney (Rockland)	L 35 - 50
Rockland Christmas Tourney (Plymouth South)	W 56 - 46
Bishop Feehan	L 25 - 62
Dedham	L 40 - 59
Braintree	L 56 - 67
Wellesley	L 42 - 54
Walpole	L 58 - 65
Natick	L 54 - 56
Weymouth	L 48 - 63
Milton	L 49 - 60
Framingham	W 54 - 48
Dedham	W 58 - 45
Needham	L 35 - 45
Wellesley	L 25 - 51
Walpole	W 60 - 51
Bishop Feehan	L 68-87

Boys Basketball

Although the team's record was not what they had hoped for at 4-16, the season still had many highlights. The team's determination and work ethic allowed them to finish 3-3 down the stretch. The two best moments were beating Dedham by 13 at home and Walpole by 9 on senior night. Best of luck to the seniors!

Tahirah Gibson

"Champions aren't made in gyms. Champions are made from something found deep inside them — a desire, a dream, a vision."

SENIOR CAPTAINS

Tahirah Gibson and Emily Dixon

Back Row: Head Coach Brian Meringer, Kathryn Johnson, Emily Whitney, Tahirah Gibson, Emily Dixon, Sarah Eckhardt, Justine Ryan, Carly Juckett, Coach Morast, Coach Clifford
Front Row: Suzy Omo, Stephanie Perry, Casey Ducharme, Natalie Metta, Gina Mancini

Natick	W 37-28
Newton North	L 25-55
Milton	W 44-36
Brookline	L 56-67
Dedham	W 46-42
Braintree	W 61-59
Wellesley	L 49-51
Walpole	W 51-34
Natick	L 48-53
Weymouth	W 54-40
Milton	W 51-25
Framingham	W 64-43
Dedham	W 43-31
Needham	L 32-49
Wellesley	L 46-52
Walpole	L 47-59

Girls Basketball

Stephanie Perry

Emily Whitney

This year's team had an extremely successful season, making it to tournament for the first time in 5 years. Despite the coaching change early in the season, the team responded well with supreme focus for the opportunity to finally be on the road to tournament. This proved to be true with big wins over Braintree and Walpole. The girls also won the Riley Winter Classic for the first time in 11 years. The team improved a great deal from last year's record, finishing 9-7 for the regular season. With final wins over Canton and Westwood, and a devastating, but hard-fought loss to Scituate in their first tournament game, the team finished 11-8. Tahirah Gibson and Emily Dixon were named Bay State League All-stars and Stephanie Perry was named Honorable Mention.

BEST OF LUCK TO THE SENIORS!

SENIORS

Back Row: Catherine Sobchuck, Maeve Finneran, Jillian Walsh, Anulli Okoye
Front Row: Jessica Boayke, Meghan Underhill, Katherine Welter, and Catherine Kelly

Catherine Sobchuck

Meghan Underhill

Meghan Underhill handing off to Lauren Higgins

Cory Ryan

"Champions do not become champions when they win the event, but in the hours, weeks, months and years they spend preparing for it. The victorious performance itself is merely the demonstration of their championship character."

Senior Captains:
Jessica Boakye, Meghan Underhill, Katherine Welter, and Catherine Kelly

Dedham	W 70-15
Milton	L 31-55
Natick	L 35 - 53
Wellesley	L 35-51
Walpole	T 43 - 43

Back Row: Brianne King, Andria Connell, Brittany Ring, Danielle Ringler, Deidre Jocus, Kaitlin Ryan, Ashley Holmes, Elizabeth Gonzalez, Chelsey Underwood, Rachel Olivier, Jezabel Concepcion, Aforma Okoye, Heather Jones, Sarah Munro, Anna Shirosky, Alayna Fogg, Jennifer Price, Courtney Fernandes, Jacqueline Sobchuck, Rebecca Dykes, Jennifer Sobol, Lynda Pham
Middle Row: Ariana Carito, Gabrielle Wright, Brittany Sullivan, Brianna Saad, Cory Ryan, Lauren Duggan, Faye Jones, Kathleen O'Day, Lauren Higgins, Megan Higgins
Front Row: Catherine Sobchuck, Maeve Finneran, Jessica Boakye, Meghan Underhill, Katherine Welter, Catherine Kelly, Jillian Walsh, Annuli Okoye

Girls Indoor Track

Jillian Walsh

Jessica Boakye

The Girls' Indoor Track team finished the season with a 2-3-1 record, with big wins over Dedham and Brookline, and a tie against Walpole. Junior Cory Ryan won the All-State Champion title, and placed 3rd in New England. Senior Meghan Underhill placed 3rd in the Division II meet, and 7th place at All-States. Lauren Duggan finished 2nd in the league and 4th in the division. Meghan Underhill and Cory Ryan were named Co-MVPs, and Annuli Okoye was named Unsung Hero.

Seniors: Eric Pham, Robert Sheehan, Evan Sinclair, Brandon Davis and John McGowan

Billy Rydzewski

"To give anything less than your best is to sacrifice the gift."

Senior Captains Robert Sheehan, Evan Sinclair, John McGowan, Coach Forrest. Missing from photo Stephen Curley

Dedham	W 68-9
Milton	L 28-57
Natick	L 37-49
Wellesley	W 53-32
Walpole	L 51-35

ck Row: Johnathan Canniff, Richard Farah, Joshua Dyckes, Bill Pena, Jordan Clements, Adam Giusti, Douglas Jensen, David Shilo,
le Postler, Fernando Morales, Daniel DiTomasso, Ty-Lucas Kelley, Thomas Burke, Coach Forrest
ddle Row: Reynaldo Fadrigalan, Kenneth Michael, Ryan Begley, Colin Gearty, Paul Panetta, Danupol Kunanupatham, Thomas Mulligan
st Row: Eric Pham, Robert Sheehan, Evan Sinclair, John McGowan, Brandon Davis, Moses Jeannis

Boys Indoor Track

Thomas Burke

Eric Pham

The boys' track team went 2-4 this year, improving on their record from last season by one win. The team, led by senior captains Robert Sheehan, Evan Sinclair, John McGowan, and Stephen Curley beat Wellesley for the first time in many years, and had many standout athletes. Dan Cubelli qualified for the division meet, John Canniff placed 9th in Division II, and Robert Sheehan placed 11th. The boys were led by strong senior leadership, and overall had a great year. Robert Sheehan was named the MVP, John Canniff was named Unsung Hero, and Billy Rydzewski was named most improved. Next year's team is sure to be successful and will be led by Dan Cubelli and Billy Rydzewski.

Dylan Gamboa

Manar Zaki

Meredith Kiy

"It's not about winning or losing a competition, it's about beating the doubt from within yourself and knowing at the end of each day, you are one step closer to your goals."

Seniors

Haley Ryan, Manar Zaki, and Meredith Kiy

Brookline	W 118-110
Newton	L 115-130
Walpole	L 115-118
Braintree	L 116-126
Natick	W 125-124
Weymouth	L 116 - 120
Needham	W 116-104
Wellesley	L 119-134
Framingham	L 118-132

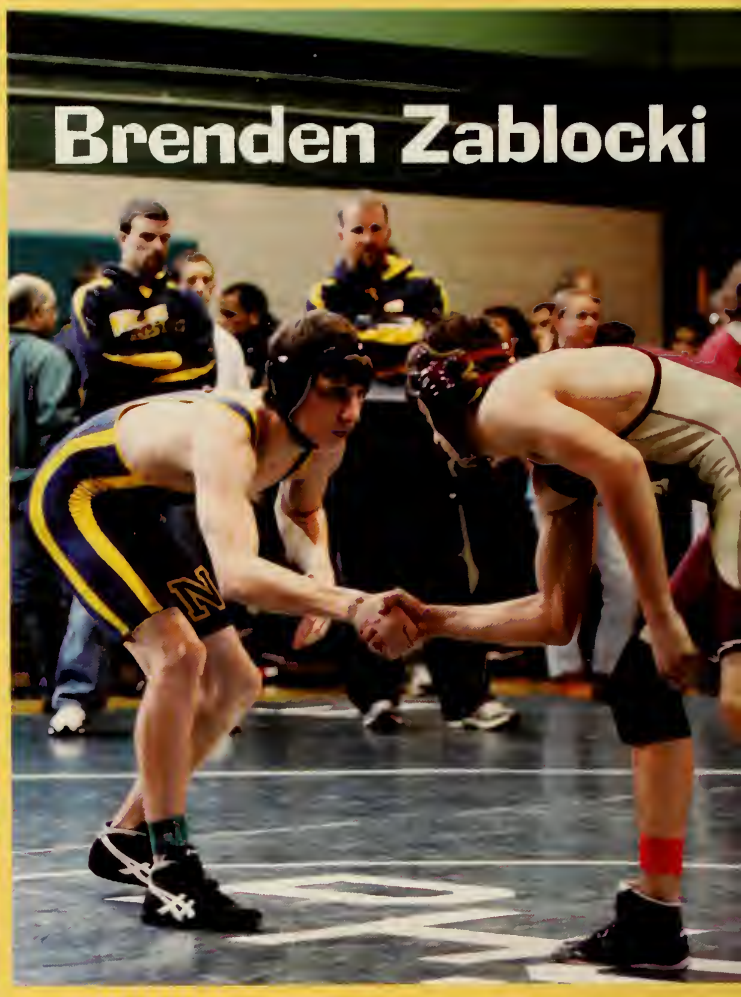
Back Row: Dylan Gamboa, Lindsay Newcomb, Taylor Bonollo, Kellianne Symes, Kesleigh Eysie, Scott McGowan
Middle Row: Victoria Driscoll, Kellie McClure, Abbey Wenstrom, Pamela Gamboa
Front Row: Haley Ryan, Manar Zaki, Meredith Kiy

Gymnastics

Abbey Wenstrom

Victoria Driscoll

This year's team had a successful season under the leadership of captains Manar Zaki and Haley Ryan. They also welcomed new assistant coach, Christine Partello. The team competed as a co-ed team for the first time. They finished with a record breaking score of 124.8, and a team average of 117 points. At the Bay State League meet, Manar Zaki, Kellie McClure, Kellianne Symes, and Scott McGowan were honored. Kellie McClure was named MVP, Pamela Gamboa was named Most Improved, and Haley Ryan received the Coach's Award. The Seniors wish next year's team the best of luck.



"It's not how good you are, it's how bad you want it."

Captains: Fady Beshay, Matthew Hennigan, Vincent Serino
Missing from picture: Timothy Henningan

ck Row: Assistant Coach Bill McDermott, Brenden Zablocki, Aquie Moxam, Vincent Serino, Fady Beshay, Quincy Wilson, ach Jim Asam

ont Row: Brenden Davis, Robert Boucher, Aleksander Kaganowicz, Christopher Hutchens, Matthew Hennigan

ssing from photo: Javier Cardona, Michael Coughlin, Colby Davis, Paul DeRosa, Brandon Durant, Richard Gallagher, Timothy nnigan, Jesse MacDonald, Scott MacDonald, Shady Nassif, Nicholas Nolfi, Anthony Pitaro, Adam Sicklick, Andrew Siletti

Natick	L 9-52
Holliston	W 42-33
Mansfield	L 18-56
Walpole	L12-62
Brockton	L 30-44
Brookline	W 36-33
Marlborough	W 51-24
Arlington	L 24-61
Wellesley	L 40-42
Stoughton	W 54-27
Watertown	W 14-0
Braintree	L 37-39
Hingham	W 54-27
Oliver Ames	W 41-39
Sandwich	W 42-32
Framingham	L 24-53
Weymouth	L 10-66
Needham	T 24-24
Chicopee	W 42-33
Wakefield	L 24-51
Greenfield	W 48-21
Dedham	L 31-40
Catholic Memorial	L 31-45
Quincy	W 65-12
Belmont	W 51-22

Wrestling

Robert Boucher

Aquie Moxam

This year's team was looking forward to a good season with many seniors in the line-up. However, due to senior captain Vincent Serino's injury and other key wrestlers missing from the line-up, Norwood High School wrestlers lost points in every match. Despite these losses, the less experienced wrestlers on the line-up began racking up victories toward the end of the season. Although there were many highlights to this season, the most notable were at the MIAA Divison II Metro Sectionals with many of the Norwood High wrestlers, Christopher Hutchens, Timothy Hennigan, and Fady Beshay placing. Junior Aquie Moxam left the sectionals as sectional champion and he became Norwood High's first sectional heavy weight champion since 1984.

Christina Frasca

Captains: Taylor Donners, Ali Maloof, Kate Allan, Lisa Coskren

"I skate to where the puck is going to be, not to where it has been."

Back Row (L to R): Lisa Coskren, Taylor Donners, Ali Maloof, Kate Allan, Victoria Giszczynski, Hayley O'Rourke, Mary Pat Norton
Front Row (L to R): Heather Folan, Karyn Colomey, Jackie Walsh, Jenny O'Donnell, Christina Frasca, Allison Ryan, Kaitlin McCarthy, Katie O'Brien, Jenny Rossman

Natick	W 4-0
Newton North	W 5-3
Milton	W 1-0
Brookline	W 8-0
Weymouth	W 4-1
Dedham	W 3-2
Braintree	L 3-1
Wellesley	L 2-1
Walpole	T 2-2
Dover-Sherborn	W 4-2
Natick	W 9-4
Weymouth	W 5-2
Milton	L 1-0
Framingham	L 2-1
King Philip	W 9-1
Dedham	T 0-0
Needham	W 2-0
Wellesley	W 4-1
Dover-Sherborn	W 8-0
Walpole	L 1-2

Girls Hockey

The team had a strong season this year ending 13-5-2. They were led by senior captain Kate Allan, and junior captains Ali Maloof, Taylor Donners, and Lisa Coskren. Freshman goalie Christina Frasca stepped up during the season and started every game in net for the Mustangs. The team lost a tough game to Winchester, 6-5, in the first round of the tournament. Overall, it was one of the best seasons the girls have had in recent years.

Tyler Gover

Chris O'Brien

Albert Morteo

"Continuous effort, not strength or intelligence, is the key to unlocking your potential."

Senior Captains: Brian Girard, Sean Keady, Chris O'Brien

Bottom row: Brian Rossman, Brian Girard, Adam Kewriga, Patrick Clifford, Jordan Davis, Ryan Gray, Andrew Alty, Sean Keady, Christopher O'Brien
Middle Row: Coach Ryan Doneghy, Michael Murray, Peter Kelly, Connor Mahon, Daniel Wiseman, Jake Ranalli, Mark Maggio, Anthony Gaita, Tyler Gover, Michael DeCosta, Kyle Dolan, Coaches William Clifford and Robert Folan
Top Row: Peter Fiske, Ryan Folan, Matthew Brown, Christopher Ryan, William Glynn, Albert Morteo, Brendan Cathcart, Austin Glaser.

Natick	L 4-1
Hingham	L 5-0
Newton North	W 3-2
Milton	W 4-2
Brookline	W 4-0
Burriville (RI)	T 3-3
Archbishop Williams	L 5-2
Duxbury	W 3-2
Dedham	W 4-0
Braintree	L 2-0
Wellesley	T 2-2
Walpole	W 6-3
Natick	W 4-0
Weymouth	L 7-3
Milton	W 2-1
Framingham	L 5-2
Dedham	W 3-1
Needham	L 7-3
Walpole	L 2-1
Wellesley	L 5-2
Weymouth	L 4-2

Boys Hockey

Sean Keady

Billy Glynn

The boys' hockey team had a 9-9-2 season and made the tournament for the second straight year. Senior captains Brian Girard, Sean Keady and Chris O'Brien led the team through a difficult season following a serious injury to sophomore Matt Brown. Sean Keady and Brian Girard were named team MVPs, junior Adam Kewriga was named Unsung Hero, and senior Billy Glynn was named most improved player.

S.A.D.D.

SADD has become a peer leadership organization dedicated to preventing destructive decisions, particularly underage drinking, other drug use, impaired driving, and violence. The Norwood High School SADD chapter provides students with effective prevention and intervention tools to deal with these issues. Their motto is "Just Don't Do It."

Post Prom Committee

Post Prom Committee is in charge of organizing and making all post-prom decisions. Every year the seniors vote on a post-prom theme, and the junior members decorate the Civic Center. The post-prom party offers the fashion show, dancing, food, and other various activities. The committee fundraises throughout the school year to prepare for this event.

M.V.P.

Mentors in Violence Prevention (MVP) is a program that motivates students to play a central role in solving problems like harassment , rape, battering, and sexual harassment. MVP tries to raise awareness of men's violence towards women. The club currently has more than fifty members and is still looking for more.

FRIENDSHIP CLUB

The Friendship Club was created during the Spring of 1990. A "social hour" is held every other Thursday, providing students who have varying degrees of special needs opportunities to socialize with their peers. There is always music and sometimes seasonal craft projects. The Friendship club sponsors the annual Faculty vs. Seniors volleyball and basketball games, which are attended by students with special needs and their friends from the regular education program.

DUNGEONS AND DRAGONS

The Dungeons & Dragons club is a organization for students who enjo playing games. Members use creative writing and artistic skills create characters who then band together to solve problems posed b the game master. It is a social grou for individuals who are fans of science fiction and fantasy to interact with each other while playing games filled with imagination and creativity.

GSA

The mission of NHS Gay-Straight Alliance is one of learning, support, understanding, tolerance and acceptance. Operating under the philosophy that every experience in diversity is a learning experience, the NHS GSA believes the immense diversity in sexual orientation among its students and personnel provides an excellent opportunity to learn from one another. We strive to provide a safe and friendly atmosphere in which students may learn and personnel may perform their duties.

At Anime Club students can meet to share their interest in Japanese Animation. The club is not just about anime itself but also different cultures and traditions that students can learn more about and enjoy. This is the first year for the anime club and new members are always welcome to to join the fun.

ANIME CLUB

EYC

EYC is a club whose mission is to raise awareness of climate issues and to encourage individuals to reduce their carbon footprint. "Go Green" is their motto.

National Honor Society

The Norwood High School National Honor Society's purpose is to create enthusiasm for scholarships, to stimulate a desire to render service, to promote leadership, and to develop character. Members must be on the honor roll five consecutive terms, three of them first honors or better. In addition, one must have a cumulative average of 85%. There are also high standards for leadership, character, and service.

National Art Honor Society

The National Art Honor Society recognizes the academic and artistic achievements of Norwood High School's visual arts students. The group's goal is to enrich the artistic community in Norwood through monthly meetings and activities. Membership is based on grades in art and all other major subjects as well as their commitment to creating a positive atmosphere within the classroom.

National French Honor Society

The National French Honor Society inducts students who have attained an A average in French class. They also must attain a B or higher in the rest of their academic subjects. They plan activities to celebrate National French Week and took a trip to Montreal last year.

National Spanish Honor Society

The National Spanish Honor Society is a national organization sponsored by the American Association of Teachers of Spanish and Portuguese. The purpose is to recognize high student achievement in Spanish and Portuguese and to promote a continuity of interest in Hispanic students. It runs activities to celebrate national foreign language week.

National Latin Honor Society

The National Latin Honor Society is made up of students who excelled in the classics, academically, and who have completed their third year of study. Students often meet and discuss their appreciation for the language, culture, and history of ancient Rome, as well as new developments in the pursuits of archaeology, translation, and interpretation of classic works.

Spirit Club

The Norwood High School Spirit Club is extremely involved in promoting school spirit and support to all major activities of the school. The objective is to bring spirit and positive reinforcement to athletics, arts, and activities. The Spirit Club has projects including Spirit Week, Powderpuff Football Game, Globe Santa Collection, and the Homecoming Ceremony.

French Club

French Club accepts all students, whether they take the language or not. They meet to celebrate the exquisite culture of the French society. They also contribute to Foreign Language week every year. It is believed that the experiences received by the students will one day contribute to the spread of the classical French culture to all who want to be a part of it.

Chess Club

Chess Club welcomes all students who want to learn and play the game of Chess. Members learn strategic tactics and moves in order to best their opponent. The friendships and fun experienced by the club is the true reason the meetings are held.

Senior Video

Senior Video works from term two to the end of the year compiling videos from our four years of high school. Works include music videos, interviews with teachers, and projects produced by the students who take TV. This group of eleven seniors has been in TV since freshman year.

STUDENT COUNCIL

The Norwood High School Student Council is an organization that participates in forwarding student concerns or issues to the administration. They provide gifts for the elderly during the holidays, collect food for the local food pantry, and raise money for scholarships.

DRAMA CLUB

Drama Club is a group of talented students throughout all grades at the high school who put on fantastic performances for the school and the Norwood community. They work together to put on One acts, compete in the festival show, and wow their audiences every season of the year. Performances for the 2009-2010 year included MacBeth, Willy Wonka, and the Comedy-Variety

Literary Magazine

The Literary Magazine staff produces a print magazine dedicated to showcasing student writing and artwork. The Creative Writing Club (AKA: Write On!) is a community of writers that meets regularly to discuss one another's writing and provide each other with constructive, supportive feedback.

Outreach

Outreach is a club whose mission is to offer students a helping hand to those in need both within the NHS community and beyond.

Marching Band

Catherine Connor Moen
Director of Fine Arts

NESBA Championships

Concert Choral

The Muses

Womens Choir

Madrigals

Officers

Marisa Farulla, Laura Martin, Bobby Smith, & Shannon McDonough

Wind Ensemble

Officers

Josh Cooper, Peter Boulos, Rebecca Baturin, Will Gearty, & Brandon Finn

Concert Band

Jazz Band

Jazz Choir

Orchestra

Celtic Strings

Sound FX

Acabella

Mens Choir

Vocal Districts

Instrumental Districts

All States

Bobby Smith, Robert McDonough, Shannon McDonough, Will Gearty, & Ty-Lucas Kelley

Senior Art Work

Elizabeth Lord, Sculpture

William Lopinski, Computer Graphics

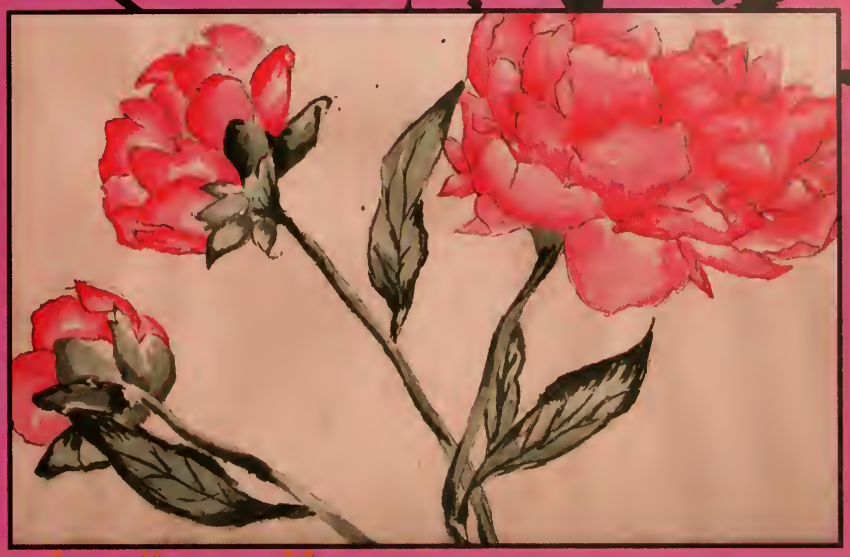
Paul Wheeler, Sculpture

Julian Cox, Acrylic

Kaleb Lopinski, Computer Graphics

Tyrone Hallwood, Computer Graphics

[illegible] Valencia, Computer Graphics



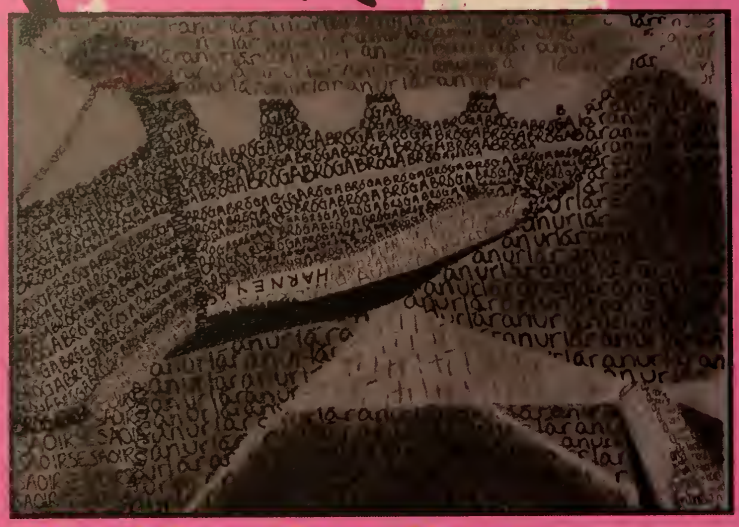
Chelsea Marinucci, Watercolor

Quadros Frosch, Illustrator

Micah Waite, Illustrator

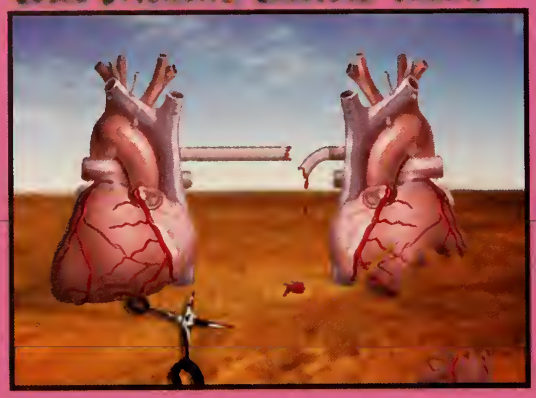
Matthew Wallace, Acrylic

Jillian Waite, Illustrator



Teresa DiTomasso, Charcoal/Sharpie

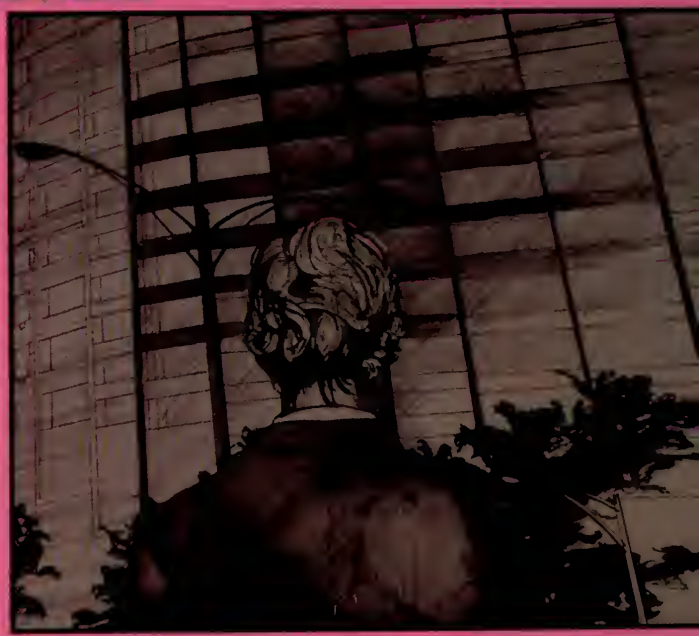
Brian Mulligan, Acrylic



Rebecca Gale, Computer Graphics

Pete Rain, Acrylic

Laura Rainwater, Pencil



Eric Wrede, Tin/Pen

Catherine Jordan, Computer Graphics

Moïse Jeanne, Pencil Charcoal

Christine Coletti, Computer Graphics

Rebecca Gillis, Tort Pastels

Christine Jordan, Computer Graphics

Maria Zar, Sculpture

Nicole Flaherty, Watercolor

Willy Wonka 2009

Willy Wonka was put on by Norwood High School in the fall of 2009. Willy Wonka is an oh-so-sweet musical for all ages based on Roald Dahl's children's novel. Candy-maker Willy Wonka and troupes of Ooompa Loompas give Charlie Bucket and four other Golden Ticket winners the tour of a lifetime in the fantastical chocolate factory. Charlie, Grandpa Joe, spoiled Veruca Salt, gluttonous Augustus Gloop, gum-grinding Violet Beauregarde, Wii/technology junkie Mike Teavee and their simply awful parents wind through a quirky labyrinth of lemon drops and colorful life lessons. Fifty plus cast members sing their hearts out in memorable songs including "The Candy Man," "I Want It Now!", "Cheer Up, Charlie" and "Pure Imagination." The show featured fantastic special effects, with the help of Flying by Foy Company, and featured amazing sets. The show had a great turn out from the whole community and was a huge success.

Cast

Willy Wonka: Bobby Smith/Eddie Lynch
Phineous Trout: Leo Blais/Matt Foley
Mrs. Bucket: Katie McConnaughy
Grandma Josephine: Meagan McGinnes
Grandpa George: Matt Foley/Catherine Dondero
James: Eddie Hernon
Sophie: Amy Warner
Alfie: Chris Little
Augustus Gloop: A.J. Robinson/Billy Veer
Veruca Salt: Cianne Maloney/Shannon McDonough
Mike Teavee: Becky Gillis/Nichole Adams
Violet Beauregarde: Marisa Farulla/Teresa Gassoway
Candy Man: Phil Gustafson
Charlie Bucket: Kathleen Keefe
Mr. Bucket: Chris Kelleher
Grandma Georgina: Argiro Kipouropoulos
Grandpa Joe: Robert McDonough
Matilda: Charlotte Huxter
Danny: Anthony Rodriguez
Billie: Tom Little
Mrs. Gloop: Ashley McGinnes
Mr. Salt: Jimmy Flaherty
Ms. Teavee: Katie O'Connor
Mrs. Beauregarde: Sarah Rabinovich

Chorus of Cooks: Shannon Ippolito, Kristin McCarthy, Kelly McGowan, Catherine Dondero, Jen Sobol, Amanda Wood, Samantha Wood

Oompa Loompas: Leo Blais, Melissa Clarke, Lauren DeSilva, Kristina Domaney, Catherine Dondero, Alyssa Giambanco, Shannon Ippolito, Faye Jones, Lucy Kindstrand, Kristin McCarthy, Kelly McGowan, Gretchen Mueller, Lindsay Newcomb, Jen Sobol, Mabel Sterritt, Christine Vlahos, Amanda Wood, Samantha Wood
Charlie's Friends: Danielle Wood, Rachel Wood
Squirrels: Danielle Wood, Rachel Wood, Charlotte Huxter

Directed by: Mr. John Quinn
Musical Direction by: Mrs. Catherine Connor Moen and Ms. Ashley Nelson
Choreography by: Laurie Moen
Lights by: Kayla Ring, Caty Kelly, and Hayley Heckmann
Sound by: Mr. William Cyr

MacBeth

Cast

Macbeth: Eddie Lynch
Lady Macbeth: Kayla Ring
Banquo: Shannon McDonough
Macduff: Sean Reagan
Lady Macduff: Ashley McGinnes
3 Witches: Meagan McGinnes, Cianna Maloney, Kristin McCarthy
Duncan: Eddie Kernon
Lennox: Mabel Sterritt
Donalbain: Lucy Kindstrand
Malcolm: Phil Gustafson
Ross: Nichole Adams
Angus: Amanda Bonaccorso
Fleance: Katie Keefe
Other Cast: Katie O'Connor, Bailey Day, Jimmy Flaherty, Charlotte Fuxter, John Lynch, Tom Little, Chris Little, Katie McConnaughy, Mia Ferreira, Amanda Kelly, Brianna Palmateer, Connor Lyons, Lauren DeSilva, Christine Vlahos, Leo Blais, Matt Foley, Teresa Gassoway, & Brigid Sandstrum

Lights: Marisa Farulla, Amanda Wood, and Chris Kelleher
Hair/Make Up/Costumes: Becky Gillis & Sarah Rabinovich
Sound: Robert McDonough and Shannon Ippolito
Stage Manager: Katharine Mueller

A Day in the Life...

6:30- Wake up

7:15- Drive to school

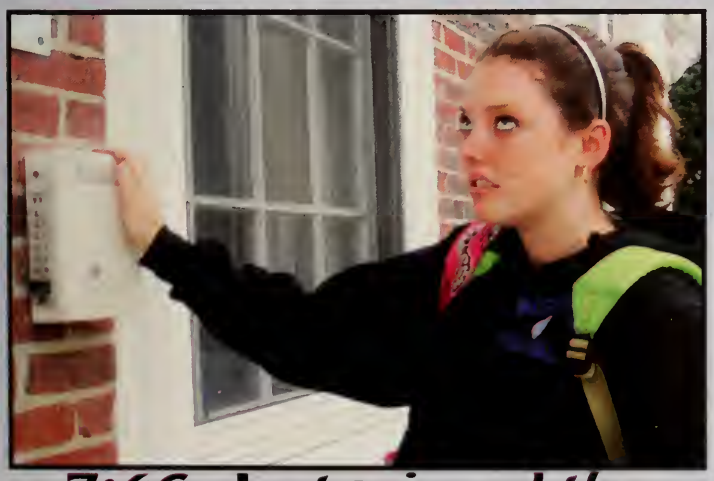
7:23- Dunkie's pit stop

7:37- Try to find an illegal parking spot

7:52- Tune into "NHS Update"

7:50- Punch in late and try to think of a way to get out of detention

7:48- Ms. G catches you



7:46- Just missed the bell

8:53- Prepare for Sweeny's long block

9:15- First bathroom excuse of the day

9:30- Get called down for a dress code violation

10:00- Go to guidance to complain about life

12:07- Get yelled at by the Berger Patrol for your hat

11:42- Sit down to eat lunch

11:00- Wait in line forever for Buff-Chick

10:42- Open up the school store

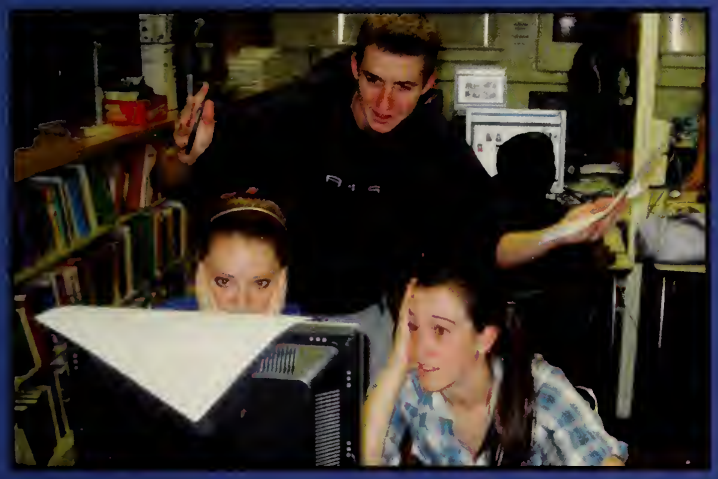
12:34- Get sniped by Danner for texting in class

12:40- Fake a foreign illness to get out of Drummey's big test

1:00- Get denied a library pass while the person after you gets one

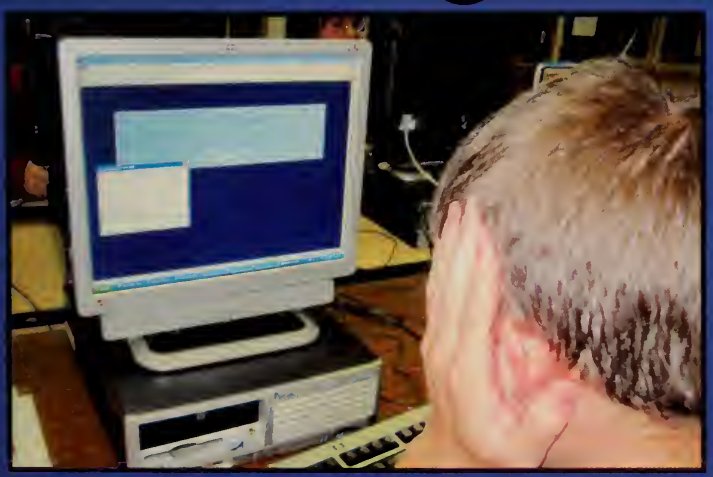
1:13- Locked outside

3:00- Getting pumped for the big game



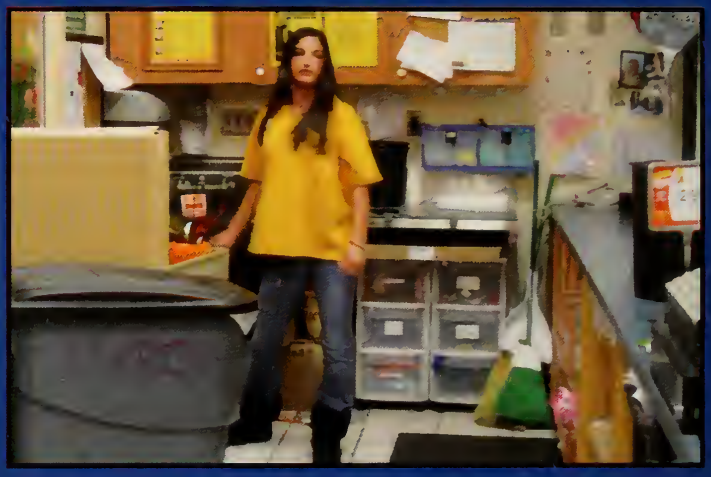
2:10- In yearbook rushing to finish for the deadline

2:00- Sitting in Mrs. Lemieux's class watching the construction



1:36- Bob Jones disables your account for checking fantasy sports

3:30- Music lessons

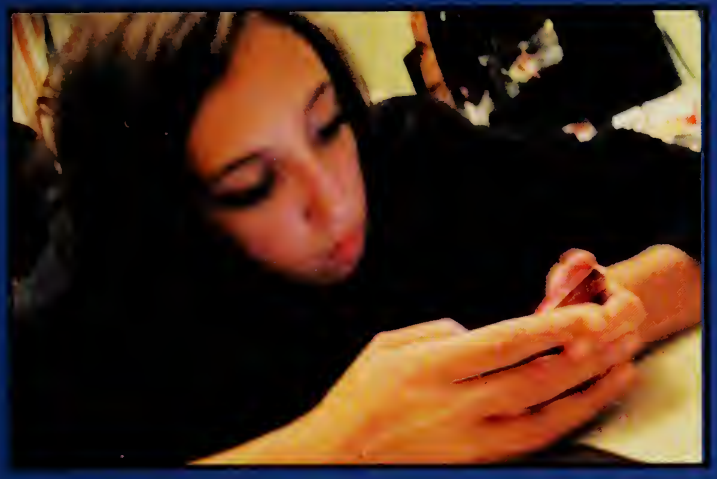


4:30- Off to work

5:30- Dinner time

8:15- Try to do HW while Facebook stalking, texting, and listening to music

12:18- Dead asleep



11:09- One last text

10:30- Last minute cram session

10:12- Get ready for bed

Now and Then

Vanessa Cawley & Jessica Finney

Albert Morteo, Kevin O'Sullivan, Billy Glynn, Chris O'Brien & Jamie Stogryn

Ashley & Meagan McGinnes

Katie McConnaughy, Paige Bourque, Vanessa Lyons, Maeve Finneran, Kelli Smith, Meghan Harrington, Laura DiTomasso, Sarah Rabinovich & Becky Gillis

Chris O'Brien & Billy Glynn

Jamie Donovan, Bobby Smith, Megan Curran, Shannon Walsh, Kevin O'Sullivan & Kelly Cronan

Nichole Adams & Katie O'Connor

Paul Riley

Chelsie Marinucci, Kelli Smith, Maeve Finneran, Christina Pugliano, Melanie Wigmore, & Meghan Harrington

Heather Damaa & Jill Goss

Katherine Millin & Jayne Galvin

Lauren McDonough & Megan Curran

Connie Serratore & Nicole Flaherty

Stephanie Callahan & Nicole Flaherty

Kristina Domaney & Sarah Rabinovich

Powderpuff

Junior Year

Powderpuff

Senior Year

HAUNTED HOUSE 2009

BILLY GLYNN

HAUNTED HOUSE VOLUNTEERS

MARISA FARULLA

JOHN HENRY

STEVE CURLEY

BECKY GILLIS

ASHLEY MCGINNES

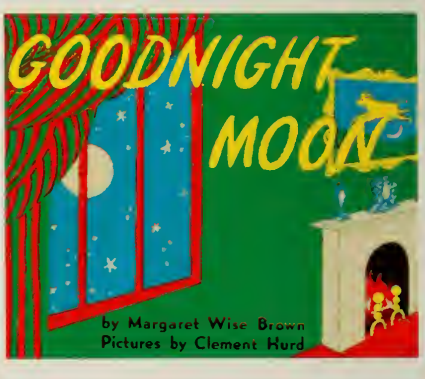
JOSH COOPER

? Scavenger Hunt ?

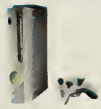
The Scavenger Hunt was held on Sunday, February 11, at the Old Colonial Cafe in Norwood. Teams of six raced around town in limos in order to complete their tasks and win the game. It was a successful and fun event for all.

that was then

1990s

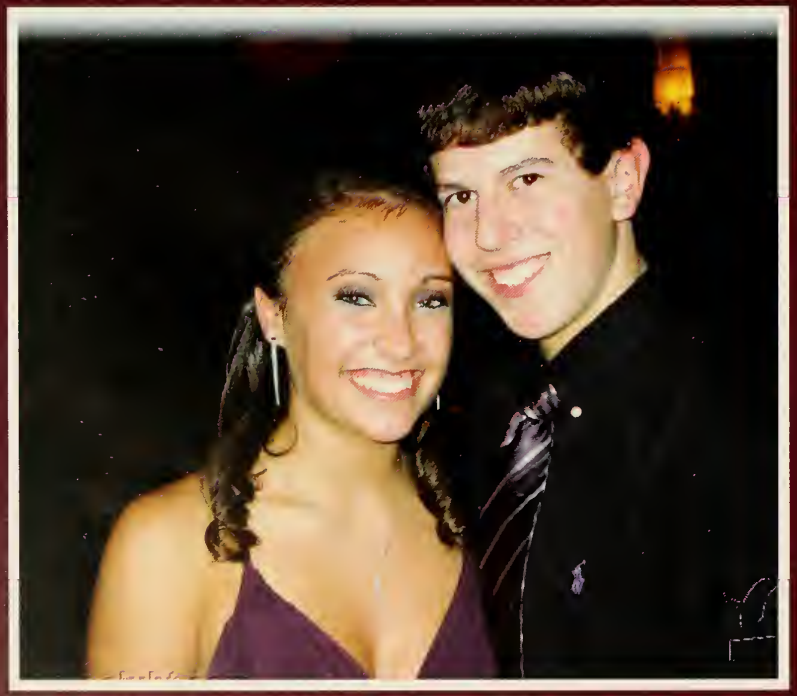


this is now



2010

SEMI-FORMAL



2009

SPIRIT

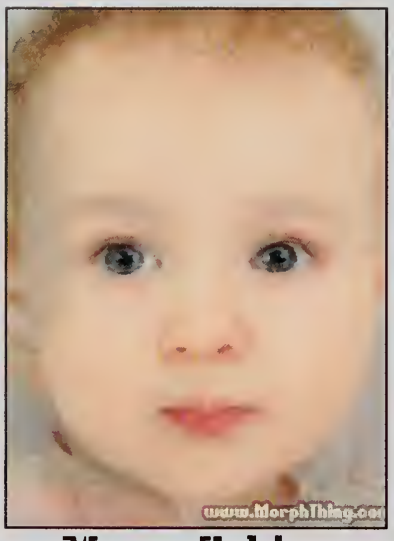
NHS

WEEK

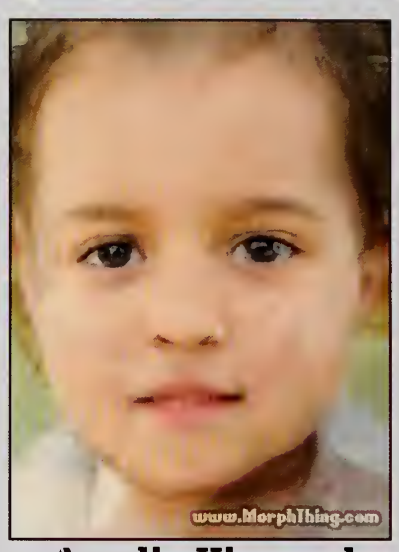
SPIRIT

MUSTANGS

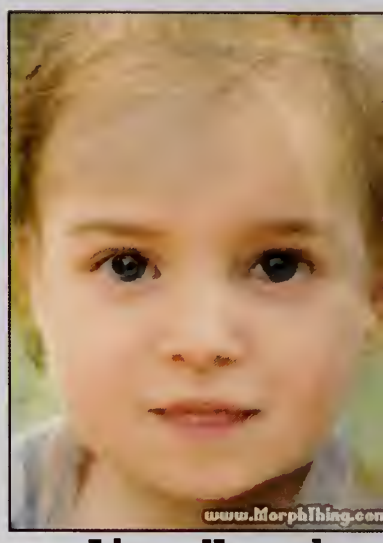
baby morph



Manar Zaki
Anthony Colantuoni



Amelia Kiwanuka
Sean Porter

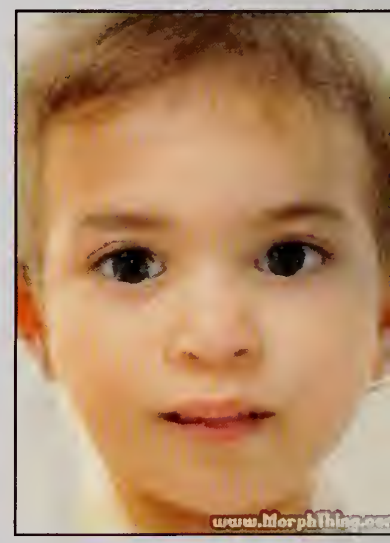


Linzy French
Billy Watt

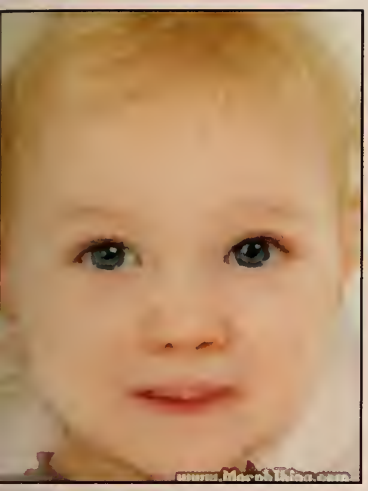
Once upon a time, there was a senior boy and a senior girl. Pictures of each of their faces were morphed together, and a baby was created.

Shannon Walsh
Brian Davenport

Nicole Marchant
Albert Morteo



Susan Orlando
Chris Oliviera

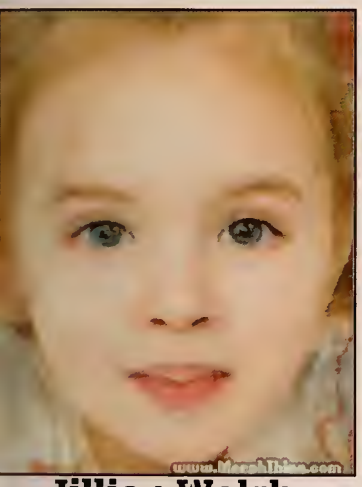


Brianna Quintiliani
Kevin O'Sullivan

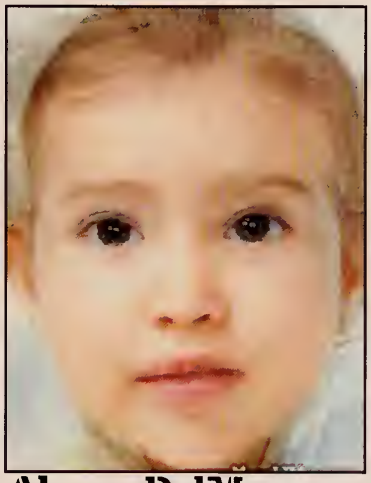
Denise ElKoussa
Ryan Collins

Janelle Valencia
Dean Raymond

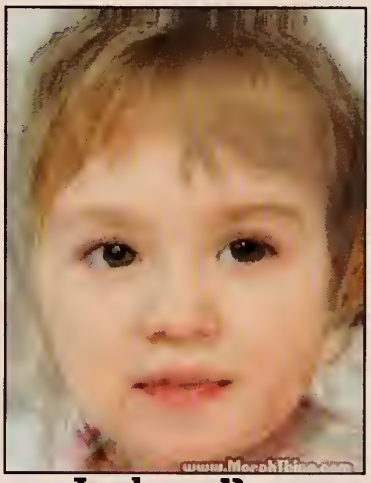
Jessica El Bach
Chris O'Brien



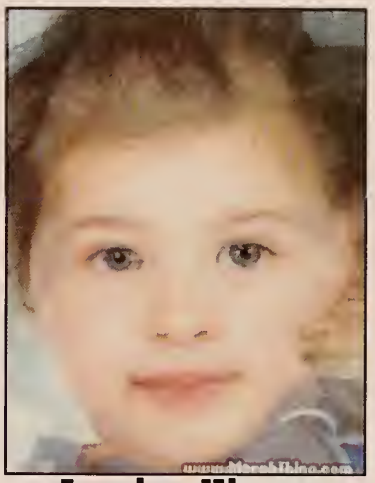
Jillian Walsh
Vincent Serino



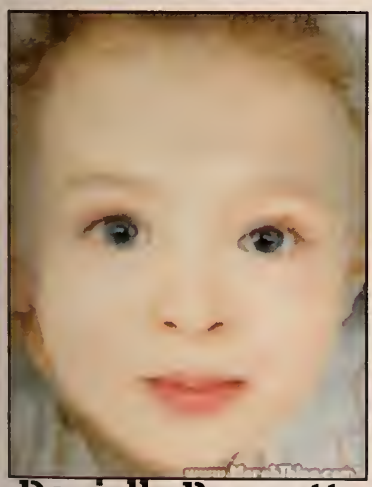
Alyssa DelMonaco
Brian Lopez



Joelene Roy
Bobby Kane

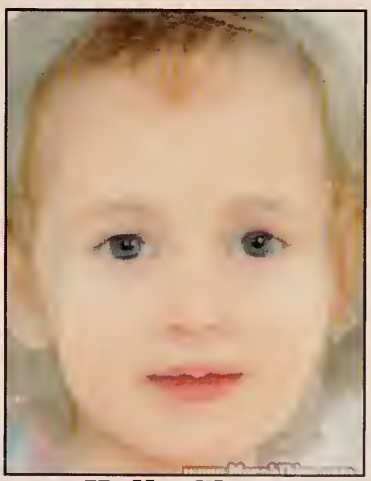


Jessica Finney
Bobby Smith



Danielle Prescott
Paul Riley

Christina Pugliano
Nick Molfi



Kelly Short
Sean Keady

Jessica Brancato
Kevin Nolan

Senior

School Lunch:

1. Buffalo Chicken
2. Mozzarella Sticks
3. Rib-B-Q Sangy

Pro Sports Team:

1. Patriots
2. Red Sox
3. Celtics

Radio Station:

1. Kiss 108
2. Jammin' 94.5
3. Radio 92.9

Actor/Actress:

1. Robert Pattinson
2. Taylor Lautner
3. Adam Sandler

1. Rachel McAdams
2. Megan Fox
3. Jennifer Aniston

Store:

1. Hollister
2. American Eagle
3. Forever 21

Restaurant:

1. Conrad's
2. TGI Friday's
3. Bertucci's

Vacation Spot:

1. Cape Cod
2. Florida
3. Disney World

Holiday:

1. Christmas
2. Halloween
3. Thanksgiving

Fast Food Restaurant:

1. Wendy's
2. McDonald's
3. Burger King

Favorites

Singer/Band:

1. Kings of Leon
2. Eminem
3. Taylor Swift

Hangout Spot:

1. District Convenience
2. Perks
3. Pizza Palace

TV Show:

1. "Glee"
2. "Family Guy"
3. "Lost"

School Subject:

1. History
2. Math
3. English

Teacher:

1. Mr. Lyons
2. Ms. Kraus
3. Mr. Linehan

Song:

1. "Party in the USA"
2. "Use Somebody"
3. "Don't Stop Believing"

Movie:

1. "The Hangover"
2. "Twilight"
3. "The Notebook"

Freshman Boy: Chris Kelleher
Freshman Girl: Liz Whitney

Sophomore Boy: Robert McDonough
Sophomore Girl: Haley Heckman

Junior Boy: Kyle Postler
Junior Girl: Abby Brown

IN TEN YEARS . . . . . .

Nichole Adams will be an English teacher or college librarian.
Kate Allan will be eating late night Big Mac's with Gina Mancini.
Jhorgy Antoine will be a single parent with two pitbulls, living with his son.
Lauren Barbosa will be pursuing her dream of fashion journalism in Los Angeles.
Gerard Bernazzani will have a Master's degree and will be working as a Finance Manager.
Fady Beshay will be a policeman in Seattle, planning on moving back to Norwood.
Rabeeh Boufaissal will be very successful, making a lot of money as a computer engineer.
Stephanie Callahan will be married with one kid, living close to Boston, and pursuing a career in Forensic Science.
Eric Caramanica will own his own construction company.
Nikki Cignarella will be twenty-seven and living in a penthouse with Laura.
Joshua Cooper will be sitting on the dock of the bay wasting time.
Christine Cossette will be an interior designer, married, and expecting her first child.
Clinton Crawford will be living off of the money he made with Billy, Chris, and Josh.
Kelly Cronan will be living in a nice house in Norwood, and starting a family.
Aditi Dave will be done with college and will be a happier person in general.
Alyssa Delmonaco will be living in Norwood next door to Megan and visiting Nicole at Honey Dew.
Paul DeRosa will be successful with a Criminal Justice degree and working as a law enforcer.
Laura DiTomasso will be calling Becky Gillis because she still can't text.
Kristina Domaney will be finished with college and enjoying her job and life.
Jamie Donovan will be living off Kelly and Steph's fame.
Migena Dulaj will be working as a Marketing Director in Boston and traveling the world.
Rachel El-Massih will be living in Norwood with her family and owning her own business.
Marisa Farulla will be twenty-seven and living in Norwood, working as a teacher at the Willet.
Myrna Figueroa will be chilling in a big house, changing the world, sharing the wealth, and making life better for everyone.
Maeve Finneran will be living in PFJ's basement with her three boyfriends. She will be the number one waitress at Lewis's.
Heather Flaherty will be still living in Norwood, in the same house that both her father and grandmother grew up in.
Nicole Flaherty will be hosting a "Twilight" reunion party with Connie, Heather, Becky, Megan, Laura, Katherine, MaryPat, and Jessica.
Lauren Folan will finally be out of school and hopefully pregnant.
Megan Folan will probably be living in Norwood in a house next to Alyssa, visiting Nicole at Honey Dew.
Linzy French will be working as a bartender and living in an apartment in Boston with OCD Meghan.
Keri Gallagher will be frolicking through the forest with Thumper and wondering why she listened to Gina who told her to write this.
Jayne Galvin will be living next to Katie and feeding her cats for her when she goes on vacation.
William Gearty will be the CEO of Wal-Mart, a paleontologist, and a saxophonist.
Nicole Giammarco will be married to PFJ, working at Honey Dew part time, and supporting Emily.
Rebecca Gillis will be a townie living in the towniest town in America.
William Glynn will be a famous "SportsCenter" anchor.
Elisa Gonzalez will be living on a vineyard in Italy, studying in a little college.
Jillian Goss will be fighting crime and stopping global warming, while working as a nurse in Brigham and Women's Hospital.
Chelsea Haigh will be finished with school and teaching elementary school in New York.
Meghan Harrington will be living in an apartment with anger-issue Linzy working as a bartender.
Taira Harrison will be with Danielle Prescott searching for Bikini Bottom.
John Henry will be still bussing tables at Conrads and ballin' at the Civic with SRC.
Moses Jeannis will be a well-known director/actor with his own clothing company.
Sean Keady will be playing baseball somewhere down South and making a lot of money.
Joshua Keller will be fleeing to Canada.
Jaclyn Kelly will be living in Boston and working at Children's Hospital.
Amelia Kiwanuka will be graduated from Med School (hopefully) and loving life.
Justine LaVoye will be finished with Med School and off traveling to underprivileged places in the world to aid those less fortunate.

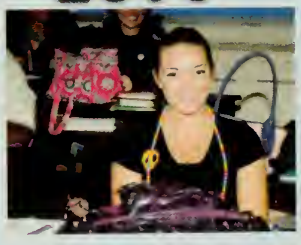
Brian Lopez will be a firefighter and paramedic for either Norwood or Boston Fire.
Corrina Macomber will be in New York and taking care of animals and family.
Gina Mancini will be sitting on Norwood High's new turf field and reminiscing about how miserable field hockey was on the grass.
Chelsie Marinucci will be still living in Norwood and working for a PhD in mathematics.
Lauren McDonough will be running her own pediatric practice and married to Asher Roth.
Shannon McDonough will be traveling the world more diversely than Cape Cod.
Ashley McGinnes will be (see Meagan McGinnes's response.)
Meagan McGinnes will be (see Ashley McGinnes's response.)
Joseph Meehan will be working for ESPN.
Deborah Michel will be working in the government and managing a small business.
Sarah Michel will be splitting her time between living in New York and vacationing in the south of France.
Isabel Morales will probably still be living in MA, working at an elementary school teaching young kids.
Albert Morteo will be hanging out with Mr. Oliveira.
Shady Nassif will be looking back ten years thinking about what to write for this.
DiAndre Nixon will be successful with the money, money and the cars, cars and the clothes, the girls. I suppose.
Christopher O'Brien will be living in Hawaii with his dog lounging on the beach with his wife Kelly and surfing until the sun goes down.
Annuli Okoye will be married with six children living in South Korea.
Christopher Pentowski will be a dinosaur in the form of Richard Seymour.
Zaida Perez will be married to Donato D'Aloia and own a tea company with Julia and Brittany.
Stephanie Perry will be livin', laughin', and lovin'...with Jamie and Kelly.
Wyllker Pinto will be living under a bridge with the money he got from economics class.
Sean Porter will be living in a mansion in the Carribbean Sea. He will be balling up at the Civic and North with Saunders Road Crew.
Devin Powers will be running his own world class recording studio, producing big artists and living the good life.
Danielle Prescott will be searching for Bikini Bottom.
Christina Pugliano will still be listening to Brittany cry about how she didn't win best laugh.
Brianna Quintiliani will be happily married with one kid, working at Children's Hospital as an orthopedic doctor.
Sarah Rabinovich will be well on her way in a career as a designer or film-maker.
Joyce Rached will still be in college studying medicine and becoming a doctor.
Destanie Richards will be working in a nursing home and married.
Paul Riley will be living in Africa with the natives, learning their rituals, and fighting the other tribes with arrowheads and spears.
Christopher Ryan will be married with a well-paying job, playing golf.
Kayla Sanchez will be a pediatrician at Boston Children's Hospital with three children, two boys and one girl.
Vincent Serino will have a Master's Degree in Sports Medicine, living in his own house with his wife, kids, and two dogs.
Connie Serratore will still be living on Pleasant Street, owning the house overlooking Old Silver Beach and spending every summer there.
Kelly Short will be famous with Steph and Jamie, living in Hawaii with her husband, Chris O'Brien.
Monyke Silva will be graduated from college with her own place and a family.
Julia Silve will be married to Channing Tatum and running her own tea company with Britt and Zaida.
Evan Sinclair will be working weekends at Deli After Dark and spendin' big.
Alexandra Slater will be a producer on a television show in New York or California.
Tavonna Smallwood will be CEO of a prominent fashion/design industry.
Kelli Smith will hopefully be able to think of more things to write.
Robert Smith will be famous and successful, making tons of money and living in a mansion.
Jamison Stogryn will be out of Norwood.
Christine Succar will be graduated from college with a degree in Special Education.
Matthew Wallace will be kicking it in Southern California with no babies.
Brittany Walter will be married to Jonny Bigos and finally winning Best Laugh.
William Watt will be living in Canada with roommates and his pet koala bear named Yogi.
Katherine Welter will be living with cats and paying for Jayne's McDonalds and Curves membership.

SENIORS

'10

2010

2010

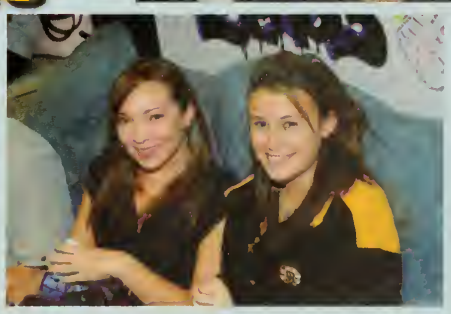


2010

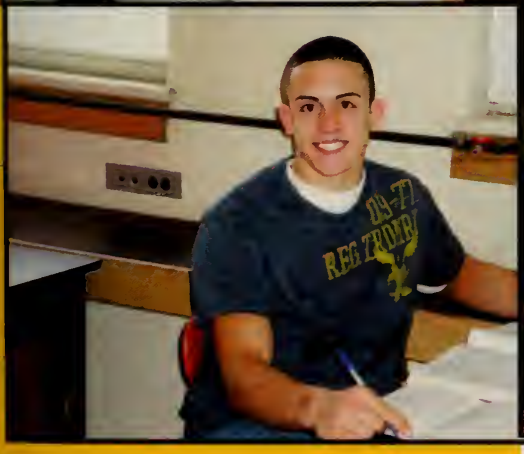
2010

2010

SENIORS



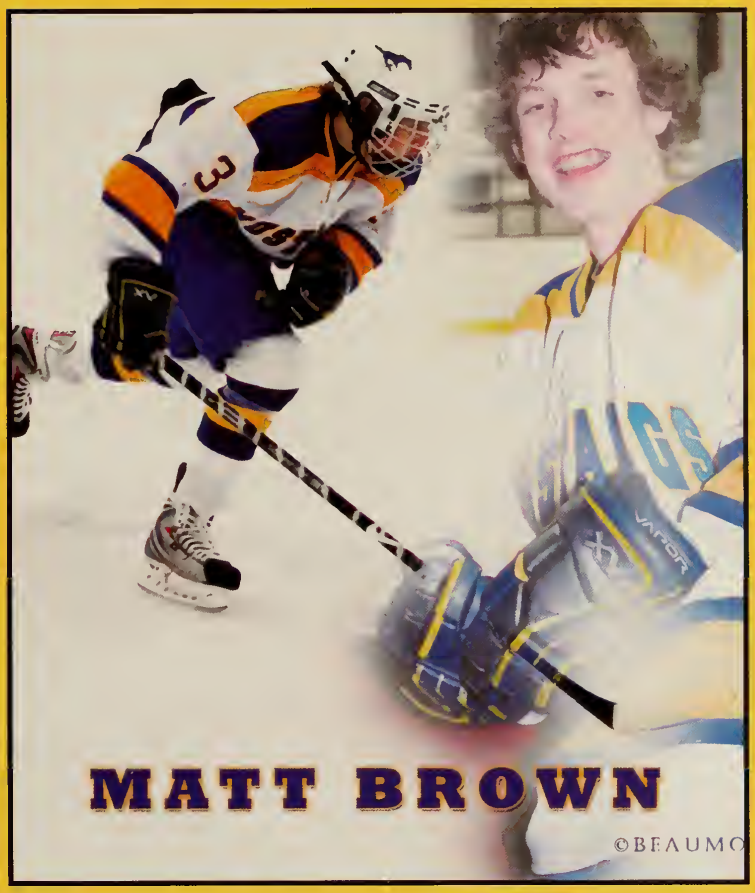
CELTICS
5
PRIDE



UPDATE after DARK

UPDATE AFTER DARK IS A LIVE TELEVISION SHOW THAT IS ENTIRELY WRITTEN AND PRODUCED BY THE STUDENTS IN TV3. THE SHOW IS HOSTED BY SENIORS JOE MEEHAN AND BILLY GLYNN. EACH EPISODE, THE STUDENTS PRODUCE SEGMENTS ABOUT EVERYTHING FROM SPORTS AND MUSIC GROUPS TO THE LATEST FACEBOOK TRENDS. ONCE A MONTH A NEW LIVE EPISODE IS AIRED ON NORWOOD PUBLIC ACCESS. THE FIRST YEAR OF THE SHOW HAS PROVED TO BE A SUCCESS WITH HUNDREDS OF FANS.

Matt Brown #3



The 2010 Yearbook staff would like to show our support for our fellow classmate, Matt Brown. Matt was seriously injured during a hockey game, but he is on his journey to recovery. Matt is a funny, charismatic, and energetic guy who can make anyone laugh, smile, or feel better. Matt has inspired the High School community, the town of Norwood, and other surrounding communities. People from all around have come together to show their support for Matt Brown and his family. Events such as the Matt Brown Dance, the March for Matt, and the Alumni vs. Police Hockey Game were a few of the events held in his honor. T-shirts, hats, bracelets, arm-bands, and bumper stickers were sold, and a fund was set up in Matt's name to help support the Brown family. We wish Matt a speedy recovery and we hope he will return home to his Norwood High family very soon. Matt you are missed very much, and we can't wait to see you!

Parent Ads

Brandon P. Finn
What lies behind us and what lies before us are tiny compared to what lies within us.
Love, Dad, Mom, Cait, Jen

Jamie Donovan
Congratulations! You did it. Good luck at college. We are so proud of you.
Love, Mom, Dad, Cait, and Shannon

Brandon Davis
Congrats! We are so proud of who you are and the direction you're heading. Best of luck and we love you!
Love, Mom, Dad, JD, and Cam

Christopher Pentowski
This is a proud time for us. You have grown to be a wonderful, caring individual. We hope you always keep that great smile and charming personality with you always. May you find success in all your hopes and dreams.
Love, Mom and Dad

Haley Ryan

Enjoy the view. We are so very proud of you. Heart and soul from all your family and God bless from grandma and grandpa.

Keri Gallagher

Congratulations Keri. We are so proud of you. You'll always have so many special memories of NHS. Continue to work hard and good things will happen for you.
Love, Mom, Dad, and Brian

Ryan Collins

Give even the smallest thing your best effort and you will succeed. We're proud of you and your accomplishments. Prosper and be happy!
Love, Mom, Dad and Steph

Stephanie Perry

Congratulations Steph! For all the times remembered and all the times to be! The world awaits you. Embrace it. Change it. Leave your own footprints. We love you!
Love, Dad, Mom, Jules, Dawn, Kevin, and Andrew

Jayne Galvin

Congratulations Jayne! Look forward to the future.
Remember the past.
Memories we made will last! We love you!
Mom, Dad, MK, John, & Paul

Christine Succar

Congratulations Christine, we love you and are very proud of you. We wish you health, happiness, and success.
Love, Mom, Dad, Tony, Nadine, and Angela.

Nicole Flaherty

We are all so proud of you and wish you a bright and beautiful future with a lifetime of learning, and a treasure chest of opportunities...."If you can dream it, you can do it."
Love, Mom, Dad, Jimmy, and Michael

Jillian Goss

We are so proud of you! Great things are ahead for you. Your future will be beautiful just like you. Be happy!
We love you so much!
Mommy, Daddy, Jenny, and MaKayla

Katherine Millin

You have worked hard for everything you've achieved. We could not be prouder. Congratulations.

Love, Mom, Dad, Elizabeth, and AJ

Linzy French

From the day you were born we were blessed. You make us proud everyday and we can't wait to see what your next adventure will be. Be happy and remember we love you.

Mom, Dad, and Sarah

Emily Whitney

Congratulations Emily! We are all so proud of you. Whatever path your future takes we will be with you every step of the way.

We love you,Dad, Mom, Erin, and Liz

Vincent Serino

Congratulations Vincent! You have grown into a wonderful young man. Remember the road you choose while on your journey is your own. We are very proud of you.

Love, Mom and Dad

Nicolette H. Tenaglia

Youngest of three, but you certainly got your share of firsts; you're the spice in our house. Watching you grow up has been the highlight of our life. Be happy and take all life has to offer.

Love, Mom and Dad

Lauren McDonough and Christopher Ryan

Congratulations!
We are all very proud of you! We wish you both great happiness and success in all that you do!

Love, Mom/Aunt Kathy, Dad/Uncle Joe, Kerry, and Jack

Meghan Harrington

Congrats Meghan! You go girl! As you leave NHS and head to college and your future goals, take with you memories of friends made and fun you've had, but move on knowing that you are ready for the next phase in your life...You have always made us so proud. We love you and are with you every step of the way!
Love, Mom, Dad, Katelyn, Jen, and Lauren

Nichole Marie Adams

It's been an amazing journey from the day you were born. Now as you graduate from NHS, your journey continues. Embrace the world, and we know you will shine like the brightest star. We love you sweetheart. Congratulations!

Love, Mom & Dad

Matthew Stover

Your kind heart and determination will be the key to your success. We are excited about the endless possibilities in your future.

Love, Your Proud Family

Emily Dixon

Emmy, we are so proud of the beautiful young woman you have become. You have brought such joy to our lives. Congratulations.

We love you,
Mom Dad, Ali, Annie and Jack

Kenneth Keegan

With the pride and love of his family, for the blessing of his goodwill and kindness. From everyone he comes in contact with, for the world to enjoy. B who U R and you'll B A Star

Nikki Cignarella

From day 1 you have impressed us with your determination, leadership, and concern for others. Your future is as boundless as our pride in you. Love ya, Ciggys

Catherine M. Dondero

You are a wonderful gift and you have given us great joy as we watched you grow. Congratulations.

Love, Mom & Dad

Amanda Lynch

Live and learn to give and take
When understandings not enough
When the road gets rough
Keep the faith and
Look life in the eye!
Always cheering for our Angel!

Catherine Sobchuk

Congratulations! You will always be our little angel! Whatever you do next will be even better than before.

Love,Mom, Dad, Jackie, and Michael

Amanda Lynch

You have brought sunshine to my life. I am very proud of you.

Love, Gam

Gerard Bernazzani

Congratulations Gerard on your graduation! We are very proud of all of your accomplishments in high school. We have watched you grow from a happy little baby boy who was full of mischief to a good athlete and good student. We know you will do well in college and in your life ahead. We love you very much!
Love, Mom, Dad, Katie, and Andrew

Jason Fogarty

Jason, we are very proud of who you are and all your achievements. You are a wonderful son and brother.

Love, Mom, Dad, Ellie, John, and Erin

Alyssa DelMonaco

Alyssa, congratulations on this special time in your life. You make it so easy to be proud of you. Just be yourself and you will go far. Keep smiling, Keep dancing, and be happy. We love you!

Love, Mom, Dad, and Anthony

Shannon Walsh

Congratulations Shann! We are all so proud of you.

Love, Mom, Dad, and Brendan

Megan Folan

You have grown into quite a young woman. We have enjoyed seeing your spirit, drive, and determination grow. Keep following your heart. We are so proud of you and love you so much.

Love, Mom, Dad, Nicole, and Kirsten

Billy Glynn

Billy, it is great to see you all grown up. Congratulations and keep smiling.

Love, Grandma G

Manar Zaki

Narzi, keep growing, keep dreaming and smile often—just for the fun of it.

We love you. T, Sherif, Mom and Dad

Megan White

Congratulations Megan! Remember, "If you can dream it, you can do it" – Walt Disney.

Love, Mom, Dad, and the Angel on your shoulder

Albert Morteo

Al, Congratulations!! We are so very proud of you!! Remember—Every day is a gift, keep smiling and EMBACE LIFE! We love you!

Mom and Alyssa xoxo

Sean Keady

We are so proud of all that you have accomplished. You have grown up to be a fine young man. Your hard work and commitment to school have paid off. Good luck in college and whatever path you follow you will succeed.

Love, Mom, Dad, Shannon and Michael

Nicole Marchant

Congratulations Nicole. You have made all of us so proud. We know that you will be successful in all that you decide to do. Stay focused, work hard and enjoy life.

Love, Mom, Dad, Billy, and Ryan

Christopher O'Brien

You have given us a lifetime of pleasure Chris. Watching you play your sports with determination and pride, your willingness to give more than 100%, seeing you grow into who you are. Your keen intelligence and your kindness will take you far. We are so very proud of you and we love you.

Mom, Dad, Taylor and Scott

Billy Glynn

Congratulations Billy! You always keep us smiling. We are so proud of you.

Love, Mom, Dad, Mara and Megan

Connie Serratore

Congratulations Connie. We are so proud of you! It has been great watching you grow over the years. We know you have a bright future ahead of you.

Love, Mom, Dad, Jack and Tom

Maeve Finneran

Congratulations Maeve. We are so proud of you. We know you will do well in everything you set out to do in life. We love you.

Love, Mom, Dad, Emily and Paul

Meghan Underhill

Congratulations Meghan! We are so proud of you and all that you have accomplished. It has been such a joy watching you grow into the wonderful young woman you are today. As you begin this new chapter of your life, remember to believe in yourself and to hold onto your dreams. You will go far! We love you.
Mom, Dad, Mike and Brian

Heather Damaa

Congratulations Heather! We are very proud of you, and look forward to the many achievements and milestones that will come your way.

We love you so very much,
Rose, Aoumi, Feissal

Sarah Wilson

Dear Sarah, You are and always will be our Shining Star. We know that your new endeavor into college will be a rewarding one. You will someday be an outstanding teacher and the world will be lucky to have you as one. We are proud of you! Congratulations!

Lots of love,
Mom, Dad and Shannon

Kelly Short

Congratulations! We are so proud of you and how you have grown into such a lovely young woman. As you start down this new path, remember that you are destined for success! Your smile and laugh light up the room. Keep smiling, because great things are coming your way!
Love, Mom, Dad, Kristen, Nana & Grampy, Nana & Papa

Sarah Wilson

Thank you for all the wonderful memories. Congratulations, Sarah. Goodluck

Love you, always
Mimi & Papa xxxxooooo

Chelsie Marinucci

Always pursue your dreams; you can be anything you want to be. We are so proud of you. Congrats!

Love,
Mom, Dad, and Jennie

Joe Meehan

We have had so much fun watching you grow from a shy little boy to a confident, fun and multi-talented teenager! You have so much to offer the world and we cant wait to see what the next chapter of life brings your way. Congratulations and always remember how much we love you!

Mom, Dad, Erin and Rick.

Megan Curran

Meg we are all so very proud of you and all your accomplishments! It's hard to believe you are graduating. We love you!!! Soar high and follow your dreams!

Love, Mom, Chris and Kate

Stephanie Callahan

You amaze us. Your determination, will and sense of self will continue to drive your great success. We love you and are proud of you.

Mom Dad & Shaun

Sean Porter

We're so proud of you and of who you are! Our wish for you is for love, happiness, and good health! Be safe, work hard, and you'll soar!

Love you always, Mom, Dad, Beth, Danny, and Chip

Danielle Nolan

Danielle, as you graduate and move into the next phase of your life remember we are so proud of you and know you can accomplish anything you want to.

Love, Mom, Dad, Billy, and Liz

Anthony Colantuoni

Congratulations! We are very proud of you. Thank you for the joy you have brought into our lives. May all your dreams come true. Keep smiling!

Love, Mom, Dad, Frank, Bruno, & Paul

Paul A. Yazbeck

Paul we wish you all the success, prosperity, and good luck. May all of your dreams come true. Congratulations and God bless you.

Love, Mom, Dad, Ceaser, and Layla

Brianna Quintiliani

You've always held a special place in our hearts. We're so proud of you and the young lady you've become.

Love, Mom, Dad, & Ali

Chickie Chew, Ali loves you!

Arthur Heil

Dear Arthur,
We are very proud of you. Go out there and conquer the world. Believe in yourself and do your best. We love you.

Congratulations, Dad, Mom, Andre, and Amy

Laura DiTomasso

Dear Laura,
Congratulations on your many incredible achievements at NHS. We are very proud of you. Your warm and engaging personality has served you well. Embrace your new educational experiences with the same enthusiasm. Best wishes.

With love, Mom, Dad and Daniel

Kelly Cronan

We are so proud of you.

Love, Dad, Mom, and Erin

Brian Lopez

Congratulations Brian! We are so proud of the young man you have become. Don't give up on your dreams. You can make them all come true. We love you with all our hearts.

Love, Mom, Dad, Paul and Tony

Alexandra Slater

Where did the time go? It has been a joy watching you grow into a talented young woman. Move forward with that laser focus to achieve your dreams. We are so proud of you and remember you will always be our...

Love, Mom, Dad, Jacob, and Emily

Ashley and Meagan McGinnes

Congratulations Girls! Our hearts are filled with love and pride. Stay true to who you are when pursuing your passions and the possibilities are endless. There is strength in numbers, yours is "TWO".

Love, Mom and Dad

Catherine Kelly

"There are only two lasting bequests we can hope to give our children. One of these is roots, the other is wings."
–Hodding Carter
Congratulations Caty. Enjoy the Flight!

Love, Mom, Dad, and Ryan

Jessica El Bach

Remember Jessica-
If you can dream it, you can do it. So dream big and always follow your heart.
You have made us all so very proud of you.
All our love,
Mom, Dad, Lindsay and Mark

Ted Omo

We Love You!
Mom, Brendon, Suzy

The Class of 2010 would like to thank our parents/guardians for their commitment to helping us to accomplish our goals, be successful students, and mold us into the young adults that we are today. Thank you!

Faculty Sponsors

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and
"Congratulations"
to the
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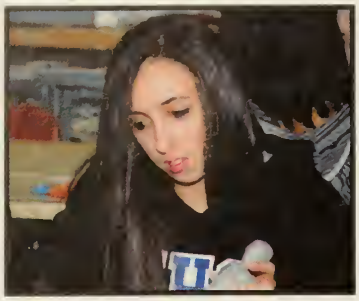

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Good luck
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Congratulations Class Of 2010

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Treasurer - Jill Driscoll
Secretary - Maria Muller

Norwood Teachers' Association

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Vice President: Ann Marie Bustle
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Best of Luck to the Class of 2010

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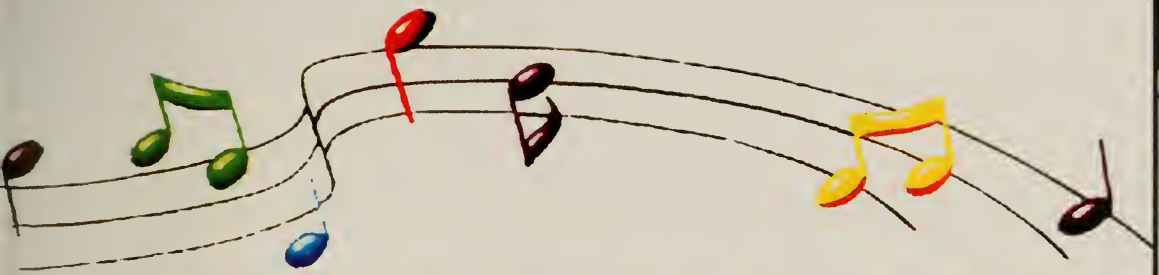

Best wishes to the
Class of 2010

Norwood Parents' Music Association

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Class of 2010

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Congratulations to the Class of 2010

on a job well done and wishing you

the very best

on all your future endeavors.

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Best of Luck to the Class of 2010
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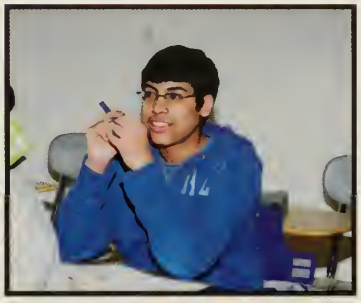

Congratulations

CLASS OF 2010

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Mrs. Joyce Kozol
Mrs. Cathleen Crowley
Mrs. Karen Waitekus
Mrs. Maureen Gearty
Mrs. Mary Canniff
Mrs. Jill Driscoll
Mrs. Mary Fleming
Mrs. Joanne Ryan
Mrs. Rosemary Riley

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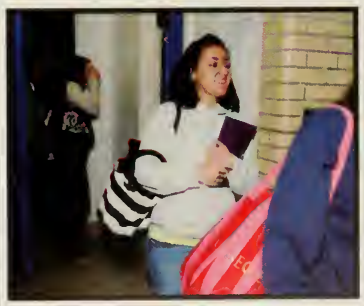
Good Luck Class of 2010!

Friends of Norwood Girls Soccer

Congratulations Class of 2010!

Friends of Norwood Track



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Congratulations seniors of 2010! We wish you the best of luck!

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Class of 2010
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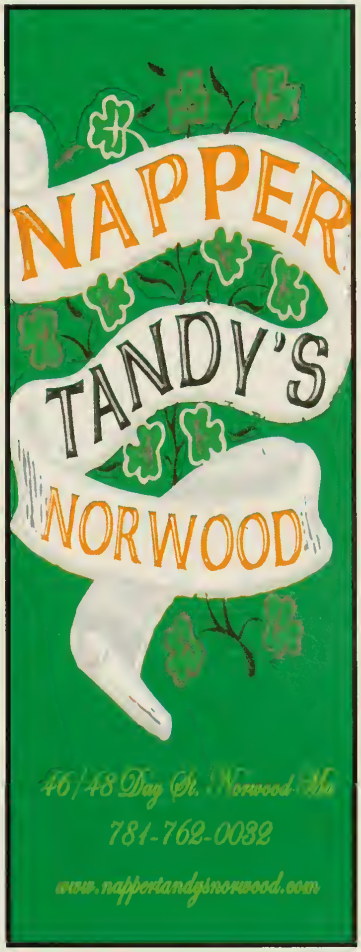
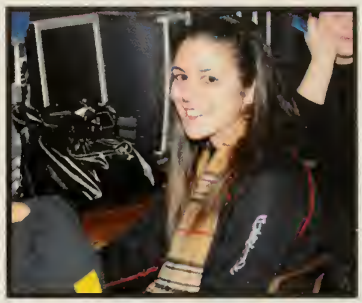
Field Hockey





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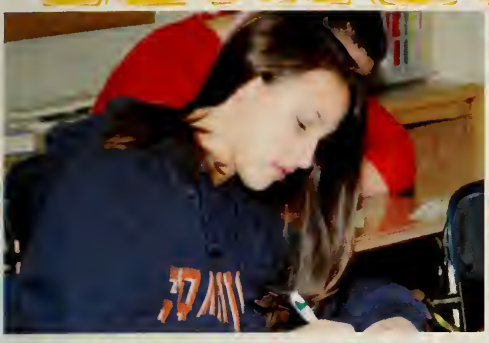
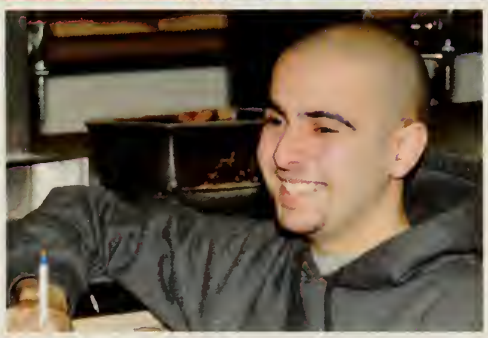
STONEHILL
COLLEGE

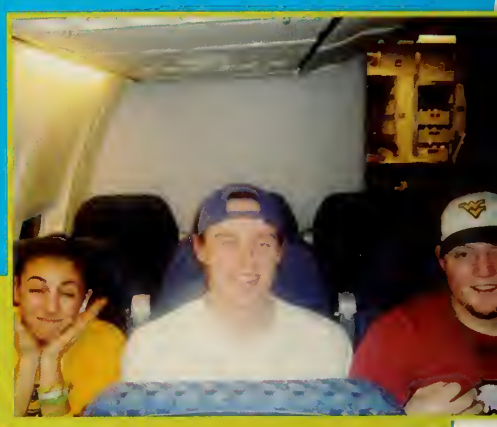
More than 90% of the 2010 Graduates will be attending college

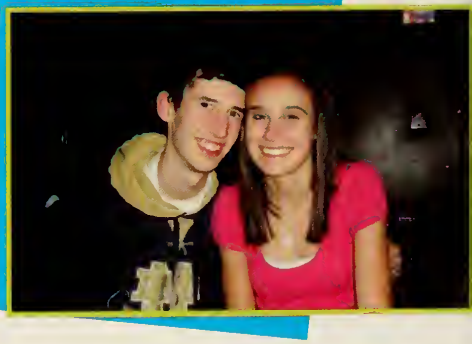
SENIOR candids

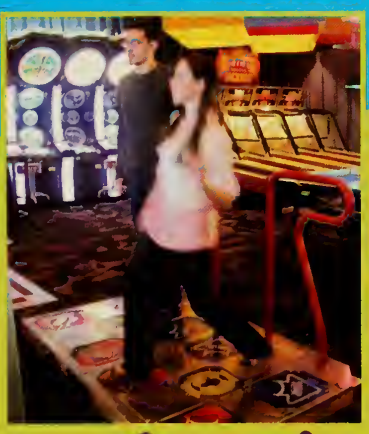




WV in California 2010

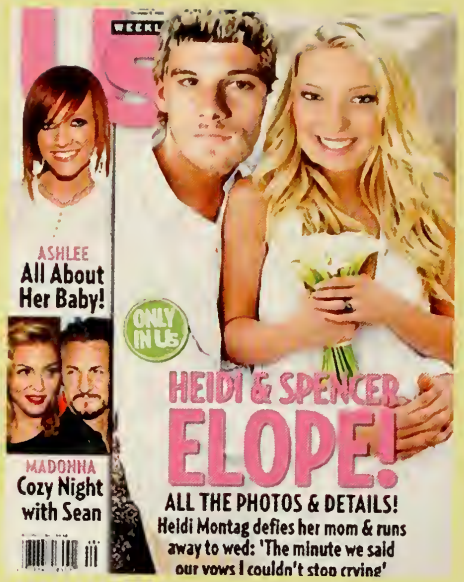






Yearbook Trip to WPRI

iFace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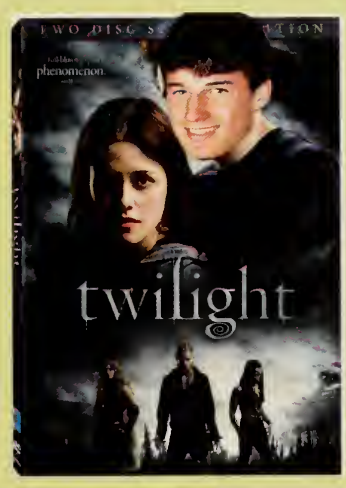
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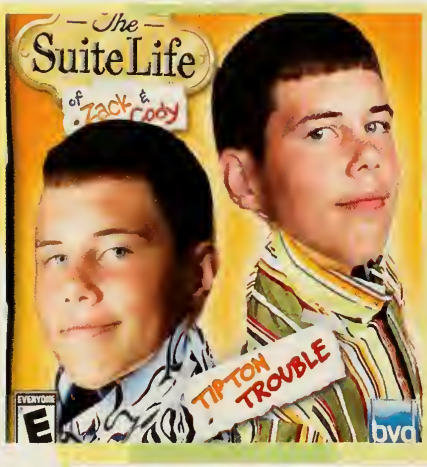

FAT BOYS

JERSEY SHORE

THE VIEW

MS. AMERI

DESPERATE
HOUSEWIVES

Mr. Man On The Hill

Mr. Man on the Hill is a competitive male pageant in which senior boys compete to win a one hundred dollar cash prize. The boys have to compete in many different challenges, including hula hooping and dancing.This year's senior boys who fought for the position of Mr. Man on the Hill were Billy Glynn, Albert Morteo, Ashton Lites, Brian Lopez, Paul Yazbeck, Jeremiah Ephraim, George Mouawad, Brandon Davis, and the winner ***Joe Meehan***.

Tiot Staff 2010

Stephanie Callahan

Bobby Smith

John Henry

Sean Porter

Chris O'Brien

Kelly Cronan

Sarah Michel

Lauren McDonough

Nicole Flaherty

Connie Serratore

Heather Flaherty

Jamie Donovan

Kelly Short

Stephanie Perry

Jillian Goss

Brianna Quintiliani

A Final Thank You:

The Norwood High School Yearbook Class would like to extend our sincerest thanks to all who contributed to the 72nd Edition of the yearbook, including Mr. Usevich, Mrs. Weinstein, Mrs. Reen, Mrs. Cronan, Amy Beaumont, Dan Busler, Terry Bleiler, Pizza Palace, Dunkin' Donuts, and Senior Video!

The 2010 Yearbook Crew would also like to thank Mrs. MacLeod, whose tireless effort, dedication and patience made this year's yearbook possible. The first ever yearbook class was a huge success. Thank you Mrs. MacLeod!

HERFF JONES
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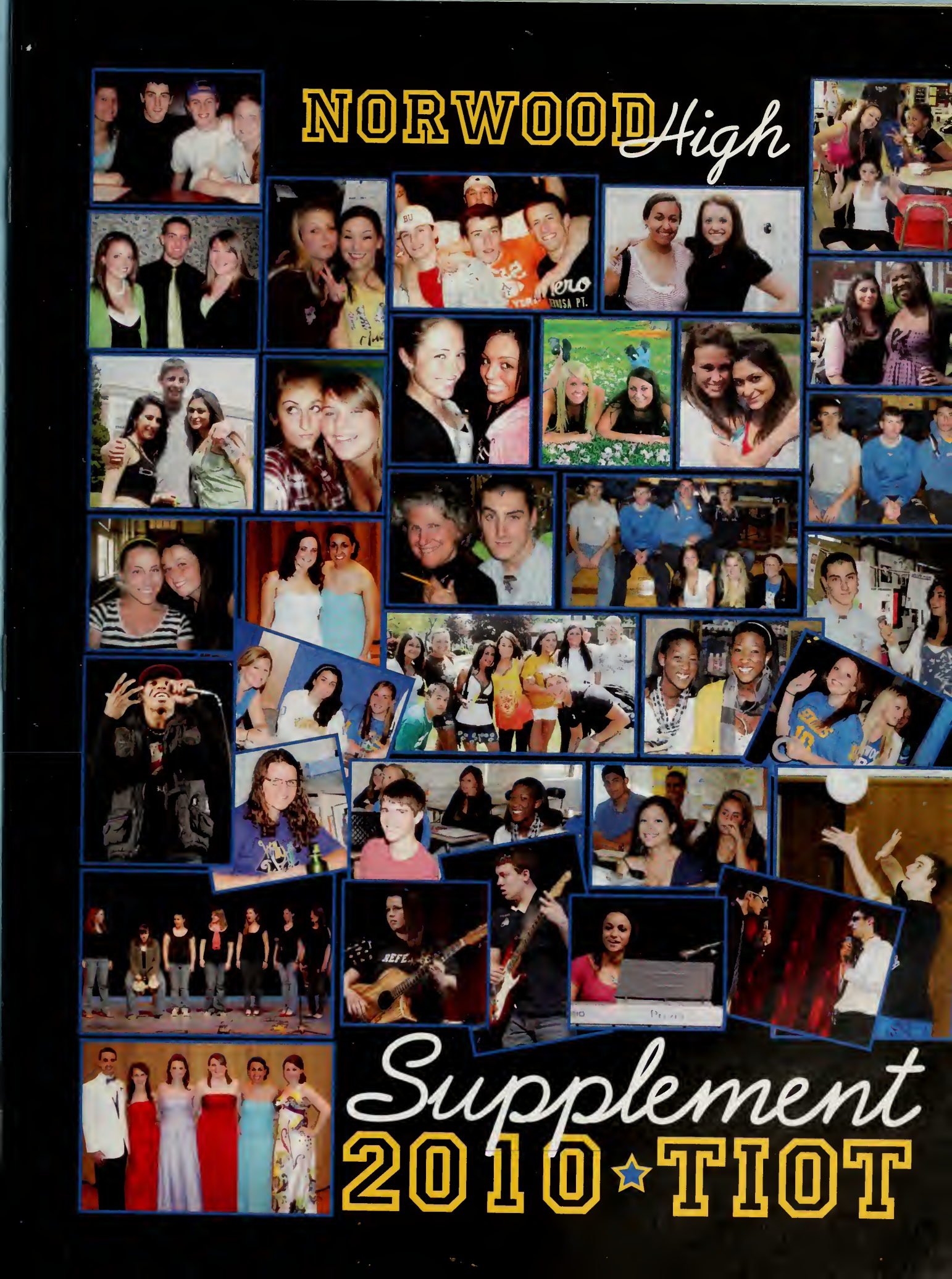
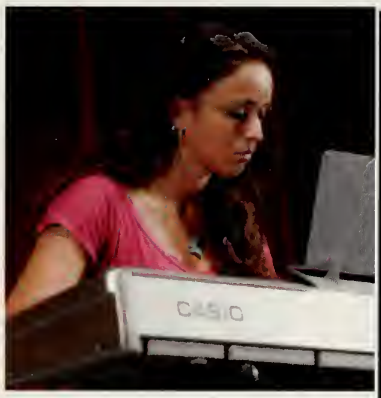
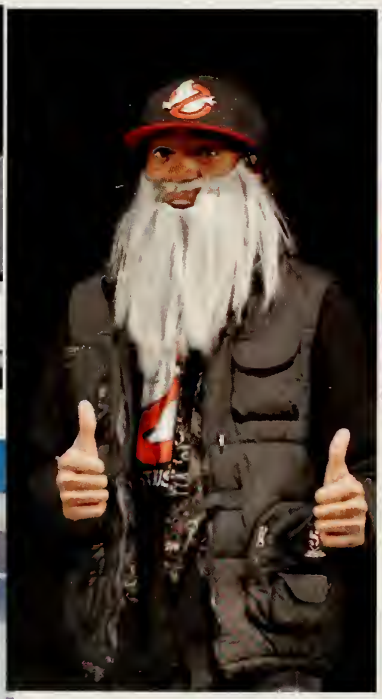

NORWOOD High
Supplement
2010 ★ TIOT

Class Act





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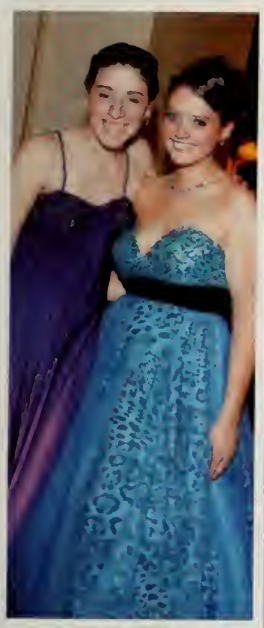
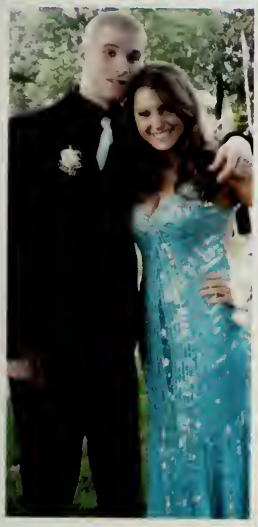
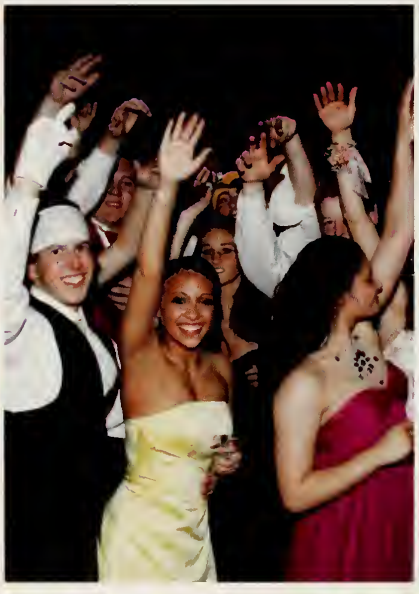
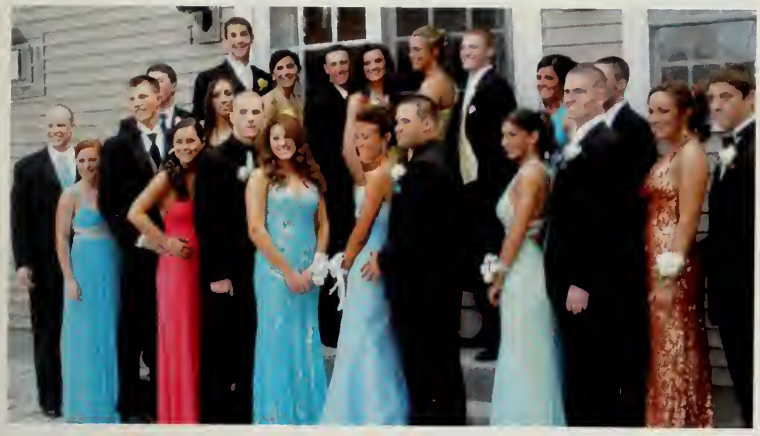




May 14, 2010





Seaport Hotel

“Don't hate us because we play hard, hate us because we do it in skirts.”

Walpole	L 0-2
Wellesley	L 6-17
Needham	L 10-17
Framingham	L 5-17
Milton	W 10-9
Weymouth	W 17-10
natick	W 14-11
Walpole	L 10-18
Wellesley	L 1-20
Waltham	L 1-20
Braintree	L 11-17
Dedham	W 15-2
Milton	W 10-8
Scituate	L 13-18
Medfield	L 4-16
Waltham	W 13-12
Brookline	W 17-7
Newton North	L 16-19
Natick	W 16-3
Medfield	L 8-12
Canton	W 19-7
Scituate	W 16-13
Dedham	W 22-9

Girls Lacrosse

The Girls Lacrosse team had a successful season and were led by a strong group of seniors. First year coach Tanya Lowe and assistant coach Caitlyn Briley, as well as captains Katie Welter, Meghan Harrington, and Katherine Millin helped the team to a 13-12 season.

"LAX is life, the rest is just details."

Seniors: William Watt, Brian Girard, Mark Nardelli, Kevin Nolan, Christopher Ryan, Nicholas Orphanos

Coach Tom Demaio, Brendan O'Malley, Brendan Altieri, Kyle Postler, Joseph Ciavattone, William Watt, Kevin Nolan, Brian Girard, Christopher Ryan, Joseph Girard, Christopher Greeley, Jonathan Ciavattone, Shawn Prevatt, Samuel McGrath, Brian Rossman, Andrew Alty, Kyle Skinner, Mark Nardelli, Michael Murray, Christopher Gaetani, Jeffrey Landry, Nicholas Nardelli, Nicholas Orphanos, Emmett McNamara, Coach Daryl Goodwin

Needham	L 2-14
Scituate	L 13-14
Natick	W 6-0
Newton North	L 6-8
Brookline	W 4-2
Waltham	L 2-8
Cohasset	L 5-7
Milton	W 8-4
Dedham	W 16-3
Braintree	W 3-0
Wellesley	W 10-9
Walpole	L 6-15
Natick	W 13-6
Weymouth	W 9-8
Milton	W 15-7
Framingham	W 8-7
Dedham	W 19-2
Walpole	L 4-16
Swampscott	W 14-5

Boys Lacrosse

Captains Brian Girard and Mark Nardelli

The team had a strong season finishing off with a 12-7 record, and making it to the first round in tournament. This team was led by senior captains Brian Girard and Mark Nardelli. The team would like to thank coach Tom Demaio and coach Daryl Goodwin for their leadership. The seniors wish all the underclassmen the best of luck next year.

Sarah Eckhardt

Emily Whitney

Senior Captains Maeve Finneran, Emily Whitney and Natalie Metta

"Who's better than you?... NO ONE!"

Seniors Maeve Finneran, Nikki Cignarella, Caty Kelly, Linzy French, Emily Whitney, Natalie Metta, Gina Mancini, and Stephanie Callahan

Top Row L to R: Coach David, Lisa Coskren, Makenna Lane, Lauren Duggan, Ali Maloof, Sarah Eckhardt, Casey Ducharme, Katie Trask, Melissa Chisholm, Coach Carol, Coach Gina. Middle Row L to R: Gina Mancini, Caty Kelly, Linzy French, Nikki Cignarella, Stephanie Callahan. Bottom Row L to R: Natalie Metta, Maeve Finneran, Emily Whitney.

Dedham High School	11-0 W
Brockton High School	6-0 W
Natick High School	12-2 W
Cumberland RI	10-0 W
Cardinal Spellman High School	4-1 W
Milton High School	3-0 W
Brockton High School	4-3 W
Brookline High School	33-0 W
Newton North High School	3-2 W
Braintree High School	11-6 W
Wellesley High School	13-0 W
Walpole High School	7-2 W
Natick High School	7-2 W
Weymouth High School	10-0 W
Milton High School	3-0 W
Framingham High School	10-0 W
Dedham High School	2-1 W
Needham High School	13-0 W
Wellesley High School	10-0 W
Walpole High School	11-3 W

Playoffs	
Braintree High School	W
Durfee	W
Bishop Feehan	L

Softball

Ali Maloof

Maeve Finneran

Under new coach Carol Savino, the girls softball team had a lot to prove after last years' success and the loss of five starters.

The team did that and more by going 20-0 to have a perfect season. They won by 5 or more runs in 14 out of 20 regular season games. The team was lead by 8 seniors, including captains Emily Whitney, Maeve Finneran, and Natalie Metta. They went deep into tournament, but Bishop Feehan ended their amazing run in the semi-final game. The team was Herget Champs with Junior Ali Maloof being Bay State League MVP.

Caty Kelly and Emily Whitney won the Coaches Award, Natalie Metta was unsung hero, and Ali Maloof and Lauren Duggan were co-MVPs.

Congratulations on a perfect season!

Brandon Davis

Kevin O'Sullivan

Michael DeCosta

"Every day is a new opportunity. You can build on yesterday's success or put its failures behind and start over again. That's the way life is, with a new game every day, and that's the way baseball is."

Bottom Row (L to R) Kevin Kuietauskas, Brandon Davis, Kevin O'Sullivan, Sean Keady (C), Matthew Stover, William Glynn, Christopher O'Brien, Brendan Buckley, Michael Goodwin, Joseph Meehan

Bottom Row (L to R) Michael DeCosta, Brendan Cathcart, Adam Kewriga, Brandon Davis, Peter King, James Bussiere, Kevin O'Sullivan, Sean Keady, Matthew Stover, Andrew Stover. Top Row (L to R) Coach Harrington, Coach Erker, William Glynn, Christopher O'Brien, Sean O'Neill, Brendan Buckley, Michael Goodwin, Joseph Meehan, Thomas Munro, Kevin Kuietauskas, Coach Sweeney.

Dedham	5-0 W
Natick	7-1 W
Xaverian	2-1 L
Dracut	4-1 L
Duxbury	6-0 L
Milton	4-2 L
Brookline	3-2 L
Newton North	5-2 W
Braintree	11-1L
Wellesley	7-1 L
Walpole	6-1 L
Natick	11-7 L (10 in)
Weymouth	2-0 L
Framingham	4-1 L
Milton	3-2 L
Needham	9-1 L
Walpole	4-2 L
Wellesley	12-1 L
Dedham	8-7 W (16 in)
Xaverian	2-1 W

Baseball

Sean Keady

Peter King

Under new coach Jim Sweeney, the Norwood High Baseball team started off the year with a bang with two big wins over rivals Dedham and Bay-State powerhouse Natick. The team, led by ten seniors and captain Sean Keady, fought hard every game and played with lots of heart. They proved this with consecutive walk off victories against Dedham in a 16-inning game, and Xaverian to end the season. Sean Keady was MVP, Chris O'Brien was Unsung Hero, and Kevin O'Sullivan was Most Improved.

Senior John Henry and Senior Captain Sean Porter

"Seniors Sean Porter and John Henry helped lead a young team to a competitive and successful season."

Back Row (L to R): James Ahern, Jeremy Kruger, John Henry, Sean Porter, Steve Martinez, Coach Tim Linehan. Front Row (L to R): Salim Jabour, Shaun Callahan, Tommy Bartucca, Danupol Kunanupatham.

Needham	L 0-3
Newton North	L 0-3
Arlington	W 3-2
Brookline	L 0-3
Weymouth	W 3-2
Framingham	L 0-3
Wellesley	W 3-0
Braintree	W 3-0
Taunton	L 1-3
Taunton	W 3-0
Natick	L 0-3
Needham	L 1-3
Newton North	L 0-3
Brookline	L 0-3
Weymouth	W 3-1
Framingham	L 0-3
Wellesley	W 3-1
Natick	L 0-3

Boys Volleyball

The team came up just short of tournament finishing with a respectable 8-12. Playing in a very competitive league, the team, led by senior captain Sean Porter and sophomore setter Steve Martinez, held their own against MIAA championship teams Natick and Newton North. With only three returning varsity players, the team showed great improvement in the first few weeks of practice by players John Henry and Tommy Bartucca. A highlight of the season was the victory over Braintree at their home gym--a feat not accomplished in two years.

"You only live once, but you get to serve twice."

Captains: Abe Agayby, Joseph Dobbels, Josh Cooper

Back row (L to R): Coach Churchill, Jason Najm, Emeel Wahba, Mike Tannous, Barry Nicholson, Kevin Najm, George Elias, Felipe Rincon
Front row: Youssef Wahba, Abe Agayby, Joseph Dobbels, Josh Cooper

Weymouth	W 3-2
Natick	L 0-5
Milton	L 1-4
Brookline	L 0-5
Newton North	L 0-5
Stoughton	W 4-1
Braintree	W 5-0
Natick	L 0-5
Weymouth	W 3-2
Milton	L 1-4
Framingham	L 0-5
Stoughton	W 3-2
Dedham	L 1-4
Needham	L 0-5
Wellesley	L 0-5
Braintree	W 5-0
Dedham	L 1-4
Walpole	L 0-5
Wellesley	L 1-4

Boys Tennis

This year's tennis team was led by Junior Captain Abe Agayby and Senior Captains Josh Cooper and Joseph Dobbels. The 2010 season proved to be one of the best seasons in NHS history for the team. In previous years, the team struggled to produce wins against their tough competitors. This year, however, the boys came together to earn six team wins as well as many individual matches.

"What time is it!? ... GAME TIME!"

Seniors: Zaida Perez, Aditi Dave, Heather Flaherty, Connie Serratore

Back Row (L to R): Zaida Perez, Courtney Shick, Aditi Dave, Heather Flaherty, Connie Serratore, Dalina Ceku, Molly Smith, Coach Clarke
Front Row (L to R): Sandra Maastingal, Sabrina Polin, Amanda Blood, Anna Shirosky, Britney Cadiz, Hinal Patel

Natick	0-5
Milton	0-5
Brookline	0-5
Newton North	0-5
Stoughton	2-3
Braintree	0-5
Wellesley	0-5
Walpole	0-5
Natick	0-5
Weymoth	1-4
Milton	0-5
Framingham	0-5
Stoughton	0-5
Dedham	1-4
Needham	0-5
Wellesley	0-5
Dedham	0-5
Walpole	0-5

Girls Tennis

This season, led by Senior Captains Connie Serratore, Aditi Dave, and Heather Flaherty, was a hard season. The team was up against talented teams, but despite their record, put up a fight each time they entered the courts. New players Brittany Cadiz and Zaida Perez moved up the ladder leading the way playing first and second singles for the Mustangs. With positive attitudes and motivation, the girls drastically improved since the previous season by gaining four individual wins.

Seniors: John McGowan, Gerard Bernazzani, Stephen Curley, Evan Sinclair, Rob Sheehan, and Eric Pham

Owen Gearty and Bill Pena

John McGowan

"Mental will is a muscle that needs exercise, just like the muscles of the body."

Senior Captains: John McGowan, Stephen Curley, Rob Sheehan, and Evan Sinclair

Wellesley	L 65 - 70
Needham	L 67 - 68
Walpole	L 49 - 87
Framingham	L 42 - 94
Milton	L 63 - 73
Natick	L 49 - 87
Dedham	W 94 - 37

Front Row (L to R): Eric Pham, John McGowan, Stephen Curley, Rob Sheehan, Evan Sinclair, Gerard Bernazzani

Middle Row (L to R): Chris Hutchins, Doug Jenson, Owen Gearty, Bill Pena, Richard Farah, Billy Rydzewski, Dan Cubelli, Adam Giusti, Michael Kearns, Connor Mahone

Back Row (L to R): Matt Thibeau, Thomas Fry, Ty-Lucas Kelley, Dan Wiseman, Eddie Hernon, Mike Breen, Fernando Morales, Andre Heil, Pete Fiske, Martez Simpson, Nischal Verma, Chris Elford, Liam O'Brien, Aidan Cullanie, Aqui Moxam, Tony Unis, Danny DiTomasso, Alessandro Cubelli, Ryan Begley, Chris Demeo, Matt Foley, Ben Richwine, Jason Maguire, Brian Nebbs

Boys Track

Billy Rydzewski and Peter Fiske

Evan Sinclair

This year's boy's track team put in a ton of effort. The seniors showed great leadership and a lot of heart. Although the scores may not show it, Mr. Forrest says that his boys were very successful. The combined efforts of everyone on the team made this team triumph, especially at their last game against Deham, which showcased their strengths.

Annuli Okoye

Meghan Underhill

Senior Captains: Justine LaVoye, Annuli Okoye, Jessica Boakye and Meghan Underhill

"People don't know why we run, but it's the hard work you put into practice, and the reward you get from the race."
- Courtney Parsons

Meghan Way

Linda Pham

Wellesley	L 55-81
Needham	W 72-58
Walpole	L 49-87
Framingham	L 65-71
Milton	L 47-89
Natick	L 31-105
Dedham	W 71-57

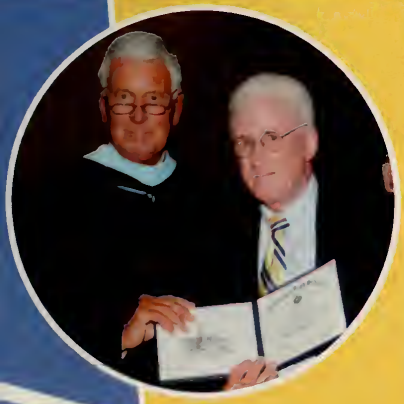
Girls Track

Seniors: Emily Metta, Lauren McDonough, Meghan Underhill, Justine LaVoye, Kelly Cronan, Laura DiTomasso, Annuli Okoye, Jessica Boakye

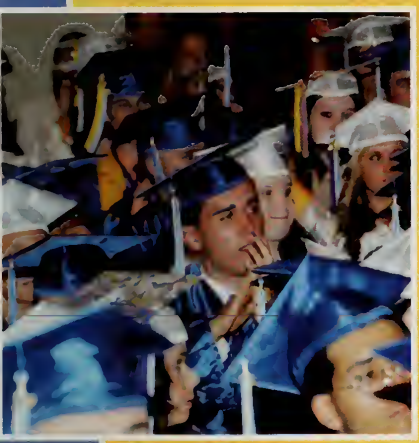
The Girls Outdoor Track team had another successful season both on the track and on the field. Although the team did not rack up many wins, the athletes constantly strove for, and often achieved, their personal records. As the team was without a home field this year, all practices and meets were held off-site. The girls ran, threw, and jumped (often in inclement weather) to their personal bests.

Class Day 2010

GRADUATION
June 6, 2010



2010



2010 Class Will

We, the members of the Norwood High School Class of 2010, being of relatively sound mind and body, do hereby declare this to be our last will and testament:

Article I: We leave saying thank you to Interim Superintendent Granatino, Chairman Samargedlis, Mr. Usevich, Mr. Kane, and all the members of the School Committee for the leadership you have provided.
Article II: We leave 5 minutes early...for lunch.
Article III: We leave our prayers and best wishes to our #3, Matt Brown.
Article IV: We leave with a record number of parking tickets for illegally parking on school grounds.
Article V: We leave Mr. Oliveira a joke book so he no longer has to recycle his jokes.
Article VI: We leave most of the seniors still roaming the halls because their stoop was closed down.
Article VII: We leave with as many coaches "retiring" as there are seniors graduating.
Article VIII: We leave with class mascots Shift, Scal, Magoo, and Conroy...Good luck finding your own.
Article IX: We leave Bob Jones straw, string, and other debris to build a future nest at the new NHS.
Article X: We leave Matt Stover a change of clothes for the next time he comes to school wearing his full uniform.
Article XI: We leave asking Mr. Usevich, "Did you sign the no tanning pledge"?
Article XII: We leave the senior class drooling from trying to lick their elbows like Joe Meehan.
Article XIII: We leave Julia Silve a golden ticket to go to Hollywood.
Article XIV: We leave wishing Will Gearty the best of luck changing the world with his Yale degree by...digging up dinosaurs?
Article XV: Alyssa leaves Brian, Megan leaves Joe, Steph leaves AJ, but Gina and Kate will never leave each other.
Article XVI: We leave Bobby Smith a black leotard to complete his "Single Ladies" dance.
Article XVII: We leave Brittany Walter an honorary superlative so she'll stop crying about losing "Best Laugh".
Article XVIII: We leave Amanda Lynch's hair with all the colors of the rainbow.
Article XIX: We leave the juniors with Gatorade and gym memberships so they can win Powderpuff next year.
Article XX: We leave Bobby Kane and A-Train a whole box of candy for free since they are still paying for all the "lost candy" from the school store.
Article XXI: We leave asking Mrs. Flemer if she will be around to teach our kids too.
Article XXII: We leave leave wishing Ms. Drummey a happy retirement from her sophomore English class.
Article XXIII: We leave the sophomore girls with boys in their own grade.
Article XXIV: We leave the top east a new window and Rachel a new glass table--sponsored by Murph and Gina.
Article XXV: We leave with sympathy for next year's seniors missing out on the new building.